



## **Gainesville ISD Sports Medicine Policy and Procedure**

As trained and licensed healthcare providers the Athletic Trainers at GISD put the student athletes' health and safety as our first priority.

### **Athletic Trainers Role:**

- Act under the standing orders from team physician
- Provide care based on the Texas Athletic Trainers Practice Act
- Follow the NATA code of ethics
- Provide the best care possible to injured/ill athletes
  - Get athletes back on the field/court as quickly and safely as possible
- Determine if an injury or illness needs to be referred
  - Make parent contact when referral is necessary
  - Make parent contact when deemed necessary
- Follow and implement the GISD Weather Policies, Pregnancy Policy, and EAP
- Keep the coaches, athletes, and parents apprised of injury/illness progression
- All home (on-site) practices and games (HS) will have an athletic trainer available
  - Middle School will have home football game coverage
  - The Athletic Trainer(s) will be on campus during all home practices and games
    - To the best of their ability the Athletic Trainer(s) will be physically present (or able to respond within 5 min)
    - Games have priority over practice. Varsity sports have priority
    - Athletic Trainer(s) will provide water to outside sports
  - **Travel**
    - The Athletic Trainer(s) will travel with Varsity Football
    - The Athletic Trainer(s) will travel for playoffs of other sports
    - The Head Athletic Trainer will decide if travel will be done for non playoff games (excluding Varsity Football)

### **Student Athletes Role:**

- Obtain yearly Pre-Participation Physical
- Register and sign forms on Register My Athlete (parents)
- Do not hide injuries from Coaches or Athletic Trainers
- Come in for designated treatment times
  - Sign-in when entering Athletic Training Room for treatment
  - Keep coming for treatment until released
- Follow treatment plan given by the Athletic Trainer(s)
- If seen by a Doctor, Physical Therapist, Occupational Therapist, Chiropractor, etc bring a note. Parent notes are not considered a valid reason to miss a workout/practice/game.
  - If an athlete goes to the Doctor, the Athletic Trainer(s) will not treat the athlete without a note from said Doctor.
  - A Doctor note is required to miss a workout/practice/game unless already determined by the Athletic Trainer(s)

**Coaches Role:**

- Report any suspected injuries to the Athletic Trainers
- Do not question the Athletic Trainers decisions
- Read injury reports and follow recommendations
- Keep Athletic Trainers updated on any practice/game schedules
  - Give the Athletic Trainer(s) at least 24hr or as soon as possible notice to any game/practice changes
    - If not given 24hr notice there is no guarantee an Athletic Trainer will be present
  
- In the event of an emergency while the Athletic Trainer(s) is not present. The Head Coach should implement the Emergency Action Plan, then notify the Athletic Trainer(s)