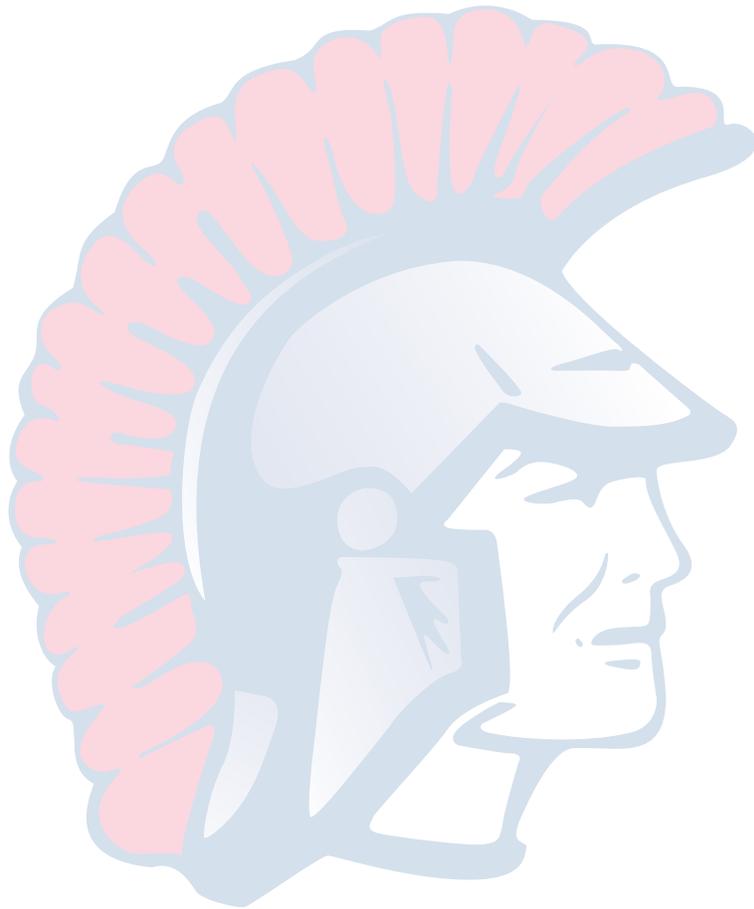


# **South Knox Middle-High School**



**2018-19**

# Student-Athlete Handbook

## ATHLETIC HANDBOOK FOR STUDENT-ATHLETES

This athletic booklet is designed to inform athletes and their parents or guardians of the rules, regulations, and information that helped develop the rich tradition of competition at South Knox Middle- High School. Participating in school athletics is a privilege that carries with it honor, responsibility, and sacrifice. Since competition is a privilege and not a right, those who choose to participate will be expected to follow the Code of Conduct established by the administration along with additional specific coaches' rules for their sport. You are expected to represent South Knox, your family and community in a positive manner. The policies in this handbook are in force the year around and apply to all IHSAA sanctioned sports, cheerleaders and Spartanettes.

## PHILOSOPHY OF SOUTH KNOX ATHLETICS

The philosophy of the South Knox Athletic Department is to provide the best opportunities for its student-athletes to excel in teamwork, sportsmanship, self-discipline and moral character.

## PURPOSE OF SOUTH KNOX ATHLETICS

The primary purpose of athletics is to help young adults grow into respectable citizens. By following the guidelines set forth in this handbook, the ideals you exemplify in athletics will become a part of your personality and character and will be a model to those who watch you perform.

You assume many responsibilities when you wear the colors of South Knox Middle-High School. Most athletes are responsible people and succeed because of this characteristic. Those who fail to meet their responsibilities, as an individual and team member, may be a detriment to themselves, the team and the school.

Interscholastic athletics, historically a significant part of the total educational program, contributes effectively to the lives of the participants by providing competitive opportunities, fostering initiative to succeed, providing leadership experience, and numerous opportunities for self-discipline. You have inherited a great athletic tradition built by many coaches and athletes over a period of years. One of your challenges is to contribute to that tradition with your best efforts and enjoy a very satisfying experience.

