

New Albany High School
Student Athletic Code
2018-2019

Player Responsibility

Each athlete must meet the following **Ohio High School Athletic Association and New Albany Plain Local Board of Education** requirements to be eligible for participation in our Athletic Department Program. **Students cannot practice or participate in scheduled contests, until all forms are completed correctly and turned in to the athletic office.**

- A. Each athlete must provide a **Student Participation Physical Exam Form** prior to any practice or competition. This form must be signed by the parent/ guardian, athlete, and by the physician who certifies that the student is physically able to participate. Only one physical examination is required per calendar year.
- B. Each athlete must provide the athletic department with an **Emergency Medical Form** prior to any practice or competition. This form will be carried by the coaches at all practices and competitions to use in the event that emergency medical services need to be rendered to the athlete. Please notify the school of any changes.
- C. Each athlete must also provide the athletic department with a signed **Athletic Participation Acknowledgement** which includes residency, insurance, equipment, travel and photography information as well as an acknowledgement to reading the Student Athletic Code of Conduct and the OHSAA Bulletin (OHSAA Bulletin does not have to be returned.)
This acknowledgement is to be signed by the parent and athlete prior to any practice or competition.
- D. **Pay to Participate:** Per high school sport - \$425, per middle school sport - \$225.
- E. Each athlete must meet the **Ohio High School Athletic Association and New Albany High School and Middle School Eligibility Requirements**, including the following grade mandates:

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION

- 1. Eligibility for each grading period is determined by the grades that an athlete receives during the preceding grading period. **Semester averages, exams, or yearly grade averages have no effect on eligibility.**
- 2. Grades 9-12: a student must be enrolled in school during the preceding grading period to maintain eligibility. During the preceding grading period, the student must receive passing grades in the equivalent of a minimum of **five one-credit** courses that count toward graduation (**from New Albany High School**).
- 3. Grades 7-8: a student must be currently enrolled in school and must receive passing grades in 75% of those subjects carried the preceding grading period in which the student was enrolled. A student enrolling in seventh grade for the first time will be eligible for the first grading period regardless of any previous academic achievement. The 75% rule also applies to entering ninth grade students during their first grading period only.

*At New Albany Middle School, this means that any student who is failing two or more core academic classes will be considered ineligible. (Core academic is defined as any class that meets daily.)

4. **Summer School** grades/credits may not be used to substitute for failing grades from the last grading period of the regular school year.
5. The eligibility or ineligibility of a student continues until the start of the fifth school day of the next grading period, at which time the grades from the preceding grading period become effective.

NEW ALBANY ATHLETIC DEPARTMENT REQUIREMENTS

To be eligible to participate in any athletic activity in a school year a student must attain, for the nine-week grading period ending before the time that he/she wishes to begin participation, a grade point average (GPA) equal to or greater than that set forth below. A student receiving a failing grade in a course recognized in the District's graded course of study for the grading period preceding the start of an athletic activity in a school year, shall not be prohibited from participating in that activity in the following nine week grading period as long as he/she attains the required minimum GPA during such preceding period and passes 5 credits.

<u>Grade level at time of participation*</u>		<u>GPA</u>
Middle School	7th and 8th Grade	1.5
High School	9th Grade	1.5
	10th Grade	1.75
	11th Grade	2.0
	12th Grade	2.0

* A student shall be deemed to change grade levels as of the first day of class in a school year.

The GPA is determined on a scale on which an "A" earns 4 points, a "B" earns 3 points, a "C" earns 2 points, and a "D" earns 1 point. A mark of "F" does not earn any points. Marks of "Incomplete" or "Pass/Fail" are disregarded in computing a grade point average. When an incomplete is made up, the GPA and eligibility will be recomputed. In computing a student's GPA for the purposes of these requirements, all subjects taken by the student for which a final mark is recorded are to be used in the calculation. Procedures outlined in the student handbook governing the computation of GPA will be followed, including but not limited to, those for adding or subtracting fractional points for plus (+) or minus (-) letter grades and giving weighted credit to certain courses.

A student's eligibility to continue participating in athletics during a school year will be determined by examining each nine-week GPA independent of prior grading periods. Semester and final exams are not included in the GPA calculation because of the comprehensive nature of exams. A student who does not meet the eligibility requirements

for a grading period is not eligible to participate in any athletic contests until the following nine weeks has ended when his/her grades are again appraised.

EXCEPTION: A student/athlete may request in writing, (with parent approval) to wave the GPA requirement one time, for one grading period during their four years at New Albany High School. They are still required to have passed a minimum of 5 one credit courses. If, at the mid term of the succeeding grading period, the student has not attained the minimum GPA requirement for their grade level, they will be declared ineligible for the remainder of that grading period.

