



Bonita High School Athletic Clearance Process

✓ PreParticipation Physical Exam after May 1, 2020.

1. Go to gobearcats.org
2. Go to FORMS and click on the PREPARTICIPATION PHYSICAL FORM tab.
3. Print physical forms and get signed by physician at physical exam.
*****MUST BE SIGNED/STAMPED BY AN MD OR DO.**

✓ Online Registration (www.AthleticClearance.com)

The online registration requires student-athletes and their parents/guardians to register online for **EACH** sport a student-athlete plans on participating in each school year. It is recommended to register for **ALL** possible sports the athlete is interested in participating in with the initial registration rather than having to register again later.

1. Go to www.AthleticClearance.com
2. Click “Start Clearance Here”
3. For year select the **2020-2021**
4. For school select **Bonita**
5. For sport select the upcoming sport you are registering for. Add additional sports planning to play as well.
6. Complete steps 1-5 (All items in **RED** must be completed).
7. **Don’t forget to print the last page, sign and turn in attached to your completed physical to the athletic department.**

✓ Turn in Physical and Online Registration to the Front Office.

Athletes must turn in their completed physical and signed confirmation page from online registration to the athletic department in order to get completely cleared for participation.