The "success" tradition of the South Knox Athletic Program involves responsibilities for all prospective and participating athletes. Those entering the program should have an idea of these responsibilities and have the willingness to accept and maintain them.

Taking advantage of the opportunities presented by the South Knox Athletic Program can contribute to the successes that will be yours as you participate in the future.

## CHAIN OF COMMAND

If a parent or student athlete wishes to discuss a situation, please follow the chain of command and its procedures. The coach is who should be contacted first. The contact should be made outside of a contest or practice. A student athlete can request a meeting with a coach or a parent can contact a coach about setting up a meeting. At no time should a coach be contacted by a parent before, during, or after a contest. The topic of playing time should be addressed only by the student-athlete in the context of "What can I do to get more playing time?".

If further discussion is needed or a parent or student-athlete is unable to contact a coach, the athletic director is the next in line in the chain of command. For issues that need further discussion, the athletic director will contact the principal for assistance.

At **NO** time is it appropriate to **NOT** follow the chain of command. If you feel an issue is above the coach, contact the athletic director and ask for assistance in resolving the issue. If additional assistance is needed, the principal and athletic director will request assistance of the superintendent and/or the school board.

## **STUDENT ATHLETE DEFINED**

A student athlete is defined as all young men and women who represent a team that engages in interscholastic competition and further includes Spartanettes, cheerleaders, student managers, statisticians and all other students who may assist a team.

## **ELIGIBILITY STANDARDS FOR PARTICIPATION IN ATHLETICS AT SOUTH KNOX MIDDLE- HIGH SCHOOL**

The IHSA and the South Knox School Corporation both have minimum requirements for participation in high school athletics, conditioning programs and camps. Failure to meet these requirements will render that student athlete ineligible for participation. The following are basic requirements for the athletic participation at South Knox that must be met before participation can begin.

- Students new to South Knox who have transferred in from another high school are ineligible until an IHSA Athletic Transfer Form from the previous school has been completed and ruled upon by the IHSA. The new student, through the athletic office at South Knox, must initiate this transfer. The athlete will not be allowed to participate with a team until the transfer has been completed.
- The transfer student must have been in good standing at their previous school to begin participation at South Knox. Penalties imposed by the athletic department and/or the previous schools administration will be applied or the equivalent South Knox athletic department penalty will be applied to those students transferring into South Knox. Student athletes who have been denied athletic participation at their previous school will be denied participation at South Knox.
- Every South Knox student athlete is required by the IHSA and the South Knox School Corporation to have a completed IHSA physical examination form on file with the athletic office before conditioning, participation in a camp and when practice begins in any sport. Physical exams are the responsibility of the athlete and their parents.
- Student athletes must be enrolled in at least five classes (credits). A no "F" policy is in effect for the following grading periods. Eligibility is determined by the 9 week grades at the end of the first grading period, by the semester grades at the end of the second grading period, by the 9 week grades at the end of the third grading period and by the semester grades at the end of the school year. Semester Grades at the end of the school year, determine eligibility for the following school year. Student-athletes can become ineligible or eligible in the middle of a sport season.

## **IHSA RULES THAT WILL RESULT IN A STUDENT ATHLETE BEING DECLARED INELIGIBLE**

The following are brief guidelines to a variety of rules that might cause a student athlete to be declared ineligible. This is a partial list of minimum requirements. Student athletes and their families are encouraged to contact the South Knox athletic department for further clarification and specific information.

