

2018 Fall Sports Tryout Information

Charlottesville High School

Tryouts start on Monday, July 30th for all Fall Sports

1. **Current Physical on file** – Per the Virginia High School League (VHSL), students must have a current physical on file dated after May 1, 2018. The form must be on the official VHSL Physical Form. Forms can be downloaded from gocville.org by clicking on the “More” tab.
2. **Complete the online registration after June 1st** - Completing this online registration process will allow your coach, and the Head Athletic Trainer to access important information including medical and contact information. Your information will not be made public. If a student athlete has registered for athletics on the current school year, It should not be necessary to register again.
3. **Academic Eligibility** – The Virginia High School League (VHSL) requires that students pass a minimum of 5 classes each semester and continue to be enrolled in at least 5 classes each semester in order to be eligible to participate in interscholastic activities and athletics.
4. **Summer workouts** - Each program will conduct workouts a couple of times a week during the summer beginning the week of June 11, 2018. Workouts are not mandatory but are beneficial in helping the athletes prepare for the season. Please see the accompanying information below.
5. **Timing** - Virginia High School League Fall sports usually start the last week in July or the first week in August for all public high schools in the state of Virginia. Please plan accordingly.

2018 Fall Sports Tryout Information

Head Varsity coaches are the primary point of contact for all levels of that sport!!!

Cheer: Head Coach - Pam Brown

brownp1@charlottesville schools.org

Cheer Tryouts Starts: July 30, 2018

Tryout / Practice Time: 6:30pm to 8:30pm CHS Auxillary Gym

Cross Country: Head Coach Kathleen Druzba

druzbak1@charlottesvilleschools.org

Cross Country Tryout Starts: July 30, 2018

Tryout / Practice Time: 6:00pm to 8:00pm Meet at CHS Student Parking Lot

Field Hockey: Head Coach Lindsey Clark

lmc2y@virginia.edu

Field Hockey Tryouts Starts: July 30, 2018

Tryout / Practice Time: First Day of practice 4:30-7:30pm

7:00 to 8:30am and 5:30 to 7:30pm – MTThF, 4:30 to 7:30pm – W / Stadium Turf

Volleyball: Head Coach Calie Garrett

garrettc1@charlottesvilleschools.org

Volleyball Tryouts Starts: July 30, 2018

Tryout / Practice Time: 6:30pm to 8:30pm CHS Main Gym

2018 Fall Sports Tryout Information

Football: Head Coach Eric Sherry

Eric.Sherry@charlottesvilleschools.org

Football Tryouts Starts: Friday July 27, 2018

Tryout / Practice Time: 7:00am to 11:30am Meet in CHS Auxillary Gym @ 7am / Practice on Upper Practice Field

Golf: Head Coach Josh O'Grady

ogradyj1@charlottesvilleschools.org

**Practice Begins
July 30th**

10:00am

Meadowcreek Golf Course