

BONITA ATHLETICS SUMMER PROGRAMS

PROCEDURES FOR SIGNING UP FOR HS SUMMER CAMPS

Prior to any student participating in the Bonita High School Summer Camps, the following items must be completed:

- Complete the online athletic clearance registration at www.AthleticClearance.com
- Have a Pre-Season Athletic Health Screening (physical) dated after May 2019.
- On **THURSDAY MAY 30**, physical will be conducted at Pomona Valley Hospital for \$30. Contact Bonita Athletic Director Michelle Okayama at m.okayama@bonita.k12.ca.us to schedule an appointment.
- Have personal health insurance or purchase secondary health insurance (Myers Stevens forms available in office)
- Turn in all required paperwork to the front office.
- You must be a registered Bonita High School Student.
- Participation in summer camp is not a requirement for participation during the high school season of sport.
- Participation in the summer program does not guarantee equal playing time in tournaments or summer league competition.
- All summer camps are optional.
- Prorated prices for partial camp attendance are not available.
- All camp dates/locations are subject to change if deemed necessary the Coach. Please check the athletic website for the most current information



Bonita Baseball Camp

Coach: Ryan Marcos

Contact: rymarcos@bonita.k12.ca.us

Dates: Frosh Camp 6/10 – 6/12

Times: 3:00 pm – 5:00 pm

Location: Varsity Baseball Field

Expense: \$175

Comments: There will be a 10 game summer league for returning players on Tu/Thu 5:00 pm 6/10 – 7/11



Basketball Youth Camp

Coach: Tim Godley

Contact: bearcathoops@gmail.com

Dates: 6/11 – 6/14

Times: 8:30 am – 12:30 pm

Who: Boys and girls grades 4-8 – All levels

Of experience welcome

Location: Ketterling Court (New Gym)

Expense: \$90

Comments: Each camper needs to bring their own basketball and wear athletic clothing with basketball or court shoes.



Boys Basketball Camp (Incoming 9th graders)

Coach: Tim Godley

Contact: bearcathoops@gmail.com

Try Outs: June 8 – 8:00 am – 10:00am / June 10
7:00 – 9:00 pm

Location: Ketterling Court (new gym)

Expenses: None

Comments: Summer practices, leagues and tournaments are mandatory for all players. Absences can be excused when notified in advance. Programs run until the end of June
Dead Period: July – the start of school



Girls Basketball Camps (Incoming 9th Graders)

Coach: Taylor Anderson

Contact: t.anderson@bonita.k12.ca.us

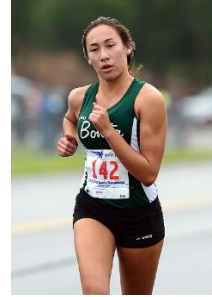
Try Outs: June 7 and 8

Times: 10:15 am – 11:45 am

Location: Ketterling Court (new gym)

Expenses: None

Comments: Summer League will run 6/7 – 7/3 and this will include returning players



Cross Country

Coach: Amanda Seibert

Contact: a.seibert@bonita.k12.ca.us

Dates: 6/10 – 7/12 / personal training 7/15 – 8/15

Times: 6/10 – 7/12 1:45-2:45 / 7/15-8/15

personal training 7:00 – 8:00 am

Running Camp 7/8 at 6:00 am

Location: Bonita High School

Expenses: \$100 includes camp + personal trainer

Dead Period:



Field Hockey

Coach: Janet Wong

Contact: j.wong@bonita.k12.ca.us

Try Outs: Returners 7/1-7/3, Incoming 9th graders 7/8, 7/9

Dates: Training 6/11 – 7/9 Tu-TH

Times: 2:00 – 5:00 pm

Who: New and returning players

Location: Field #5

Comments: T-shirts, shorts and cleats recommended.



Football

Coach: Steve Bogan (Varsity) Mitchell Pike (Freshman)

Contact: s.bogan@bonita.k12.ca.us,
m.pike@bonita.k12.ca.us

Dates: 6/10 – 7/5

Times: Frosh 2:00 – 4:00 pm JV/V 4:00 – 7:00 pm

Location: Football Field

Expense: \$125 – registration through the City of La Verne Parks and Recreation Department

Dead Period: 7/6 – 7/29

Comments: Parent Meeting 4/17 6:30 pm



Boys Soccer

Coach: Mike Ditta

Contact: m.ditta@bonita.k12.ca.us

Dates: 6/10 – 6/13, 7/9 – 7/25 Mon-Thurs

Times: 10:00 -12:00

Locations: Field #5 and Stadium

Expense: \$235

Comments: Have a completed up-to-date physical on file with AD – black shorts, socks, and shin guards required.