- A student athlete who is or shall be twenty (20) years of age prior to or on the scheduled date of the IHSA State Finals in a sport shall be ineligible for interschool athletic competition in that sport.
- A student athlete will violate their amateur standing and will be declared ineligible if they play under an assumed name, accept remuneration directly or indirectly, sign a professional contract or participate in athletic activities, tryouts, auditions, practices or games held or sponsored by professional athletic organizations, clubs or their representatives.
- A student athlete will be declared ineligible if they accept commercial awards that advertise any business firm or individual, accept awards, gifts, trips, or honors from colleges of their alumni or accept awards or prize money for contests that they have entered.
- A student athlete will be declared ineligible if undue influence has been used to attract that student athlete at South Knox for athletic purposes.
- A student athlete will be declared ineligible if they have not enrolled in South Knox within the first fifteen days of a semester.
- A student athlete will be declared ineligible if they participate in a sport under an assumed name representing another school.
- A student athlete will be declared ineligible if they participate in sports in excess of eight semesters of high school education beginning with the ninth grade.
- A student athlete that has been absent for five (5) or more days must complete four (4) separate days of practice before they can compete in interscholastic competition.
- Student athletes must be enrolled in South Knox Middle- High School.
- With the exception of women's golf, a student athlete must complete ten (10) separate days of organized practice under the supervision of the coaching staff in order to participate in a contest. Individual athletes moving directly (within one week) from one sport season to the next sport season may be eligible to participate in a following

season contest after (5) five separate days of organized practice under the direct supervision of the coaching staff in that sport.

## **EXPECTED PARTICIPATION STANDARDS OF CONDUCT, SPORTSMANSHIP STANDARDS AND CODE OF CONDUCT FOR SOUTH KNOX STUDENT ATHLETES**

The following Expected Participation Standards of Conduct, Expected Standards of Good Sportsmanship and the Code of Conduct for Student Athletes reflect the standards by which South Knox Middle-High School and its athletic department expect our student athletes to abide. Participation by student athletes is a privilege, not a right. It must be earned through demonstrated commitment, honesty, loyalty and hard work. The coaches of each sport, with the authority of the athletic department and the middle-high school principal, will enforce the specific elements of the Code of Conduct. The policy is in force for 365 day a year for student athletes.

### **EXPECTED PARTICIPATION STANDARDS OF CONDUCT FOR STUDENT ATHLETES**

- The good of the team is first and foremost.
- Good sportsmanship will always be the focal point of the South Knox athletic department. It will be reflected in how we treat our teammates, coaches, officials and opponents.
- Athletes are responsible for their uniforms and equipment. Student athletes will reimburse the athletic department for uniforms and equipment that has been lost or damaged.
- The coaches of individual teams will supplement the South Knox athletic department Student Athletic Handbook with their own additional rules that specific to their sport. These rules carry the same weight as do those of the athletic department.
- South Knox student athletes are expected to be a positive role model to the other students in our school and to the young people of the South Knox Community.
- Student athletes are expected to read, understand and abide by the rules found in this Athletes Handbook and the student handbook.

### **EXPECTED STANDARDS OF GOOD SPORTSMANSHIP**

- Good sportsmanship will always be the focal point of the South Knox athletic department. It will be reflected in how we treat our teammates, coaches, officials and opponents.
- Student athletes at South Knox will place the positive and supportive relationship with their teammates and coaches as their highest priority. Regardless of the sport, individual or team, we are only as strong as how we treat each other.
- After all contests, South Knox athletes are expected to shake hands with the athletes and coaches for the team(s) that we have competed against.
- After any contest where ribbons, medals or trophies are presented to the opposing team(s), South Knox athletes will stay and watch and applaud the efforts of the athletes and teams(s) involved in that contest. At no time will South Knox athletes ever leave the field or floor while a presentation is being made.
- South Knox athletes will not use inappropriate language while taking part in any contest.
- Though all sports have some level of physical contact, and recognizing that hard physical aggressive contact is a major and important part of all sports, at no time will a South Knox athlete engage in physical play that would result in unsportsmen like conduct that would jeopardize the safety of the opposing athlete or the integrity of the South Knox team.

#### ***Rule 1: Student Conduct – IHSAA By-Laws & South Knox Student Handbook***

Contestants' conduct, in and out of school, shall be such as (1) not to reflect discredit upon their school or the Association, or (2) not to create a disruptive influence on the discipline, good order, moral and educational environment in the school.

**Note:** It is recognized that Principals, by the administrative authority invested in them by their school corporation may exclude contestants from representing their school.

Conduct, as described above, includes posts, post likes, post shares, text, pictures, or videos on any and all social media outlets such as Facebook, Twitter, Snap Chat, Instagram, and other public forums

Punishment for such conduct can include, but is not limited to, contest(s) suspension, removal from team, forfeiture of letter, and forfeiture from future eligibility.

