

Athletic Participation Rules

Eligibility Requirements

An eligible student is one who is enrolled in school, attending regularly and passing in subjects equivalent to at least five credits of work (one credit equals one-half unit toward graduation requirements), and who during the immediate preceding semester was enrolled in school, attended regularly and passed subjects equivalent to at least five credits of work. For purposes of athletic eligibility, a unit of credit shall be as defined in the State Board of Education's minimum requirements for high school graduation.

In addition to the credit requirement, to be scholastically eligible, a student must be making satisfactory progress towards graduation.

Students *must* attend all of their classes on the day of an event or on the previous school day if the event is on a holiday or weekend. Students who fail to meet this requirement are ineligible to participate in practices or competition.

Available Sports

The athletic program for the high school presently includes soccer, cross country, volleyball and football in the fall; basketball and wrestling in the winter; softball, baseball, track and golf in the spring. The athletic director, the principal, the superintendent of schools and the school board annually determine which sports will be included in the program.

Training Rules

Any athlete who participates in sports shall totally abstain from:

- a. The use or possession of any type of tobacco, chewing or smoking.
- b. The use or possession of alcohol.
- c. The use, possession or selling of any illegal drugs or paraphernalia.

The prohibition on tobacco, alcohol, and illegal drugs applies to all student athletes, on and off campus, throughout the entire calendar year.

All other training rules such as those involving misconduct on the fields, courts, or in the dressing rooms, use of profane language, missing practice, or other types of behavior involving conduct during the season, will be set and enforced by the coach in charge of that team. It is the responsibility of the head coach of each sport to assure that J.V. teams abide by the same rules. In the event of any disagreement among the coaches in a sport, the head coach's decision is final.

Reporting Violations

The use or possession of drugs, tobacco or alcoholic beverages by any student athlete must be reported to the principal, assistant principal or athletic director who will initiate appropriate action.

Determination of Violations

The determination of whether a prohibited substance violation has occurred will be made by the principal (or the designee of the principal) and the head coach.

Consequences for Violations

Consequences for substance violations will be determined by a compliance committee consisting of the team member's head coach, the Athletic Director, the Principal or the Assistant Principal. The committee will be guided (but not bound) by the disciplinary actions listed below:

- 16 hours of school and community service.
- Non-participation in a determined number of contests.
- Non-participation in practices for a determined period of time.
- Formal apology to the team.
- Mandatory evaluation, participation or counseling in an approved substance abuse program.
- Prohibition from attending the school's social functions or co-curricular events for a determined period of time.
- Dismissal from the team.

A second violation in the same academic year will result in immediate dismissal from the team and athletic ineligibility for the remainder of the year.

Appeals

Students who wish to appeal the decision of the Compliance Committee must submit a written request for a hearing to the Superintendent of Schools within three school days.

Requests for Assistance

Student-athletes will not be disciplined for requesting substance abuse assistance if such requests are made prior to the administration's knowledge of substance violations. In these cases the student will be directed to an appropriate treatment program and required to abide by all team training rules.

Athletic Training Rules Note

Athletic teams may establish rules of conduct and consequences for misconduct that are stricter than those for students in general. If a training rule violation is also a violation of the Student Code of Conduct, the consequences specified by the district may apply in addition to any consequences specified by the team.

The *Athletic Training Rules* do not replace any student rights or responsibilities set forth in the general provisions of this handbook or in the policies of the Pleasant Hill School District.

Transportation of Team Members to Off-Campus Activities

Students on athletic teams or formally participating in off-campus events must be transported to and from the activity in authorized vehicles. These include district buses, charter buses, and vehicles driven by staff members or members of the coaching staff.

With the approval of the principal, the athletic director and the coach, exceptions may be made at the request of the student's parents. *In all cases, the driver must be at least 21 years of age and have the expressed consent of the student's parents and the principal or athletic director.* These requirements apply to transportation to **and** from all events. All drivers are required to complete a liability waiver form and to provide proof of insurance.

Student Code of Conduct



Standards of Behavior

The expectations for student behavior are part of the school's system of Positive Behavior Support:

- Punctually attending all classes
- Following the instructions of faculty and staff
- Being truthful with parents, teachers and staff
- Treating students and staff with kindness and respect
- Respecting the opinions and heritage of others
- Avoiding profane or vulgar language
- Striving for academic excellence
- Being sincere in written and spoken communications
- Resolving conflicts without violence or threats
- Avoiding tobacco products, alcohol and illegal drugs
- Following athletic team rules and displaying good sportsmanship
- Respecting the property of others
- Alerting responsible adults if students are a threat to themselves
- Keeping the school in a clean and attractive condition
- Volunteering service to the school and the community
- Being ethical in all academic activities
- Obeying all driving, parking and bus rules

Behaviors Subject to Disciplinary Action

The district has authority over students during the entire school day. This applies to all school activities, on and off campus, and to all transportation in school vehicles. Considerate and thoughtful behavior will be encouraged and rewarded.