Note: A student/athlete who chooses to implement this exception, must attend one study session a week for the nine week grading period. Attendance is mandatory and will be monitored by the athletic director and his/her coach. If a student/athlete does not attend, then they will lose their eligibility for the remainder of the nine weeks.

- F. Any athlete who has an unexcused absence on the day of an athletic contest requires written permission for participation from the athletic director or principal. May result in the denial of participation.
- G. Each athlete must determine if he/she will be able to meet the commitments of time, expense and transportation for the duration of their season. Work and/or vacation are not acceptable reasons for missing practice and/or games.
- H. Each athlete must be individually responsible for all school equipment issued to him/her. Equipment is to be worn only at practice sessions or scheduled games involving that particular sport. Athletes who do not turn in their equipment will be billed at current replacement costs. The athlete will not be able to participate in his/her next sport until all equipment is turned in.
- I. Each athlete must acknowledge that it is a privilege to participate in athletics and that he/she is willing to cooperate and accept rules and other conditions for participation. **Any student currently participating in a sport, who either is suspended from school or assigned to an Alternative Learning Center could result in denial of participation in at least one or more contests.**
- J. Each athlete must conduct him/herself in a manner that will create a positive reflection upon him/herself, teammates, the student body and the New Albany School/community. This is a year-round commitment, not just seasonal.
- K. Each athlete must uphold the traditions of sportsmanship and fair play and congratulate the opponents in a sincere manner following either victory or defeat. Taunting of opponents will not be tolerated. Respect the official's judgment and interpretation of the rules. Never argue or make gestures indicating dislike for a decision.

Any violation of the expectations stated in J and K will be reviewed by the coach and/or Athletic Director. Penalty may be denial of the privilege and/or removal from the team or athletic programs for up to one (1) calendar year.

- L. Athletes are not permitted at practice areas or weight rooms unless supervised by a coach. Please arrive at the times designated by your coach.

- M. A student may participate in two sports at the high school level (i.e., cross country and golf) during the same season if both coaches (i.e., cross country and golf) agree, and the administration approves, based on whether or not dual participation will result in conflict in the requirements of the two sports. The student-athlete must declare on sport as their primary sport and attend all functions of this sport. The student-athlete may participate in their second sport as long as it does not conflict with their primary sport. Middle school students are not permitted to participate in two sports during the same season.
- N. Once an athlete begins practice for a particular sport, he/she may not participate in another sport for the remainder of that season, unless such participation occurs within the first three days of mandatory practice and the athlete has permission from the coaches of both sports and the athletic director. A season is defined as lasting from the first day of mandatory practice through the team recognition night. An athlete coming out for a sport must do so before the first contest unless he/she is a new student and enrolls in the District after the first contest. This pertains only to sports that do not have cuts.
- O. Each athlete is responsible for having a lock on their locker. Coaches will assign these lockers. Please see that your locker is neat and that clothes are washed regularly. **The school is not responsible for lost or stolen articles.**
- P. If an athlete quits a particular sport anytime during his/her high school or middle school career, the coach or athletic director may disallow future participation in that sport. Quitting is highly discouraged.
- Q. If an athlete voluntarily quits or is removed from a team or activity, the coach must immediately notify both the athletic director and the principal. All issued equipment must be returned to the coach. The athlete shall not be reinstated without the express approval of the athletic director, principal and coach.

Eligibility Procedure

- A. The principal, athletic director, and guidance counselor will identify who is eligible for the following grading period.
- B. The faculty will assist the athletic department in checking the grades and behaviors of in-season athletes each interim grade check. Head coaches may request grade checks on a more frequent basis. The head coach will be made aware of all behavior referrals. Coaches will take appropriate action for each referral situation. This action could include temporary or permanent denial of participation.
- C. The head coach and/or athletic director will contact the parents of any athlete who is ruled ineligible from participating on their team.

Training Rules

The Athletic Department believes that athletes have a strong influence within the community and the student body. Student athletes are under constant scrutiny and should demonstrate good, wholesome leadership to those with whom they come in contact. Also, since good physical conditioning is a

requirement for successful participation, all athletes are directed to be aware of the following Athletic Department regulations:

Any student suspended or expelled from school or denied participation from a sport shall be declared ineligible for the period of the suspensions, expulsion, or denial. Suspensions, including those that begin on a Friday, shall render a student ineligible for competition over the weekend or until regular classes resume. An athlete's ineligibility due to a suspension from school or a denial of participation from athletics over a holiday period shall be administered in such a way that the length of the ineligibility period and the number of contests affected is similar to an ineligibility period that occurs over a weekend. In-School and Out-of-School suspensions shall be treated equally for the purposes of this rule. Saturday School renders an athlete suspended during the hours of such a detention. While a student is denied participation, due to an out-of-school suspension or expulsion, they are not allowed on school property during the length of the penalty.