## SOUTH KNOX MIDDLE-HIGH SCHOOL ATHLETIC CODE OF CONDUCT

A student's participation in extra-curricular or co-curricular activities makes that student an ambassador for South Knox Middle-High School and for the entire South Knox community. Therefore, in accordance with IHSAA by-laws, it is necessary to expect a higher level of conduct by our athletes and participants in extra-curricular and co-curricular activities. These students representing South Knox are not only expected to adhere to the basic behavior standards set forth in the student handbook, but are also required to live up to a higher set of expectations outlined in this code.

**Scholarship:** Students participating in extra-curricular activities are highly encouraged to make academics a matter of high priority. Students at South Knox Middle-High School must be enrolled in at least five classes and must have passing grades in all subjects at the end of each grading period in order to be eligible for participation in extracurricular activities.

The use or possession of alcohol, tobacco, illegal drugs, unlawful use or possession of prescription drugs, and any illegal or criminal activity is incompatible with the goals and standards of the South Knox School Corporation and will be subject to the penalties outlined below.

Under this code there are four circumstances under which a student can be subjected to the penalties established in this code:

1. Notification by a verified police report or court action
2. Determination of a positive result from a saliva, urine, breathalyzer, or blood test
3. Direct observation of a violation by a member of the school staff
4. Any other method of proof deemed reliable by the school administrators

Penalty totals will be expunged at the beginning of the student athlete's 7<sup>th</sup> and 9<sup>th</sup> grade years.

**First Violation:** Suspension from three (3) contest or events and successful completion of a substance abuse program that is approved by school administrators, at the parent's expense. School administrators will determine level of play that suspension is served.

\* Second Tobacco offense will result in an additional suspension of four (4) contests.

**Second Violation:** Suspension from all contest or events for one calendar year from the date of the infraction.

**Third Violation:** Suspension for the remainder of the middle school or high school athletic eligibility of the student.

Any offense resulting in suspension or expulsion will carry an automatic suspension from extra-curricular and co-curricular activities for at least the duration of the suspension or expulsion.

If an athlete chooses to participate in a sport that they did not participate in the previous school year, while fulfilling a suspension, he/she will be required to complete that sport season in good standing. **If he/she does not finish that sports season in good standing, he/she will be required to serve the suspension in the next sport he/she choose to participate.**

We recognize that each violation of this code has a unique set of circumstances. These administrative guidelines, along with the judgment of the administrative team, will be used to determine the specific consequences in each case. This form must be signed by the student and parent in order to be eligible to participate in any extra-curricular or co-curricular activities. This code, once signed, will remain in effect until graduation.

## GENERAL INFORMATION FOR STUDENT ATHLETES

**Accidents/Injuries:** All accidents or injuries incurred in practice or a contest in the IHSA sanctioned sports, Spartanettes and cheerleading are to be reported to the trainer and/or coach immediately. All accidents or injuries incurred in practice are to be reported to the coaching staff immediately. This will allow for the appropriate sports medicine support from our sports medicine staff

**Changing a Sport:** All head coaches are to inform the athletic department of any athlete who wants to transfer from one sport to another during a given sport season. Approval must be given by the athletic director and principal. Each instance will be handled on a case by case basis.

**Cloth Good Purchase:** Student athletes who purchase cloth goods as part of being on a team, i.e. hooded sweatshirts, equipment or shoes etc, are responsible for the cost of those items regardless of whether they remain with the team or quit prior to or during the season.

**College-Bound Athletes and Recruiting:** College recruiters can visit South Knox to talk about the school with our student athletes. These visits should be arranged between the school, the family and the coach. Student athletes will not be dismissed from class(s) to meet with a college recruiter. These appointments should be made during study halls, lunchtime or after dismissal from school.

**Conflicts Between Activities:** When an athletic contest, practice or function is scheduled against a school activity, it is the student-athletes responsibility to resolve the conflict.

**Dress:** As representatives of South Knox Athletics, when competing in a contest or taking part in any kind of award program or team function, student athletes are expected to dress and wear their clothing in an appropriate manner.