Behavior that interferes with the education of other students or affects the general safety or welfare will not be tolerated. Rude, offensive or mean-spirited behavior will be vigorously discouraged. Students who violate the school's standards or procedures will be subject to disciplinary action including loss of privileges, detention, suspension, expulsion or referral to law enforcement officials.

Students may also be held accountable for off-campus behavior violations if their actions are likely to cause disruption of class work or substantial disorder to the school.

Weapons and Firearms

1. No person, with the exception of law enforcement officers or those authorized by the district superintendent, shall have possession of a loaded or unloaded firearm, dangerous weapon, or replica of a dangerous weapon, nor transfer possession of such a weapon to another person on school district property or at school-sponsored events that occur off school property.
2. A dangerous weapon is defined as any weapon, device, instrument, material or substance, animate or inanimate, which under the circumstances in which it is used, attempted to be used or threatened to be used is readily capable of causing death or physical injury.
3. Weapons include but are not limited to firearms, knives, metal knuckles, straight razors, explosives, noxious and irritating or poisoning gases, poisons, drugs, or other items fashioned with the intent to use, sell, harm, threaten or harass students, staff members, parents, or patrons.
4. Any student who has possession of a loaded or unloaded firearm or transfers possession to another is in violation of these policies and will be subject to discipline including suspension pending an expulsion hearing (Policy JFCF).
5. Any student who has possession of any dangerous weapon, or a replica of a dangerous weapon will be subject to discipline, including but not limited to suspension pending an expulsion hearing (Policy JFCF).
6. Any non-student who is found to have possession of a firearm or other dangerous weapon or transfers possession to another on school property or at school-sponsored events that occur off the school campus will be considered to be unlawfully present on the premises and will be subject to prosecution for criminal trespass in the second degree (as provided by ORS 164.245) as well as for firearms law violations*.
7. The appropriate law enforcement agency will be promptly informed of the identity of any person who violates this policy and will be asked to take appropriate legal action**.

*In accordance with Oregon law, any person who intentionally possesses a firearm or other dangerous weapon in or on district property or recklessly discharges a firearm in school is subject to criminal prosecution, a maximum five (5) years imprisonment, \$100,000 fine and forfeiture of firearm or other dangerous weapons or both. Any person 13 to 17 years of age convicted of intentionally possessing a firearm in a public building is subject to denial of driving privileges for 90 days.

**In accordance with Federal law, students bringing a weapon to school shall be expelled up to one year. However, on a case-by-case basis, the superintendent may determine an expulsion for less than one year is appropriate. Under Federal law "weapon" is defined as any weapon which will or is designed to or may readily be converted to expel a projectile by action of an explosive, the frame or receiver of any such weapon, any firearm muffler or firearm silencer or destructive device. "Destructive device" means an explosive, incendiary or poison gas, bomb, grenade, rocket or missile.

Bus Riding Regulations

Oregon State Board of Education Regulations Governing Pupils Riding School Buses
(OAR 581-053-0010):

1. Pupils being transported are under the authority of the bus driver.
2. Fighting, wrestling, or boisterous activity is prohibited on the bus.
3. Pupils shall use the emergency door only in case of emergency.
4. Pupils shall be on time for the bus both morning and evening.

5. Pupils shall not bring animals, firearms, weapons, or other potentially hazardous material on the bus.
6. Pupils shall remain seated while bus is in motion.
7. Pupils may be assigned seats by the bus driver.
8. When necessary to cross the road, pupils shall cross in front of the bus or as instructed by the bus driver.
9. Pupils shall not extend their hands, arms, or heads through the bus windows.
10. Pupils shall have written permission to exit at a destination that is not their regular stop.
11. Pupils shall converse in normal tones; loud or vulgar language is prohibited.
12. Pupils shall keep the bus clean, and must refrain from damaging it.
13. Pupils shall not open or close windows without permission of the driver.
14. Pupils shall keep the bus clean and refrain from damaging it.
15. Pupils shall be courteous to the driver, to fellow pupils, and to passers-by.
16. Pupils who refuse to obey promptly the directions of the bus driver or refuse to obey regulations may forfeit their privilege to ride on the buses.
17. Pupils may not harm or threaten other pupils on the bus.

