

# 2018 Winter Sports Tryout Information

## Charlottesville High School

### Tryouts start the week of November 5th for all Winter Sports

1. **Current Physical on file** – Per the Virginia High School League (VHSL), students must have a current physical on file dated after May 1, 2018. The form must be on the official VHSL Physical Form. Forms can be downloaded from [gocville.org](http://gocville.org) by clicking on the “More” tab.
2. **Complete the online registration** - Completing this online registration process will allow your coach, and the Head Athletic Trainer to access important information including medical and contact information. Your information will not be made public. If a student athlete has registered for athletics on the current school year, it should not be necessary to register again. For access to the online registration form please [“CLICK HERE”](#)
3. **Academic Eligibility** – The Virginia High School League (VHSL) requires that students pass a minimum of 5 classes each semester and continue to be enrolled in at least 5 classes each semester in order to be eligible to participate in interscholastic activities and athletics.
4. **Off - season workouts** - Each program may conduct workouts a couple of times a week during the off-season during their off-season window. Workouts are not mandatory but are beneficial in helping the athletes prepare for the season. Please see the accompanying information below.
5. **Timing** - Virginia High School League Winter sports usually start the first full week in November for all public high schools in the state of Virginia. Please plan accordingly.

# 2018 Winter Sports Tryout Information

*Head Varsity coaches are the primary point of contact for all levels of that sport!!!*

**Boys Basketball: Head Coach Mitch Minor**  
[minorm2@charlottesvilleschools.org](mailto:minorm2@charlottesvilleschools.org)

Boys Basketball Tryout Start: Monday November 5, 2018

*Tryout / Practice Time: 6:00pm to 8:00pm Meet at CHS Gymnasium*

**Girls Basketball: Head Coach Jim Daly**  
[dalyj1@charlottesvilleschools.org](mailto:dalyj1@charlottesvilleschools.org)

Girls Basketball Tryouts Start: Monday November 5, 2018

*Tryout / Practice Time: 4pm -6pm Meet at CHS Gymnasium*

**Sideline Cheer: Head Coach - Pam Brown**  
[brownp1@charlottesvilleschools.org](mailto:brownp1@charlottesvilleschools.org)

Cheer Tryouts Start: Wednesday November 7, 2018

*Tryout / Practice Time: 4pm to 6pm Meet at CHS Gym Lobby*

**Indoor Track: Head Coach Ron Green**  
[greenr1@charlottesvilleschools.org](mailto:greenr1@charlottesvilleschools.org)

Track Practice Start: Wednesday November 7th, 2018

*Tryout / Practice Time: 4pm-6pm Meet at CHS gym lobby*

# 2018 Winter Sports Tryout Information

**Swimming: Head Coach Jason Hackworth**

[hackwoj1@charlottesvilleschools.org](mailto:hackwoj1@charlottesvilleschools.org)

Swimming Tryouts Start: Wednesday November 7, 2018

*Tryout / Practice Time: 4:15pm - 6pm. Meet at Brooks YMCA*

**Wrestling: Head Coach David Wilkerson**

[wilkerd1@charlottesvilleschools.org](mailto:wilkerd1@charlottesvilleschools.org)

Wrestling Tryouts Start: Wednesday November 7, 2018

*Tryout / Practice Time: 4pm - 6pm. Meet at Wrestling Room near auxiliary gym.*