**Hazing/Initiations:** Hazing or an initiation of any team member by other team members is prohibited..Hazing shall be defined as performing any act or coercing another, including the victim, to perform any act of initiation onto the team that causes or creates a risk of causing mental, emotional or physical harm. If anyone suspects this is taking place, it should be reported to the coach, athletic director and/or principal.

**Cell Phones & Cameras:** Cell phones and cameras may **NOT** be used inside a locker room for any purpose. This means no texting, no calling, no email and obviously no pictures. If you have to use the phone/camera for any reason, you must go outside of the locker room.

**Social Networking Sites:** Student athletes are responsible for information contained in written or electronic transmission (e.g. email, text) and any information posted on a public domain (e.g. internet, chat rooms, Facebook, MySpace, YouTube, Twitter). Inappropriate information, embarrassing information or pictures of such should not be posted in any public domain. Any individual identified on a social networking site which depicts illegal or inappropriate behavior, due to the conduct code, will be considered in violation and subject discipline or suspension per policy guidelines.

**Actions and Comments:** Student athletes will be held responsible for actions and comments deemed detrimental to their team or the athletic department.

**Athletic Insurance:** The South Knox School Corporation does **NOT** provide insurance for student athletes. The family of the student athlete is responsible for payment of medical bills accumulated from injuries incurred while participating on South Knox school sponsored athletic teams. For those interested, information on a low cost insurance policy that covers athletics is available in the South Knox School Corporation. To request information on this policy please call the corporation office at (812) 726-4440.

**NCAA Clearinghouse Form:** High school student athletes who expect to compete on a collegiate level must first enroll with the NCAA Clearinghouse. No NCAA college coach will speak with a perspective student athlete until the form has been completed and approved by the NCAA. NCAA Clearinghouse information can be found at [www.ncaa.org](http://www.ncaa.org).

**Transportation:** All student athletes are required to be transported to a contest in the vehicle provide by the school corporation unless prior arrangements are made with the coach. It is the coach's decision as to whether or not high school student athletes are required to return to school on the bus (Middle school students are allowed to ride home with their parents). Student athletes are only allowed to ride home from a contest with a parent, a family member or a family member of a teammate. Athletes choosing to ride home with adults other than their parent or guardian must provide the coach a permission note signed by their parent or guardian. This note must be given to the coach before the team bus departs South Knox for the opponent's gym/field. The person providing the transportation must sign the athlete out. Blanket notes are not permitted.

**Overnight Trip:** You represent your school, your team, our community, your family and yourself. The following guidelines, procedures and processes will be in effect at all times. You are expected to conduct yourself in an exemplary manner. The following list is not all inclusive.

- All school rules and school board policies are in force during the entire duration of the trip.
- Your luggage is subject to search by school personnel or school appointed chaperones at any time before, during or after the trip.
- Your room is subject to search by school personnel or school appointed chaperones at any time before, during or after the trip.

- You are expected to report any violation of rules, policies or state/federal law to school personnel or a chaperone.
- You are expected to obey all state and federal laws.

An athlete who is in violation of any of the above is subject to a disciplinary hearing with a potential punishment that may range from a warning to removal from a team. The athlete is also subject to the potential removal from any leadership roles, in addition to any penalties assessed by the school.

**Concussion Management:** Parents and athletes must complete the concussion management paperwork that is on the online medical documents page (Rank One) . All high school athletes must complete the IMPACT concussion management pretest. Any high school athlete that is diagnosed with a concussion will not be allowed to return until he/she is released by a physician that has been trained in concussion management.

**Participation after an Injury:** A student athlete cannot return to a practice/contest after an injury until released by an appropriate licensed medical authority. A parent(s) cannot grant approval to return to practice/contest that would be against the judgments of licensed medical personal.

**Practices: Regular, Vacation and on School Closing Days:** Student athletes are expected to attend all practices unless excused by their coach. The coach sets practice schedules during school vacations and only the coach can excuse. If there is a school closing, the coach will contact the individual team members and advise as to what will happen. Any practice held on school cancelled weather days are considered voluntary and not required practice days.