Discipline of Special Needs Students

A student being served by an Individual Education Program (IEP) who violates the code of conduct will be treated in accordance with district policies and state and federal laws.

Off-Campus Conduct

Students may also be held accountable for off-campus behavior violations if their actions are likely to cause disruption of class work or substantial disorder to the school.

Substance Abuse

Pleasant Hill School District recognizes that substance abuse and the problems associated with it are becoming increasingly commonplace in our society. We also recognize that in many instances a student's involvement with alcohol or other drugs can lead to the diseases of alcoholism and other chemical addictions. It is our belief that prevention, early intervention, and appropriate referral are necessary to provide students the opportunity to succeed in the classroom.

Pleasant Hill School District also recognizes that student involvement in school with alcohol or other drugs will be destructive to self or others, causing problems in their daily lives. Where the capacity to make responsible decisions regarding alcohol and other drug use has been reduced or compromised, prompt and appropriate intervention can help those students involved.

Pleasant Hill School District regards alcohol and other drug addictions as a medical problem severely affecting behavior. Our primary purpose is to identify and document any behavior that would be considered problematic to the student's effectiveness on campus and which appears to impair that student's health.

Pleasant Hill School District believes that along with the community, the school has a role to play in helping students make responsible decisions about the use of alcohol and drugs. Therefore, we wish to cooperate with the community in acting as a resource to students, parents, and other teachers. It is our intent to act as educator, identifier, and referring agent. It is our hope that this will promote the safety, health, and well-being of our students.

Policy

A student shall not knowingly possess, use, transmit, traffic in, be in the environment of, or be under the influence of such unlawful substances as amphetamines, barbiturates, marijuana, narcotics, hallucinogenic drugs, unauthorized medications, alcohol, or intoxicants of any kind on or near the school grounds, or off the school grounds while attending a school activity, function or event.

If a student violates this rule, the administration will follow the procedures established in the *Student Rights and Responsibilities Handbook* and will notify the parents. If there has been a violation of the law, the appropriate law enforcement agencies may be notified.

A responsibility of the school district is to attempt to maintain a drug-free school environment so that learning can take place; to educate students so that they are aware of the issues and problems related to the use of drugs and substances; to identify students who have chemical abuse problems; to refer students for treatment services which are beyond the scope of the schools; and to work with other community agencies in solving the problems related to substance abuse. Therefore, the district will maintain a K-12 drug and alcohol prevention curriculum, develop and maintain a system of identification and referral, keep the community aware of the problems in the district and the approaches being used by the district for combating substance abuse, and establish working relationships with community groups to help address the issues of chemical abuse.

Voluntary Requests for Assistance

If a student voluntarily requests assistance from school officials with regard to an alcohol or drug use problem and has not previously committed an alcohol/non-prescribed drug use offense, there shall be no discipline of the student.

1. The student will be encouraged to meet with the school counselor or other appropriate professional person.
2. Should there be subsequent self-referrals, an assessment by a professional diagnostician will be recommended.

Non-Compliance with Drug Abuse Policy

Students who do not voluntarily request assistance as described above and are determined by a school official to have used alcohol or non-prescribed drugs will be subject to disciplinary actions.

Use or Possession

A student shall not knowingly possess, use, transmit, be in the environment of, or be under the influence of alcohol, unlawful drugs, or unauthorized medications or have any drug paraphernalia** of any kind on the school grounds or at any school-sponsored function or within 1,000 feet of school grounds.

First Offense

The student faces disciplinary action which may include referral to law enforcement and will include suspension for up to ten days, referral for a substance abuse assessment, and social probation for up to nine weeks. It is expected that students will show a willingness to follow the assessment agent's recommendation for treatment. Upon any suspension, the parents or guardians will be notified the same day and requested to attend a conference for re-entry. If the student fails to follow the recommendations and requirements satisfactorily, continued suspension for up to ten days will be mandatory and expulsion will be considered.

Subsequent Offenses

The student faces disciplinary action which will include referral to law enforcement, up to ten days of suspension, social probation for nine weeks, and referral to a treatment facility. For subsequent offenses, parents will be notified the same day and will be expected to attend a conference to review all recommendations. If the student fails to follow the recommendations and requirements satisfactorily, further action will be taken which may include expulsion.

Where either students or parents do not cooperate by following recommendations for treatment and assistance, the student's status in school may have to be re-evaluated, taking into account the best interests of the student, the nature of the problem and the health, safety, welfare, educational opportunity, and rights of other students and staff.

Sale and Distribution of Controlled Substances

Students are prohibited from selling or sharing alcohol or unlawful substances (including look-a-like drugs and unauthorized medications) with other students or persons on or near district property during school hours or at school-sponsored activity.

