

Castle Girls Track & Field Records

3200m Relay	Tina Barniak, A. Shackelford, Michele Huber, Stephanie Gehlhausen	09:45.00	2003
110/100 High Hurdles	Lori Kemp	:14.59	1995
100m Dash	Natalie Clark	:12.40	2001
1600m Run	Ashley Schakelford	05:20.0	2002
400m Relay	Keisha Dennis, Allison Chandler Michele Huber, Natalie Clark	:49.85	2003
400m Dash	Lynette Akai	:57.68	2011
300m Hurdles 300 intermediate Hurdles	Lori Kemp	:44.73	1994
800m Run	Tina Barniak	02:18.8	2003
200m Dash	Natalie Clark	:25.83	2001
3200m Run	Renee Noland	11:44.59	2015
1600m Relay	Allison Chandler, Tina Barniak, Michele Huber, Natalie Clark	03:57.4	2003
High Jump	Dana Willis Sara Willis	5' 8"	1984 1996
Long Jump	Lori Kemp	17' 3/4"	1995
Shot Put	Alisa Raymond	47' 3"	1993
Discus	Alisa Raymond	145' 2"	1992
Pole Vault	Maddie Wilson	11' 9"	2017