
CHS Coaches Meeting

10/19/2020

Takeaways

- Important dates
- Adjusted Schedules
- Adjusting expectations
 - Hydration
 - Practice Times / Locations / Frequency
 - Check in procedure
 - Communications
 - Transportation
 - Events

****Being accountable to the “New CHS / CCS”****

Plan for Return to In Person Athletic Activity

- October 26, 2020, The following Winter sports will be allowed to workout twice a week. (basketball, swim, indoor track)
 - November 9, 2020 Wrestling, Sideline Cheer and all "Out of season" athletes would have the opportunity to start training in workout sessions led twice a week by CHS Athletic training staff, "Covid 19 Certified" coaches, and by ADAPT (Contracted Professionals)
 - December 7th -December 12th "VHSL Out of Season Dead Period #1)
 - All COVID - 19 Guidelines and protocols previously submitted would apply.
 - All athletes must submit an up-to date VHSL physical to be allowed to participate at this time.
 - If they have not done so already, all athletes should complete the "2020-21 Online Athletic Registration" by clicking on the previous link or by visiting gocville.org and hovering over the "more" tab.
 - Locker rooms and at-risk areas will remain closed during this time for athletes, coaches and staff.
 - Coaches and staff facilitating workouts are expected to remain masked at all times.
 - More detailed plans and coach contacts will be released on gocville.org in the coming days.
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2020-2021

FINAL approved 7/30/2020

July 2020						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2020						
Su	M	Tu	W	Th	F	Sa
						1
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2020						
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2020						
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2020						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2020						
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

January 2021						
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					1	2
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

February 2021						
Su	M	Tu	W	Th	F	Sa
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March 2021						
Su	M	Tu	W	Th	F	Sa
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April 2021						
Su	M	Tu	W	Th	F	Sa
				1	2	3
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May 2021						
Su	M	Tu	W	Th	F	Sa
						1
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June 2021						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Religious/Cultural Observances

Eid al-Adha sunset 7/30 - nightfall 7/31
Rosh Hashanah sunset 9/18 - nightfall 9/20
Yom Kippur sunset 9/27 - nightfall 9/28
Diwali 11/14
Hanukkah sunset 12/10 - nightfall 12/18
Christmas 12/25
Kwanzaa 12/26 - 1/1
Chinese New Year 2/12
Ash Wednesday, 2/17
Passover sunset 3/27 - nightfall 4/3
Maunder Thursday, Good Friday, and Easter 4/1, 4/2, and 4/4
Ramadan sunset 4/12 - 5/12 and Eid at-Fitr sunset 5/12-5/13

Other Observances: Labor Day (9/7), Election Day (11/3), Veterans Day (11/11), Thanksgiving (11/26), Martin Luther King, Jr. Day (1/18), Presidents Day (2/15), Primary Election (3/2), Liberation and Freedom Day (3/3), Memorial Day (5/31), Juneteenth (6/19), Independence Day (7/4)

- 180 Student Days, 200 Teacher Days
- New Teachers: 3-Day Orientation
- Returning Teachers: 5 Paid Holidays:
- Pre-Service Window for Teachers: Aug 18 - Sept 4 (no students)
- Early Dismissal Distance/Virtual Learning Day with limited teacher availability in p.m.
Teacher workdays and professional learning days will be on Friday afternoons.
Family-teacher conferences will be held during the week of 10/30-11/6.
- Student Holiday
- End of 9-week Grading Period
 - Quarter 1 = 11/6 (44 days) Quarter 3 = 4/2 (45 days)
 - Quarter 2 = 1/29 (47 days) Quarter 4 = 6/11 (44 days)
- 9/8 - First School Day
- 6/10 - Tentative date for CHS Graduation, 7pm
- 6/11 - Last School Day (students dismissed early/workday in afternoon for teachers)
- Make-up days:** At the discretion of the School Board, snow days will be covered with banked time or made up in the case of excessive lost instructional time.

