



MAGNIFICAT
BLUE STREAKS

Fall 2020-2021

OHSAA Parent Meeting

Blue Streak Athletic Department

Paul Barlow, Director of Athletics

Julie Wojtkowski, Assistant Director of Athletics

Alicia Goodelle, Administrative Assistant to
Athletics

Tiffany Rathwell, Certified Athletic Trainer



Interscholastic Athletic Philosophy

1) Magnificat's Interscholastic Athletic program is committed to excellence in girls' athletics as part of a larger commitment to excellence in girls' education, leadership and service. Through experiences in our athletic program, we provide a nurturing environment that inspires growth for our student-athletes in a competitive setting where they can mature and further develop their God-given talents while learning to work for common goals and make lifelong friendships.

2) Magnificat student-athletes are dedicated and motivated role models who recognize the privilege of being part of the Blue Streak Athletics tradition. Coaches are devoted to shaping good character and personal growth in their student-athletes, not just athletic prowess, while ensuring a quality team experience for everyone. We develop the student-athlete holistically, providing an atmosphere in which they are assisted in understanding themselves physically, emotionally, socially and spiritually. Building on the Christian values of sportsmanship, respect, and dignity instilled by parents and families, we reinforce the expectation that our student-athletes represent their school with integrity at all times.



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Interscholastic Athletic Philosophy

3) The Magnificat Interscholastic Athletics program is a reflection of the school's Mission. We strive to be the best that we can be both in the context of and beyond sports. We accomplish this by conscientiously preparing to compete, staying in the moment during athletic competition, and dealing honestly with our results.

4) As an extensive program that touches multiple aspects of the Blue Streak community, the athletics program creates an intense pride and loyalty among its participants to serve the program and foster a shared allegiance among Magnificat community members. We strive to win, yet recognize that as long as we have done our best, we have been successful. Win or lose, the school supports and appreciates the contributions our student-athletes and coaches make to Magnificat High School.



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Educational Athletics

National Federation of High Schools (NFHS)

www.nfhs.org

The Ohio High School Athletic Association (OHSAA)

www.ohsaa.org



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Eligibility

OHSAA

Must pass five (5), one-credit courses in the immediately preceding grading period

Magnificat In-House Policies

2.0 GPA in the immediately preceding grading period



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Cleveland Clinic Sports Health

Tiffany Rathwell, ATC
trathwell@maghs.org



Cleveland Clinic

Cleveland Clinic Sports Health

Same day appointments

Concussion center

Ortho express

clevelandclinic.org/orthoexpress



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Athletic Training Policies

- 1) Hours: posted outside my door every week. (after school hours remain consistent) It is the athlete's responsibility to see me early enough to make it to the practice/game on time
- 2) Inform me ASAP about all injuries.
- 3) If your daughter sees a physician for an illness or injury, they **MUST** have a note signed and dated by the treating physician allowing them to return to participation. **NO EXCEPTIONS.**
- 4) If a student athlete test positive for COVID-19, they **MUST** have a note signed and dated by the treating physician allowing them to return to participation following the mandatory quarantine.



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Concussion Management

- 1) Baseline testing utilizing the ImPACT computer test and C3 iPad test.
- 2) All suspected concussions should be reported.
- 3) Any athlete who displays symptoms will be immediately removed from participation and will be evaluated.
- 4) We will work with school administration to provide academic accommodations if required.
- 5) Signs and symptoms include but are not limited to: headache, dizziness, nausea, light sensitivity, noise sensitivity, confusion, poor balance, ringing in ears, visual disturbances, altered mood, sleeping more or less than usual.



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Concussion Return-to-Play

- 1) Must be symptom-free for 24 hours and make it through a full day of school to progress through RTP protocol.
- 2) ImPACT and C3 tests are back to baseline.
- 3) Return-to-Play Protocol:
 - a) Phase 1: Physical and cognitive rest
 - b) Phase 2: Light aerobic activity
 - c) Phase 3: Moderate aerobic activity
 - d) Phase 4: Higher-intensity, sport-specific aerobic activity
 - e) Phase 5: Return to full contact practice
 - f) Phase 6: Clearance
- 4) In order to return to participation, athlete must have note from physician allowing them to return.



mCORE Foundation (Mobile Cardiac Overview and Risk Evaluation)



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Communication

Magnificat Athletics Website:
www.magnificatbluestreaks.org



Magnificat Athletics Twitter and Instagram accounts:
@MagHSAthletics

Please use our website & social media to get contest
schedules & updates



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Final Forms

- 1) Athletic administration and coaches can email through this account.
- 2) All required forms can be printed here.
- 3) Keep your information up to date.
- 4) New forms may be added so please check back regularly for updates



Team Fees

- 1) \$220.00 for 2020-2021 fall sports
- 2) Team fee:
 - a) Defers cost of sport operation
 - b) Purchases coaches and senior gifts



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Senior and Coaches Gifts

- 1) Student-athletes are **not** allowed to collect money for coaches or senior gifts.
- 2) This money is allocated from the team fee.
- 3) Senior gifts are purchased by the School.
- 4) Purchases for coaches gifts are *reimbursed* through the Athletic Office.



