



Cleveland Clinic

Sports Health

July 31, 2019

Dear Parent:

I would like to take this opportunity to introduce you to the athletic training services we provide to the student athletes at Bay High School.

I will be serving as the athletic trainer at Bay High School. As a nationally certified and Ohio-licensed athletic trainer, I am educated and skilled in the services of injury prevention, injury recognition and evaluation, and orthopedic rehabilitation. I will be available to evaluate and treat injured athletes as well as provide injury prevention information and provide information on strength and conditioning. In addition to my services we are fortunate to have working relationships with Cleveland Clinic physicians and Dr. Victor Strimbu, of Orthopedic Associates, as our team physician. These physicians treat athletes at their offices and are also present at many Bay High School athletic events.

It is also important to understand not all injuries can be treated in the high school training room. If an injured athlete requires additional medical attention, Cleveland Clinic Sports Health can provide priority scheduling with one of our sports medicine physicians. In the Fall, Cleveland Clinic also offers our Walk-In Injury Clinics on Saturday mornings and Monday afternoons. And throughout the year, Cleveland Clinic offers our Ortho Express Care Clinics. More information on these services can be found below and on the Bay Athletics website.

If you need to speak with me, I can be reached at: (440)821-0498 or hilary.hewkin@bayschoolsohio.org.

I am looking forward to the upcoming school year and wish the best of luck and safety to your son or daughter in their sports season.

Sincerely,

Hilary Hewkin, MEd, AT, LAT, CSCS
Senior Athletic Trainer
Cleveland Clinic Sports Health

ORTHO EXPRESS CARE

No appointment needed for:

- Joint, bone or muscle injuries
- Sports or exercise related injuries
- Sprains, strains or fractures

➤ For more information and locations, visit:
clevelandclinic.org/orthoexpress