First Offense

The student faces disciplinary action which will include ten days of suspension, referral to law enforcement, social probation for nine weeks, and referral to a treatment facility for evaluation. Further action may include an expulsion hearing. Parents will be notified the same day and expected to attend a conference before re-entry. If the student fails to follow the recommendations &/or requirements of the conference, further action will be taken, which may include expulsion.

Subsequent Offenses

The student faces disciplinary action which will include ten days of suspension. Further action will include the police, courts, and other agencies, social probation for nine weeks, and expulsion procedures will be started. The parents will be notified on the same day and expected to attend a conference to review the process.

Tobacco Possession or Use

Use of tobacco products is prohibited on all school district property. The prohibition includes implements used for smoking, such as lighters and pipes. This applies to students, staff, patrons and visitors.

For the last decade our health curriculum has presented the dangers associated with tobacco use and a concerted effort has been made to eliminate tobacco use among students and employees. We have in place programs at the primary level that are "developmentally appropriate" and promote abstinence from tobacco. Other curriculum and district-wide health models throughout grades K-12 also emphasize abstinence and promote "wellness" and healthy choices.

Consequences

The Pleasant Hill School District regards tobacco use as a medical problem that can severely affect learning and behavior, and young people stand the greatest danger of becoming addicted.

Oregon law prohibits the possession of tobacco products by minors. In compliance with this statute and a concern for the well-being of all students, the school district will enforce the following for students who possess tobacco on campus:

First Offense

1. tobacco products confiscated
2. three days of noon detention
3. notice to parents
4. counseling as necessary

Second Offense

1. tobacco products confiscated
2. one to two days of in-school suspension
3. notice to parents
4. counseling as necessary

Third Offense

1. tobacco products confiscated
2. three days of out-of-school suspension
3. meeting with parents
4. participation in a tobacco cessation program

Additional Offenses

1. tobacco products confiscated
2. out-of-school suspension pending consideration of alternative school placement
3. meeting with parents

Attendance Regulations

Attendance is an essential part of effective teaching and learning. Students who maintain faithful attendance maximize their talents and abilities. By state law, all students are required to enroll in school and abide by the requirements for regular attendance.

Excused and Unexcused Absences: In compliance with state law ORS 339.065, the principal has the authority to excuse student absences due to illness, health-related appointments, serious illness in the family, bereavement, inclement weather, religious instruction, court-ordered appearances and emergencies.

Classroom work missed due to an excused absence will be accepted for full credit if its submission adheres to the teacher's stated guidelines.

Students validly attending a school-sponsored trip or event have an excused absence from classes.

Students are required to have a parent call the school when they anticipate an absence for any reason. Upon returning to school, students must bring a signed note from a parent that states the reason and dates of the absence.

Students are not permitted to attend after-school events on the day of their absence (or the following day if the event occurs on a non-school day) without the expressed permission of the principal.

Admit Slips: Students who have been absent for any reason other than a school event are required to obtain an admit slip from the office prior to returning to classes.

Leaving Campus: To leave campus during the school day, including lunch periods and breaks, students must have the permission of one of their parents **and** a school administrator. Permission will be granted for obligations, such as legal or medical appointments, that cannot be met before or after classes. Students may leave for these appointments only if accompanied by their parents or an adult designated by their parents. Students *must* inform the office when leaving and upon returning to campus. (See *Closed Campus policy*)

Emergencies: Parents are required to contact the school whenever circumstances prevent their student from attending classes. Absences caused by emergencies that genuinely pose serious threats to life or property, can be excused by the principal under Oregon law.

Pre-Arranged Absences: Permission for anticipated absences must be obtained from the principal at least two days prior to the absence. The procedures are as follows:

- 1.) The parent's written request must be delivered to the office.
- 2.) The student obtains a *Pre-Arranged Absence Form* and requests each teacher to provide assignments and comments.
- 3.) The student obtains the signature of a parent on the form and returns it to the office.
- 4.) If the request is approved, the principal or assistant principal will sign it. A copy will be provided to the student. The office will retain the original form for the attendance records.

Parents should request such absences only in extraordinary circumstances and never in the first or last week of a school term.

Upon returning to school, the student is responsible for submitting all assignments and completing examinations according to the teacher's classroom policies.

Truancy: Any absence not excused by the principal is subject to disciplinary or punitive actions as prescribed by district policy and state truancy law. Initial violations will result in lunchtime detention, campus work projects, loss of co-curricular privileges and parental conferences. Repeated violations may result in alternative education placement or referral to the county attendance officer. State law also permits the suspension of the driving license of students with repeated attendance violations.