Dead Period: 7/25 – start of school

Girls Soccer

Coach: Rick Koch

Contact: r.koch@bonita.k12.ca.us

Dates: 7/15 – 7/18

Times: 4:30 – 6:30 pm

Location: Field #5 and Stadium

Expenses: \$75 includes t-shirt

Comments: all returning and new players are welcome.

Dead Period: 6/7-7/15, 7/18 – start of school

Boys and Girls Tennis



Coach: Randy Bell

Contact: r.bell@bonita.k12.ca.us

Dates: 6/10 – 7/11

Times: Mon – Thurs 5:00 – 7:00 pm

Location: Bonita Tennis Courts

Applications: City of La Verne Parks and Recreation

Expense: \$165

Comments: Recommended for new and returning players



Girls Volleyball

Coach: Eli Cueneca

Contact: e.cueneca@bonita.k12.ca.us

Dates: Incoming Frosh Camp 6/10 + 6/11

Fall practice begins 7/8

Times: 1:00 pm – 4:00 pm

Location: Ketterling Court (new gym)

Expenses: \$120 or \$100 with booster club membership

Comments: Includes t-shirt and daily Gatorade

Frosh Try-Outs

Date: June 12

Time 1-4:30 pm

Where: Ketterling Court

*Players may be placed on higher level team (JV/Varsity) depending on tryout evaluation.

Parent Meeting

Date: June 13

Time: 6:00 – 7:00 pm

Ketterling Court

Summer Practice

Start: 7/8

Times : TBA

Where: Both gyms



Boys Water Polo

Coach: Dillon Unsoeld

Contact: d.unsoeld@bonita.k12.ca.us

Dates: 6/10 – 7/19

Times: M/TU 7:00 – 9:00 pm TH/FR 5:00 – 7:00 am

Location: Las Flores Pool

Expenses: \$225 / \$200 with sibling

Comments: 2 games per week for all levels

Dead Period: 7/19 -

Girls Water Polo

Coach: Candice Vorbeck

Contact: c.vorbeck@bonita.k12.ca.us

Dates: 6/10 – 7/12

Times: M + W 5:00 – 7:30 AM / TH + Fr 6:30 - 8:30 am

Locations: Las Flores Pool

Expenses: \$230

Comments: All athletes should have a physical dated after 3/19. See camp flyer

Dead Period: 7/12 through start of school



Boys and Girls Wrestling

Coach: Rob Froh

Contact: r.froh@bonita.k12.ca.us

Dates: 6/11 – 7/11

Times: Tu – Th 1:00 pm – 3:00 pm / Wed. at Northview HS 6:00 – 9:00 pm

Locations: BHS Wrestling Room (East end of old gym)

Expense:

Comments: t-shirt, shorts and wrestling shoes

Dead Period: July 7 – start of school

ACTIVITIES



CHEER

Coach: Kelly O'Grady

Contact: ogrady@bonita.k12.ca.us

Applications: April 8 – 19

Parent Meeting: 4/18 6:30 pm in Student Union

Clinic Days: April 24 and April 26 4:00 – 6:00 pm in gyms

Try Outs: Saturday 4/27 between 9:00 – 3:00

Summer Practices Start: June 10

Summer Camp: June 22 and 23



D STREET DANCE

Coach: Kelly O'Grady

Contact: ogrady@bonita.k12.ca.us

Clinics: May 30 and 31

Try Outs: June 1 between 9:30 – 2:00 pm

Applications:

<http://TINYURL.COM/DSTREETSZN9>

Applications are due no later than 5/30



SPORTS PRE-PARTICIPATION PHYSICAL

Athletic Trainer: Michelle Okayama

Doctor: James Meyers D.O.

Contact: m.okayama@bonita.k12.ca.us

Date: Thursday May 30

Where: Pomona Valley Hospital Medical Center

Cost: \$30

Comments: Appointments are made by appointment