Important Dates

1) Fall Sports Awards TBA - Will be determined based on guidelines from the Ohio Department of Health & the Governor's Office.



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Locker Room

1) Bag Storage

2) Dressing in Locker Rooms



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Spirit Wear

- 1) All orders are online at magnificatbluestreaks.org under “Team Store.”
- 2) Magnificat Letter Jackets are available year round. To order, use the form on magnificatbluestreaks.org and allow 3+ weeks for delivery.



Senior Banners and Yard Signs

1) Senior Banner - \$50

a) Taken by PictureTakers

b) For seniors only – will be hung in gymnasium until the end of the season and then given to the student-athlete.

2) Yard Sign - \$15

a) 18 x 24” single-side digital print

b) “Your Sport,” names and numbers

c) Sign stake included



Transportation Safety

- 1) Mrs. Goodelle, Athletic Administrative Assistant and Transportation Coordinator
- 2) Magnificat WILL NOT be providing transportation to any events for the 2020-2021 fall sports season



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New Driver Safety Policy

For drivers under the age of 18:

Only one non-related person may be in the car when they drive.



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Student-Athlete Expectations

- 1) Support and commit to the Mission of Magnificat High School.
- 2) Be a leader in everything you do (action, words, thoughts) on and off the playing field.
- 3) Keep a positive attitude at all times, regardless of the score or amount of playing time.
- 4) Always be a good sport and realize that it is a game – not a life and death situation.
- 5) Respect everyone on the team.



Student-Athlete Expectations (cont.)

- 6) Obey the rules of the game.
- 7) Treat the opponent the way you would like to be treated.
- 8) Refrain from taunting.
- 9) Respect members in other programs.
- 10) Maintain the will to win and the goal to have fun.
- 11) Strive to be the best you can be, not only in your athletic performance, but also in your conduct.
- 12) Follow school policies.



Student-Athlete Expectations (cont.)

- 13) Respect your coaches.
- 14) Place team goals before individual goals.
- 15) Display loyalty and support Magnificat and all of its programs.
- 16) Refrain from displaying any form of racial, economic, or gender discrimination.
- 17) Respect and take responsibility for the property and equipment used by you and your team at Magnificat and all opposing schools.
- 18) COVID-19 guidelines and protocols must be strictly followed



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Parent Expectations

- 1) Support and commit to the Mission of Magnificat High School.
- 2) Attend pre-season meeting scheduled by the school.
- 3) Promote good conduct and sportsmanship as a fan.
- 4) Support all players, coaches, and officials.
- 5) Make sure your daughter has proper equipment for her sport, is punctual, attends practices and games, and help your daughter to eat and drink in healthy ways.



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Parent Expectations (cont.)

- 6) Make sure that your daughter knows that win or lose, they are loved and her efforts are appreciated.
- 7) Avoid coaching from the stands and post-game analysis. Talk to your daughter about the game at home.
- 8) Make an appointment to discuss concerns with the coach. Do not confront a coach before or after a game or practice. Use the “24 Hour Rule” for questions/concerns.
- 9) Support the Magnificat Athletic Department efforts.
- 10) COVID-19 guidelines and protocols must be strictly followed



Parent/Coach Communication

Appropriate concerns to discuss with coaches:

- Treatment of your child

- Ways to help your child improve

- Concerns about your child's behavior

Issues inappropriate to discuss with coaches:

- Playing time

- Team strategy

- Play calling

- Other student-athletes



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Parent/Coach Communication (cont.)

Appropriate Lines of Communication:

Your **daughter** meets with her coach

Set up an appointment with the **coach and your daughter**.

Do so when both parties are calm and rational

Adhere to the “24 Hour Rule”

Set up an appointment with the **Athletic Director** for a meeting with the AD, coach, parent, and daughter.

Set up an appointment with the **Dean of Student Life & Formation**.



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