These rules are established for all athletes, including student trainers and managers. Training rules are in effect for athletes throughout the year, including during the summer months when school is not in session. School-sponsored athletic participation continues during this time (i.e., leagues, open gym, weight training, conditioning and camps).

A. Inappropriate Conduct

1. All athletes are expected to abide by the rules and regulations stated in the New Albany High School handbook, as adopted by the New Albany - Plain Local Board of Education.
2. **HARASSMENT AND/OR HAZING** of any nature, is strictly prohibited.

B. Substance Abuse Infractions

1. A student shall not possess, use or transmit tobacco products in any of its various forms, as it shall be deemed an infraction at any time.
2. A student shall not possess, use, transmit, be under the influence of and/or sell any alcoholic beverage at any time.
3. A student shall not possess, use, transmit, be under the influence of, and/or sell any controlled substance, counterfeit drugs, or any other non-medical substance at any time. The only exception to this rule occurs when a student-athlete is taking a medication prescribed by a doctor through the school nurse and the trainer being notified.
4. A student shall not possess any drug-related paraphernalia including, but not limited to, tobacco rolling paper, pipes and other holders for drug use such as clips.

Please refer to the student handbook and relevant Board policies for a complete definition of terms.

C. Substance Abuse Self-Referral Procedures.

1. Self-referral occurs when a student or his/her parent reports to a coach, team captain, or school administration that the student has been using drugs, alcohol and/or a tobacco product. The time line for this referral is within one school day of the infraction or the first opportunity to contact the previously identified sources.

2. Self-referral may also be if a coach or administrator asks (**without evidence**) an athlete about possible drug/alcohol/tobacco use and the athlete admits the use. Example: “ _____, I heard that you were drinking at the party Saturday night.”
“Yes, I was.”
 - a. After the self-referral, the student will not be denied participation, but he/she must undergo family education and/or an assessment. In the event of a failure to complete the requirements, the student will receive the same penalties as a first infraction.
 - b. All self-referrals will be kept on file in the Athletic Director’s office. A student is allowed one self-referral during his/her four (4) year high school career.**
3. Any student who is under investigation for an infraction is denied the self-referral process.
4. A self-referral will be considered a first time infraction. The next substance abuse violation will be disciplined as a second infraction.

D. Penalties for Substance Abuse Infractions.

A violation may be observed and reported to the Head Coach by coaches employed by the District, licensed employees of the New Albany - Plain Local School District, any person employed by the New Albany - Plain Local School District.

1. First violation - use or possession

- a. The penalty for a first violation will be prohibition from athletic participation (contests) for a minimum of 50% of the scheduled contests of that sport. Any remaining percentage of the prohibition of participation not served shall be applied toward the next sport in which the athlete participates. Any student disciplined for the first violation may practice with his/her team. He/she may travel with the team and sit on the bench. He/she cannot be in uniform. All training rules and requirements of the sport team must be followed by the athlete during the period of prohibited participation.
- b. The athletic director, upon request of the athlete, may reduce the prohibition to a minimum of 20% of the athlete’s current and/or next occurring season’s athletic contests, provided:
 1. The athlete is assessed by a certified professional agency and follows the assessment recommendations at his/her expense. Assessment must include evaluation reports. Assessment must be completed before resuming athletic competition.
 2. The athlete agrees to revoke any leadership positions, such as, but not limited to, team captain, and will not hold any leadership positions on athletic teams for the remainder of the school year.
 3. The athlete must attend practice. He/she must travel with the team. He/she must sit on the bench with the team. He/she cannot be in uniform.

2. Second violation - use or possession

- b. Upon confirmation of the second violation, athletic participation (practice and contests) will be prohibited for one full calendar year.

- c. The athletic director, upon request of the athlete, may reduce the prohibition to a minimum of 50% of the athlete's current and/or next occurring season's athletic contests provided:
 1. For tobacco violations: The athlete participates in a professional counseling clinic, workshop, or seminar as approved by the district counseling department. The professional counseling will be at the expense of the athlete and must be completed before resuming athletic competition.
 2. For alcohol/drug violations: The athlete is assessed by a certified professional agency and follows the assessment recommendations at his/her expense. Assessment must include evaluation reports. Assessment must be completed before resuming athletic competition.
 3. The athlete agrees to revoke any leadership position such as, but not limited to, team captain and will not hold any leadership positions on athletic teams for the remainder of the school year.
 4. The athlete must attend practice. He/she must travel with the team. He/she must sit on the bench with the team. He/she cannot be in uniform.

