



SCHS
Summer 2020
Boys' Basketball
Tryout Information

Summer Workout Information:

June 1 - 5, 8 - 12, 15 - 19

2:00 pm - 4:00 pm

Location:

SCHS Main Gym

All SCHS students interested in basketball are welcome to attend workouts.

All participants will need to complete paperwork on Dragonflymax prior to the tryout date, including athletic physical.

Players must provide their own water bottle and arrive in their own practice gear. All participants must arrive 15 minutes early to be screened.

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Coach Tony Rutland | Trut30@hotmail.com



STEWARTS CREEK VARSITY BASKETBALL

COVID-19 PLAN

The following
CDC GUIDELINES
for
COVID-19
as well as state and local
procedures will be adhere to:

Students need to arrive at least 15-20 minutes to allow themselves to be prescreened:

- 1) Have you been in close contact with a person with a confirmed case of Covid-19?
- 2) Are you experiencing a cough, shortness of breath or sore throat?
- 3) Have you had fever in the last 48 hours?
- 4) Have you experienced any vomiting or diarrhea in the last 24 hours?

If a player in a group has a fever above 100° degrees, that group will be asked to stay home.

Players will be asked to provide their own water bottle or Gatorade. No water fountains will be accessible. No players are allowed to share for any purpose!!!

All balls and equipment will be sanitized before, during, and after workouts.

During workouts we will make sure social distancing procedures will be followed such as keeping our players 6 feet apart.

THE "HOOPHI" SESSION
will consist of the following guidelines:

- 8 players and 2 coaches per session
- Each player will be assigned a ball for drills for skill work
- Players will bring their own water bottle/Gatorade bottles
- Drills will consist of no contact and practice social distancing (6 feet spacing)
- **NO SPECTATORS:** (parents, friends, siblings, etc...)
- Students will provide their own workout gear and common areas (such as bathrooms or locker room) will be sanitized after use. Balls as well. Students will be expected to leave immediately after workouts so the next session can take place & allow time for prescreening.
- Workouts will be 45 minutes a session with an emphasis on the fundamentals of defense/offense techniques
- All SC Students interested in basketball are welcome to sign up for workouts
- Tryouts will be announced in the future after Covid-19 restrictions are lifted to allow for competition to take place and a fair evaluation can be made!!!!



DATES FOR SUMMER WORKOUTS:
June 1st - June 5th, 8th - 12th and 15th - 19th
2:00 PM - 4:00 PM

All athletes interested in participating **MUST HAVE** a valid physical form and updated Dragonfly Max account