



PARENT – COACH – ATHLETE COMMUNICATION

BONITA HIGH SCHOOL – ATHLETIC DEPARTMENT

Both parenting and coaching are extremely difficult vocations. Coaches and parents want their athletes to have a positive experience as they participate in sports. Communication is the key to making the positive experience become a reality. Athletes, parents and coaches are all responsible for effective communications.

PARENT – COACH – ATHLETE COMMUNICATION

BONITA ATHLETIC DEPARTMENT

COMMUNICATION YOU SHOULD EXPECT FROM YOUR COACH

- The Coach's general philosophy concerning the role of sport in education.
- Expectations and goals the coach has for your child as well as for the team and season.
- Location and times of all practices and games.
- Team requirements (uniforms, equipment, fundraising, off-season workouts).
- Procedures should your child be injured during participation.
- Team rules, guidelines and consequences for infractions.

COMMUNICATIONS COACHES EXPECT FROM PARENTS + ATHLETES

- Athletes should express concerns immediately and directly to the coach. Many times the communication between the coach and the athlete solves the problem.
- Notification of any schedule conflicts well in advance.
- Notification of illness or injuries as soon as possible.

As your children become involved in the athletic programs at Bonita High School, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times discussion between the athlete and the coach is encouraged. It is the first and most important step to achieving understanding and resolution.

APPROPRIATE CONCERNS TO DISCUSS WITH YOUR COACH

- Concerns regarding your child's mental and physical status.
- The treatment of your child.
- Ways to help your child improve.
- Concerns about your child's behavior.

ISSUES NOT CONSIDERED APPROPRIATE TO DISCUSS WITH COACH

ATHLETIC DEPARTMENT PERSONNEL

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- Playing time
- Team strategy
- Play calling
- Other student athletes

It is very difficult to accept your child's not playing as much as you hope. Coaches are professionals. They make judgements based on what they believe to be the best for the team. A parent's main concern is to do what they believe is best for their individual child – and his may not be what is best for the team. A coach's toughest job is to manage the every present conflict between what is best for the team and the parent's belief in what is best for the individual child.

IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH – PLEASE FOLLOW THESE PROCEDURES

There are situations that may require a conference between the coach, player and parent. These are encouraged.

It is important to have these discussions in an appropriate time and place. Please keep the following in mind:

- Give yourself and the coach a 24 hour period of time between a game, or practice, to have a conference. This allows for emotions to calm and clearer thoughts to prevail.
- Call or email the coach to set up an appointment.
- The school phone number is (909)971-8220.
- The coach's email starts with the first initial of their first name – period – last name- period @ bonita.k12.ca.us (e.g. d.baumunk@bonita.k12.ca.us)
- If you experience difficulty reaching the coach – contact the Athletic Directors.

WHAT CAN A PARENT DO IF THE MEETING WITH THE COACH DID NOT PROVIDE A SATISFACTORY RESOLUTION?

Follow these steps in order:

- Call and set up a meeting with the Athletic Director.
- Call and set up a meeting with the Assistant Principal in charge of athletics.
- Call and set up a meeting with the Principal
- Call and set up a meeting with the District Personnel.