**School Day Attendance:** Student athletes must be in attendance by the **start of 2<sup>nd</sup> period and remain in attendance** to be eligible to participate in practice or a contest on that day. With a written excuse, doctor appointments, funerals, etc. are exempt from this rule. Any questions should be answered before an absence occurs.

**Selection of Teams:** Each Head Coach at South Knox will have their own policy as to how they will choose their team. Some of our sports allow all those who come out to participate while others require a selection process in order to have the appropriate number of student athletes on the teams. At the beginning of the season, if appropriate for that sport, the head coach will review

**Training Room:** The South Knox Training room is for those seeking medical attention. It is not to be used as a lounge or socialization area.

**Drug Testing:** All South Knox Middle-High School athletes are subject to random or reasonable suspicion drug test. Tests are administered by the school administrators.

**Awards Program:** For the student athlete, the awards program is considered an extension of the athletic season (start of the season until the end of the awards program). All student athletes are expected to attend their sports awards program. A head coach may excuse a student athlete from the awards program. An absence that is not properly excused may result in the forfeiture of any awards.

**Physical Examination and Consent Packet:** The Physical Examination (Dated after April 1) and online signature forms must be completed before an athlete can practice or play....including summer activities.

**Incomplete Grades:** Under IHSA Rules, incomplete grades become a grade of F for eligibility purposes at noon on the 10<sup>th</sup> day after the grading period ends.

## **AWARDS INFORMATION FOR SOUTH KNOX STUDENT ATHLETES**

At South Knox all student athletes participating in sanctioned interscholastic sports, cheerleading and Spartanettes are eligible for athletic awards. The awards are described below along with the following basic guidelines.

- A student athlete must complete their season in good standing in order to receive their award.
- Student athletes earn their awards based upon criteria established by the head coach and athletic department. The following information indicates the types of awards that can be earned by a student athlete. All high school student athletes are eligible for varsity competition and can earn their varsity award at any time.
- All like sports (boys/girls) give the same athletic awards. The awards are described below along with the requirements for earning such awards.

### **Varsity Baseball/Softball**

Varsity Letter– Participate in 21 innings  
 Batting Award – 30 at bats minimum  
 Defensive Award  
 Pitching Award  
 Mental Attitude

### **JV Baseball/Softball**

Batting Award  
 Defensive Award  
 Pitching Award

### **Varsity Boys/Girls Basketball**

Varsity Letter - Participate in 20 quarters  
Free throw Award – 40 attempts minimum  
Edison C. Catt Mental Attitude Award (boys)  
Carolyn Pieper Mental Attitude Award (girls)  
Rebound Award  
Assist Award  
Defensive Award

### **JV Boys/Girls Basketball**

Free Throw Award - 20 attempts minimum  
Rebound Award  
Assist Award

### **Freshman Basketball**

Free Throw award  
Rebound Award  
Jacob N. Siebel Mental Attitude Award  
Junk Yard Dog Award (purchased by coach)

### **Boys/Girls Varsity Golf**

Varsity Letter - Participate in 35% of varsity matches  
Medalist Trophy  
Most Improved  
Mental Attitude Award

### **Boys/Girls Varsity Track**

Varsity Letter - Score 10 varsity points  
Mental Attitude Award  
Most Outstanding Runner – Highest Point Total In Running Events  
Most Improved Award  
Most Outstanding Track Athlete – High Total Points Scored  
Most Outstanding Freshman Runner

### **Varsity Volleyball**

Varsity Letter - Participate in 20 games  
Mental Attitude Award  
Most Valuable Player Award  
Most Improved Award  
Serving Award  
Defensive Award  
Attacks Certificate – Coach Designs  
Assist Certificate – Coach Designs  
Serve Reception Certificate – Coach Designs  
Most Blocks Certificate – Coach Designs

### **JV Volleyball**

Most Improved Award  
Serving Award  
Attacks Certificate – Coach Designs  
Setter Certificate – Coach Designs  
Serve Reception Award – Coach Designs