3. **Third violation - use or possession**

- b. The student athlete found in violation of the training rules a third time shall be prohibited from athletic participation for the remainder of their athletic career.
- c. After one calendar year from determination of his/her guilt, an appeal can be made to the athletic director and/or high school principal for reinstatement contingent upon substantiated rehabilitation.

4. **First violation - sale, distribution**

The student found in first violation of sale, distribution will be treated the same as a second violation for use or possession. However, if the athlete has not completed the youth intervention program or tobacco workshop, it must be completed at this time. (An unexcused absence from a session will immediately reactivate the original prohibition of the participation.)

5. **Second violation - sale, distribution**

The student found in second violation of sale, distribution will be treated the same as a third violation for use or possession.

Procedures for Denial of Participation from Athletics

Students who violate any provision of the student handbook, Board policies or administrative guidelines or the rules established by any coach, advisor or (if applicable) the Ohio High School Athletic Association, are subject to a denial of participation in any or all athletic activities. The Superintendent, principal, assistant principal, coach, advisor or other administrator (hereinafter "appropriate authority") is authorized to deny a student the privilege of participating in any or all athletic activities

In the event of athletic disciplines, the appropriate authority has sole discretion to determine what, if any, notice and hearing rights may be afforded to the student and student's parents. Athletic

disciplinary actions are not subject to the procedures established for curricular disciplinary actions. All disciplinary determinations made by the appropriate authority shall be final.

Miscellaneous

- A. A coach may use internal team discipline, including, but not limited to, benching and work detail, when an athlete is amenable to correction without the need for further disciplinary action. Such decisions shall not be subject to any appeal.
- B. A coach may remove an athlete from practice or participation for 24 hours. This may occur when the athlete, in the coach's determination, presents a danger to property or other people, or is a threat to the coaching process.
- C. An athlete must finish the season in good standing with the coach in order to receive his/her awards recognition.

Parents' Responsibilities

- A. Carefully evaluate the commitments of your son/daughter in time, cost and transportation before granting permission for his/her participation.
- B. Understand the training rules and procedures to be followed by the athlete. After their inspection of the rules, parents must sign the Athletic Responsibility Acknowledgement Card prior to their son/daughter's participation.
- C. Sign a Medical Insurance Waiver, Physical Exam Card, Emergency Medical Form, OHSAA Bulletin and a Residency Report Card prior to your son/daughter's participation. Please notify the athletic office of any changes in the information that is provided on these documents.
- D. When possible, schedule doctor, dental and all other outside appointments so that they do not conflict with practice or game times.
- E. Take an honest interest in your son/daughter's participation in athletics. Make an effort not to put unreasonable pressure on them to be a starter.
- F. Help support and enforce all training rules.
- G. Try to resolve any problems or complaints with the coach before approaching the Athletic Director, Principal, Superintendent, or Board of Education. Try to make phone calls of a non-emergency nature during school hours and/or reasonable hours.
- H. Realize that work and vacations are not acceptable reasons for your child to miss practice or games.
- I. Be supportive of all athletic programs. We encourage parents to join our Athletic Booster Club & athletic volunteer staff. Your help is needed for our programs to succeed.
- J. Focus your attention on supporting our student/athletes giving their best effort while enjoying a positive experience. Demonstrate good sportsmanship toward all who are involved in attending, participating, and working at all school athletic events.

NAHS Athletic Code of Conduct

As a Parent, I agree to abide by the following:

1. Encourage good sportsmanship by demonstrating positive support for all players, coaches, fans and officials at games, practices and other sporting events.
2. Place the well-being of my child before a personal desire to win.
3. Encourage my child to play by the rules and respect the rights of other players, coaches, fans and officials.
4. When a concern arises I will contact my child's coach twenty-four hours after a contest by phone or email for the sole purpose of making an appointment. No other issues will be discussed or mentioned in this communication.
5. Once a meeting time has been agreed upon my child and I will both attend the meeting. Playing time, playing position and other parents or players will not be discussed at this meeting.

VACATION POLICY

Vacations during an athlete's season are discouraged! However, if a vacation is unavoidable:

1. contact head coach prior to the vacation
2. be willing to assume the consequences related to your status as a team member

Violation of the above code will result in disciplinary action ranging from a verbal reprimand to permanent expulsion from attending contests.