



Thank you for your interest in Dacula High School cheerleading! As a program, we take pride in our traditions, and in the school spirit that we uphold. It is our expectation that our cheerleaders display excellent character, athleticism, sportsmanship, and commitment in everything they do within our program. Our goal as a program is to promote school spirit, to provide learning experiences to better our abilities, and to develop leaders within our student body and in the entire Dacula community.

This packet contains vital information for trying out for cheerleading. Please review it carefully, and return all necessary forms by Friday, March 22, 2019 to Coach Poore at DHS (room 1.221) or Ms. Castellanos at DMS (room 7.232 on the red hall) . If you have any questions, please feel free to email Coach Poore at [brandi\\_poore@gwinnettk12.gaus](mailto:brandi_poore@gwinnettk12.gaus).

Please turn in the following items by Friday, March 22:

- Athletic Physical Form (can be found at [www.daculaathletics.com](http://www.daculaathletics.com))
- Teacher Grade Report Form
- Tryout Information Form (link can be found on our cheer website at [www.daculaathletics.com](http://www.daculaathletics.com))
- Parent Permission Form
- Dacula COED Application and Permission Form (if you are trying out for competition)

## TRYOUT SCHEDULE

Tryouts for sideline and competition cheerleaders will be on the following days:

- Monday, March 25  
Sideline Practice: 4:20-6:00 pm  
Competition Practice: 5:30-6:30 pm
- Tuesday, March 26  
Sideline Practice: 4:20-6:00 pm  
Competition Practice: 5:30-6:30 pm
- Wednesday, March 27  
Clothes Fittings  
SENIORS: 2:30 pm                      JUNIORS: 3:00 pm  
SOPHOMORES: 3:30 pm              FRESHMEN: 4:15 pm  
Sideline Practice: 4:20-6:00 pm  
Final Competition Tryout: 5:30-6:30 pm
- Thursday, March 28  
Final Sideline Tryout begins at 2:45 pm

Tryouts are closed to spectators. Practices will take place in the new gym and fittings and final tryouts will take place in the auxiliary gym. Participants must be at tryouts each day for the full duration. If there is a conflict, coaches must know before tryouts begin. If you are involved in a spring sport, please see Coach Poore to arrange for an alternate tryout time and date. Rising freshmen will walk as a group to the DHS gym after DMS releases each day. Tryout practices will end promptly at the times listed. All participants need to ensure they have a ride when tryouts are over. Parents can pick up at the new gym. On the final sideline tryout day, tryouts will begin for high school students at 2:45 pm and may go later than 6 pm.

## TRYOUT ATTIRE

All candidates trying out for cheerleading must be appropriately dressed each day. Everyone should wear athletic shoes with hair pulled back neatly off the shoulders into a ponytail. No jewelry should be worn and fingernails should be short (they may not extend past your fingertips). Shirts and shorts should be solid colors with little or no writing, graphics, or midriff showing.

Rising Freshmen: gray shirt, navy shorts

Rising Sophomores: yellow shirt, navy shorts

Rising Juniors: white shirt, navy shorts

Rising Seniors: navy shirt, gray shorts

## PHYSICAL FORMS

All candidates trying out for cheerleading must have a valid physical on file with the school. The physical must be good through March 28, 2019. Physicals must be turned in on the Gwinnett County physical form, which can be found under the "More" tab at [www.daculaathletics.com](http://www.daculaathletics.com). Physicals must be filled out in entirety (all 8 pages), including the doctors' portion and insurance

information. Rising 9<sup>th</sup> graders who made the 8<sup>th</sup> grade cheerleading squad at DMS have a physical on file already. If you wish to purchase school insurance, you can find information at [www.daculaathletics.com](http://www.daculaathletics.com) under the "More" tab.

## ACADEMIC ELIGIBILITY

According to the Georgia High School Athletic Association, all current high school students trying out for cheerleading in the spring must have passed 5 out of 6 classes in the fall of 2018 and be on track for graduation. Eligibility for current high school students will be verified during tryout week. All rising 9<sup>th</sup> graders are academically eligible to try out. All students trying out for cheerleading must have their teachers complete the Teacher Grade Report Form and turn it in as part of the tryout packet. Please make sure you use the form provided and not printed grade reports or old report cards.

## TRYOUT EXPECTATIONS

Your evaluation will begin on the first day of tryouts. Your attitude, form, timeliness, and ability to learn and follow directions, as well as your academics and discipline will be evaluated. We will also be evaluating the following:

- Motions: We will have motion drills at practices, and will look for sharpness and proper form and placement.
- Jumps: We will ask you to perform one jump at the final tryout. We will look at height, flexibility, form, prep, execution, and landing.
- Spirit: We want to see loud, enthusiastic cheerleaders who support others and are confident in their words, motions, and sequence of movements.
- Dance: You should be in sync with others, and have precise movements that are energetic with correct timing.
- Stunting: We know candidates will be performing at all levels of stunting experience. We want you to display correct form, the ability to work with others, and flexibility in your position and who you stunt with.
- Stamina: Cheerleading candidates are expected to have enough stamina and strength to stand and work for an entire practice, game, or competition routine. You will run a mile for time during tryouts.
- Tumbling: Tumbling is not a requirement for sideline squads, but you will have the opportunity to show your tumbling skills at tryouts.