### **Boys & Girls Varsity Soccer**

Varsity Letter – Participate in 70% of varsity matches  
Goals Scored Award  
Assist Award  
Defensive Award  
Mental Attitude Award

### **Boys & Girls Varsity Cross-Country**

Varsity Letter –Finish faster than the 7<sup>th</sup> runner in 60% of teams you compete against  
Mental Attitude  
Outstanding Runner Award  
Most Improve Award  
Outstanding Freshman Runner

### **Varsity Cheerleading**

Varsity Letter - Cheer during boys and/or girls varsity basketball games  
Most Outstanding Cheerleader

### **JV Cheerleading**

Certificate of Participation

### **Spartanettes**

Varsity Letter – Perform during boys varsity basketball games  
Most Outstanding Spartanette

### **Boys & Girls Varsity Tennis**

Varsity Letter – Play in top 7 in 50% of varsity matches  
Most Valuable Player Award  
Mental Attitude Award

### **Boys & Girls Middle School Basketball**

8<sup>th</sup> Grade Free throw Award – Minimum 15 Attempts  
7<sup>th</sup> Grade Free Throw Award - – Minimum 15 Attempts  
8<sup>th</sup> Grade Rebound Award  
7<sup>th</sup> Grade Rebound Award  
8<sup>th</sup> Grade Assist Award  
7<sup>th</sup> Grade Assist Award  
8<sup>th</sup> Grade Steals Award  
7<sup>th</sup> Grade Steals Award

### **Boys & Girls Middle School Cross-Country**

Outstanding 8<sup>th</sup> Grade Runner  
Outstanding 7<sup>th</sup> Grade Runner  
Outstanding Elementary Runner  
Rex Jones Mental Attitude Award (Boys Only – Coach Purchases)

### **Boys & Girls Middle School Track**

Outstanding 8<sup>th</sup> Grade Runner  
Outstanding 7<sup>th</sup> Grade Runner  
Outstanding Elementary Runner

### **Boys & Girls Middle School Golf**

8<sup>th</sup> Grade Medalist  
7<sup>th</sup> Grade Medalist

### **Middle School Volleyball**

8<sup>th</sup> Grade Serving Award  
8<sup>th</sup> Grade Defensive Award  
7<sup>th</sup> Grade Serving Award  
7<sup>th</sup> Grade Defensive Award

### **Coed Middle School Soccer**

Boys Offensive Award  
Girls Offensive Award  
Boys Defensive Award  
Girls Defensive Award  
Boys Mental Attitude Award

Girls Mental Attitude Award

**Middle School Cheerleaders**

Most Spirited Cheerleader

**Middle School Dance Team (Stars)**

Most Outstanding Dancer

**Letter Jacket Eligibility Requirements**

Athletic department pays \$70.00 towards jacket when eligibility requirements are met

Earn 1 basketball letter

Earn 2 Athletic letters of any combination (**MUST** be Varsity Athletic Letters)

\*Athletes who purchase their jackets before meeting one of the above requirements will NOT be reimbursed the \$70.00 once eligibility requirements are met.

**Athletic Letter Jacket Ordering Procedures**

**To be eligible for an Athletic Letter Jacket you must have received a letter in VARSITY Basketball or any combination of two (2) VARSITY ATHLETIC letters (Band, Choir or other club letters DO NOT count towards the two (2) letter requirement). Upon ordering your jacket, the South Knox Athletic Department will pay \$70.00 towards your jacket to the vendor you choose**

- Once you are eligible for a jacket, you choose a vendor, order your jacket and the vendor will contact the athletic department to confirm that you are eligible for the \$70 discount. Once confirmed, \$70 will be deducted from the price of the jacket.

## ***Follow the Spartans Via Social Media and the Web***



LIKE “SOUTH KNOX SPARTAN ATHLETICS” ON FACEBOOK for announcements, postponed games and cancelled games.



Follow **@skathletics** on twitter for ALL announcements on postponed and cancelled games and results.

**<http://southknoxathletics.com/>** Your one stop source for everything South Knox Athletics. View schedules, rosters, weather, directions to opponents, **IMPORTANT DOCUMENTS**, photos and much, much more.