



Gainesville ISD Athletics Pregnancy Policy

The following policy has been adopted for the protection of the student athletes in Gainesville ISD.

Notification

- Should a student athlete suspect that she may be pregnant, we recommend she have a pregnancy test immediately. If she finds that she is pregnant, she is required to notify her Coach and Athletic Trainer promptly.
- From that point on she will not participate in any athletic activity until released by her physician.

Playing

- A Written note from the athlete's physician stating the she can or cannot practice or play and any restrictions in place is required before the athlete will be allowed to participate in any athletic activity.
- Once a written note is received by the Athletic Trainer from the athlete's physician and parents she will be allowed to participate based on the restriction from the note.
- Any student athlete who aborts, gives birth or miscarries, must have a written and signed release from her attending physician indicating approval to return to competition. In addition, she must also be cleared by the athletic trainer.
- Gainesville ISD is not liable for any complications in the pregnancy that may occur as a result of an accident or injury during athletic participation.

This policy is to protect the health of the student athlete and the unborn child from complications due to exertion caused by athletic activities.

If a Coach or Athletic Trainer suspects that an athlete may be pregnant; the athlete may be pulled aside and privately asked if she is pregnant. This is for the protection of the athlete and possible unborn child.