## **SQUAD INFORMATION**

Coed Competition, JV and Varsity (9<sup>th</sup>-12<sup>th</sup> graders)

Varsity Football Squad: 10<sup>th</sup>-12<sup>th</sup> graders (18-20 participants)

Varsity Basketball Squad: 10<sup>th</sup>-12<sup>th</sup> graders (18-20 participants)

JV Football and Basketball Squad: 9<sup>th</sup>-11<sup>th</sup> graders (16-18 participants)

9<sup>th</sup> Grade Football and Basketball Squad: 9<sup>th</sup> graders (12-14 participants)

These numbers are not definite. Final participant numbers will be dependent on the number and ability level of candidates trying out. Spots will be filled based on the stunting needs of each squad, as well as on the tryout expectations listed earlier in the packet.

## **BOOSTER CLUB INVOLVEMENT**

Our success as a cheerleading program depends on having involved parents! If your child makes a squad, you are required to become an active member of our booster club. We will ask all parents to attend booster club meetings and to be involved by serving at our cheer competition and taking part in other events and fundraisers as needed. We want to have a successful program for your child, so thank you in advance for your participation!

## **FUNDRAISING**

In order for us to run our program successfully and to provide our cheerleaders with supplies, uniforms, equipment, and general needs, we must have all members of our program actively taking part in all fundraisers that our program carries out. Fundraisers we are planning for the upcoming season are a hanging flower basket sale during Spring Break, football program ad sales over the summer, and hosting our Dacula Cheer Classic competition on September 6. All cheerleaders are required to participate in each fundraiser or to pay an opt-out fee, which will be added to your cheerleading balance.

## IMPORTANT SUMMER DATES FOR SIDELINE SQUADS

- Meet and Greet Booster Meeting: April 8, 6:30 pm, DHS Commons Area
- Uniform Fittings for Varsity, JV, and 9<sup>th</sup> Grade Squads: April 18, 2:30 pm (high schoolers), 4:20 pm (middle schoolers)
- May Booster Meeting: May 8, 6:30 pm, DHS Transformational Room
- Summer Practices: June 12, June 24, July 8, July 24, 9-11 am, DHS Gym
- UCA Camp at DHS: July 17-19
- DAA Camp: July 29- August 1, 5-8 pm
- Mandatory Practices: Mandatory practices are allowed to begin on August 1. Your coach will provide you with a detailed calendar at the Meet and Greet meeting.

## IMPORTANT SUMMER DATES FOR COMPETITION SQUADS

- Meet and Greet Booster Meeting: April 8, 6:30 pm, DHS Commons Area
- May Booster Meeting: May 8, 6:30 pm, DHS Transformational Room
- Practice at Jayhawks Grayson: most Tuesdays during June and July, 3-5 pm
- Practice: most Thursdays in June and July, 10am- 12 pm, DHS
- JV Skills Clinic: June 13, Time TBA, DHS
- Varsity Skills Clinic: June 26-28, Time TBA, Athens, GA
- JV Choreography: July 15-16, Time TBA, DHS
- Varsity Choreography: July 10-12, Time TBA, ATA
- Mandatory Practices: Mandatory practices are allowed to begin on August 1. Your coach will provide you with a detailed calendar at the Meet and Greet meeting.

## FINANCIAL OBLIGATIONS

Below you will find an estimated list of costs for the upcoming season. This does not include the opt-out fees that will be added to your balance if you do not participate in mandatory fundraisers. Clothing, uniforms, and other gear will not be distributed until they have been paid for.

### VARSIYFOOTBALL/ BASKETBALL CHEERLEADER FEES

Uniform Rental	\$50.00
Shoes (not required if returning)	\$75.00
Cheer Camp	\$225.00
Practice/ Camp Clothes	\$130.00
Fleece Pullover (not required if returning)	\$80.00 (VBB) OR \$100.00 (VFB)
Warm Up Pants (not required if returning)	\$57.00
Briefs (not required if returning)	\$15.00
White Team Bow	\$10.00
Body Liner (not required if returning)	\$22.00
Booster Club Dues	\$150.00
Poms	\$40.00
Megaphone (new VFB only)	\$40.00
TOTAL	NEW VBB: \$854.00, NEW VFB: \$914.00 RETURNING VBB or VFB: \$605.00
Senior Fees (Seniors Only)	\$60.00

### JV/9<sup>TH</sup> GRADE SQUAD CHEERLEADER FEES

Uniform Rental	\$50.00
Shoes (not required if returning)	\$75.00
Cheer Camp	\$225.00
Practice/ Camp Clothes	\$130.00
Fleece Pullover (not required if returning)	\$72.00
Warm Up Pants (not required if returning)	\$57.00
Football Pregame Meals	\$25.00
Briefs (not required if returning)	\$15.00
White Team Bow	\$10.00
Body Liner (not required if returning)	\$22.00
Booster Club Dues	\$150.00
Poms	\$40.00
TOTAL	NEW JV/9 <sup>TH</sup> : \$871.00 RETURNING JV: \$630.00

