

COPLEY HIGH SCHOOL
LOCKER ROOM USAGE
HEALTH & SAFETY PROTOCOLS
WINTER 2020-2021

In order to provide the safest environment possible for using locker rooms, the protocols listed below must be strictly adhered to. It is understandable that these new expectations may not seem fair or reasonable, but compliance is an expectation.

Compliance

- All athletic practices, events, and competitions must be conducted in accordance with the [orders and guidelines from the Ohio Department of Health](#).
- All guidelines of the Ohio Department of Health document [Youth, Collegiate, Amateur, Club and Professional Sports](#) must be followed.
- Any violation of any protocol listed in this document will result in disciplinary action at the discretion of the head coach, athletic director, or building principal.

Locker Room Usage

- All participants must perform a self-assessment for COVID-19 symptoms before arriving at any facility. One or more symptoms requires the participant to stay home.
- A facial covering must be worn at all times while in a locker room. The only exception is for the use of a shower.
- Social distancing must be maintained at all times while using locker rooms.
- Anyone entering a locker room should sanitize/wash their hands when they enter and exit the locker room.
- Locker rooms will be used for the sole purpose of changing clothes, storing items while a practice or game is being conducted, using the lavatory facilities and showering.
- No items may be stored in locker rooms. All possessions must be taken home at the conclusion of any athletic practice, event or competition.
- There can be no congregating in locker rooms.
- Locker room usage may not exceed any maximum capacity listed below for each facility.
- Nothing should be moved into a locker room. This includes, but is not limited to furnishings, signs, posters, charts, radios, flags, chairs, etc.
- If lockers are used, every third locker in a room may be occupied. Therefore, there should be three empty lockers between any locker being used.
- There should be no shared personal items including towels, clothing, equipment, toiletries, etc.
- No food or drinks (other than water or sports drinks) may be eaten, consumed or stored in locker rooms.
- There can be no congregating before or after a contest. Students should arrive for their contest at the assigned time. When an event ends, all participants and spectators should exit the venue promptly.

Locker Room Occupancy Limitations

Girls PE Locker Room	17 maximum occupancy
Girls Varsity Locker Room	10 maximum occupancy
Boys PE Locker Room	11 maximum occupancy

Boys Varsity Locker Room	14 maximum occupancy
Girls Swim Locker Room	6 maximum occupancy
Boys Swim Locker Room	6 maximum occupancy

- If teams have to rotate students in and out of locker rooms, students should be kept in the same pods, when possible, while they use the locker room.
- If a locker room is used for a halftime meeting, occupancy may be increased if folding chairs are used to socially distance.
- Only essential personnel and participants should be in locker rooms at any time. Managers, statisticians, spectators, etc should not be in locker rooms.

Reporting Suspected/Confirmed COVID-19 Cases

- Any Covid related exposure or illness must be reported directly to the athletic director immediately.
- Any student experiencing one or more symptoms of Covid-19 should not attend any athletic event, practice or competition.
- A student that misses an athletic event, practice or competition due to a Covid-19 may not return until they have a doctor's note clearing them to return.
- Any student that has been exposed to a Covid positive, must self isolate and follow any direction received by the Summit County Public Health department.
- Any student or coach that takes a Covid test may not attend any athletic event, practice or competition until they have received the results of their test. Those results must indicate a negative test.

Return to Play from a Positive COVID-19 Test

- An individual who tests positive for COVID-19, whether symptomatic or asymptomatic, shall not return to sports activities until a documented medical exam is performed clearing the individual prior to the individual returning to participation in practice or games. The documented medical exam must specifically include an assessment of the cardiac/heart risk of high-intensity exercise due to the potential of myocarditis occurring in COVID-19 patients.
- When a player, coach, or athletic trainer tests positive for COVID-19, team members who are not close contacts requiring self-quarantine as determined by the local health department should conduct daily symptoms assessments and stay home if sick, and conduct an in-person temperature check before the start of each practice and game for 14 days as a precaution.