## VARSTY COED COMPETITION CHEERLEADER FEES

Uniform Rental	\$50.00
Choreography	\$200.00
Bow (female athletes only)	\$10.00
Practice Clothes	\$150.00
Skills Camp	\$200.00
Competition Entry Fee	\$55.00
Competition Bag (not required if returning)	\$60.00
Baseball Jersey (not required if returning)	\$40.00
Competition Day Sweatshirt(not required if returning)	\$45.00
TOTAL	NEW VARSTY COMP: \$810.00 (females), \$800.00 (males) RETURNING VARSITY COMP: \$665.00 (females), \$655.00 (males)

## JV COED COMPETITION CHEERLEADER FEES

Uniform Rental	\$50.00
Choreography	\$160.00
Bow (female athletes only)	\$10.00
Practice Clothes	\$150.00
Skills Camp	\$50.00
Competition Entry Fee	\$40.00
Competition Bag (not required if returning)	\$60.00
Baseball Jersey (not required if returning)	\$40.00
Competition Day Sweatshirt (not required if returning)	\$45.00
TOTAL	NEW JV COMP: \$605.00 (females), \$595.00 (males) RETURNING JV COMP: \$460.00 (females), \$450.00 (males)

\*Each competition athlete must pay Jayhawks \$50 per month for Tuesday practices (2 hours per week) from May through October, by the first of each month.

## OPTIONAL ITEMS FOR CHEERLEADERS

Navy Bookbag (sideline only)	\$36.00
Sports Bra (sideline only)	\$21.00
Game Day Jersey (VFB only)	\$63.00
Game Day Jersey (VBB only)	\$68.00
Oversized Sweatshirt	\$50.00
Shoes (competition only)	\$89.00-115.00
Booster Club Dues (required if competition only)	\$150.00

## PAYMENTS

Please note that all money is not due in full at one time. We will set up payments over a 5-month span with the final payment due on August 31, 2019. We do understand that sometimes situations arise and you may need to pay in small payments or a few days after a due date. By signing the attached permission form, you are acknowledging that you will notify the booster club treasurer in regards to any such situations and that you fully understand that all payments are still due and must be paid.

A total amount of \$400.00 will be due at the April 8 Meet and Greet meeting. This goes directly toward your balance and allows us to order initial gear and put down deposits for camp. You will receive payment reminders at the Meet and Greet that will tell you your total due and what each payment is for. If you have any questions about financial matters, please email the DHS Falcon Cheer Board at [dhsfalconcheer@gmail.com](mailto:dhsfalconcheer@gmail.com).

# TEACHER GRADE REPORT FORM

NAME \_\_\_\_\_ CURRENT GRADE \_\_\_\_\_

Please have all of your current teachers fill out and sign this form. Rising freshmen will not have six classes to fill in.

## TEACHERS:

This student is trying out for sideline or competition cheerleading at DHS. Please list comments about this student's behavior and overall attitude in your class. If you would like, you can send additional comments to Brandi Poore.

NAME OF EACH CLASS	TEACHER'S NAME	CURRENT AVERAGE	COMMENTS	TEACHER SIGNATURE
1 <sup>st</sup> Period				
2 <sup>nd</sup> Period				
3 <sup>rd</sup> Period				
4 <sup>th</sup> Period				
5 <sup>th</sup> Period				
6 <sup>th</sup> Period				
7 <sup>th</sup> Period				

## PARENT PERMISSION FORM

I give permission for my child, \_\_\_\_\_, to try out for cheerleading at Dacula High School for the 2019-2020 season. I understand the coaches choose their teams, and I will support their decisions. I have read the tryout packet and understand the policies and guidelines included.

I understand that if my child makes a cheerleading squad, I am responsible for paying all fees that are owed. I understand that I will be obligated to pay \$400.00 by April 8, 2019. I also understand that I will owe the remainder of the balance due on assigned due dates throughout the season. I understand that if this money is not paid then orders of items will not be placed for clothing, uniforms, and gear and items will not be distributed until they have been paid for.

I understand that if my child is dismissed from a squad for any reason or quits a squad at any point after being selected for a squad that no refunds will be issued for money or items. I also understand that if my child is dismissed from or quits a squad, he/she will lose banquet privileges and will not receive additional items or gifts.

I understand that participation in fundraisers is a requirement for all DHS cheerleaders. I am aware that if I do not participate in a fundraiser, an opt-out fee will be added to my balance and I will be required to pay it to attend the banquet and receive end-of-season gifts.

I give DHS Falcon Cheer and DHS cheerleading coaches permission to distribute my email address and phone numbers to team members, team moms, and board members to keep me informed on team news.

Parent Name \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_

Student Name \_\_\_\_\_ Date \_\_\_\_\_

Student Signature \_\_\_\_\_