Official Start Dates & Season Duration

- **Season 1 (Winter) December 7 – February 20**
(First Contest Date – December 21)
 - Basketball, Indoor Track, Swimming and Diving, Wrestling
 - **Season 2 (Fall) February 4 – May 1**
(First Contest Date – March 1)
 - Competition Cheerleading, Cross Country, Field Hockey, Football, Golf, Volleyball
 - **Season 3 (Spring) April 12 – June 26**
(First Contest Date – April 26)
 - Baseball, Lacrosse, Soccer, Softball, Tennis, Track and field
 - **Academic Activities (December – June) *******
 - Theatre, Scholastic Bowl, Forensics, Debate, Robotics, Film Festival, Creative Writing, Publications Evaluation, and Multimedia Contest.
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2020-2021 Dead Periods

Season 1 (Winter Sports): 12/07 – 12/19

Season 2 (Fall Sports): 02/04 – 02/20

Season 3 (Spring Sports): 04/12 – 04/24



Virginia High School League FY 2021 Athletic/Academic Activity Calendar

Season 1 – Winter Sports

Activity	Number of Contests	MPR	First Practice	First Contest	Region Start	Region Deadline	VHSL Semi-Finals	VHSL Finals
Basketball	14	8	12/07	12/21	02/08	02/13	02/16	02/20
Indoor Track	6	8	12/14	12/28	02/01	02/06	NA	02/13*
Sideline Cheer	NA	20	12/07	01/06 ⁺	NA	NA	NA	NA
Swim & Dive	6	8	12/14	12/28	02/01	02/06	NA	02/13
Wrestling	8	8	12/14	12/28	02/01	02/13	NA	02/18-20

*Class 1 & 2 – Dates and venue TBD, Class 3 & 4 – Dates March 1&2 at Liberty University, Class 5 & 6 – Dates March 1 & 2 at Virginia Beach Sports Center

+ Sideline Cheer – Teams may begin cheering 12/21, but January 6 is the first day stunting is allowed

Season 2 – Fall Sports

Activity	Number of Contests	MPR	First Practice	First Contest	Region Start	Region Deadline	VHSL Semi-Finals	VHSL Finals
Competition Cheer	3	20	02/04	03/01	04/05	04/10	NA	04/17
Cross Country	6	8	02/15	03/01	04/12	04/17	NA	04/23-24
Field Hockey	10	8	02/15	03/01	04/12	04/17	04/20	04/22-24
Football	6	15	02/04	02/22	04/07	04/17	04/24	05/01
Golf	8	NA	02/15	03/01	04/12	04/15	NA	04/19
Volleyball	12	8	02/15	03/01	04/12	04/17	04/20	04/23-24

Season 3 – Spring Sports

Activity	Number of Contests	MPR	First Practice	First Contest	Region Start	Region Deadline	VHSL Semi-Finals	VHSL Finals
Baseball	12	8	04/12	04/26	06/14	06/19	06/22	06/26
Lacrosse	9	8	04/12	04/26	06/14	06/19	06/22	06/26
Soccer	10	8	04/12	04/26	06/14	06/19	06/22	06/26
Softball	12	8	04/12	04/26	06/14	06/19	06/22	06/26
Tennis	10	8	04/12	04/21	05/20	06/05	06/07	06/11-13
Track & Field	6	8	04/12	04/26	06/7	06/12	NA	06/18-19

Academic Activities

Activity	First Level Deadline	Next Level Deadline	VHSL Finals
Theatre (All Classes)	02/06	02/20	03/4-8
Scholastic Bowl	01/30	02/13	02/27
Forensics	02/20	03/06	03/27
Debate	03/27	04/10	04/23-24
Robotics	Submission Deadline 04/30		05/29
Film Festival	Submission Deadline 04/01		06/05
Creative Writing	Submission deadlines 03/15		
Publications Evaluation	Registration and Receipt of Broadcast, Magazines, Newsmagazines, and Newspapers 06/15 Registration and Receipt of Spring delivery Yearbooks: Registration and Book 06/15 Registration and Receipt of Fall Delivery Yearbooks: Registration 06/15; Book 09/30 Registration and Receipt of Online News 10/15		
Multi Media Contest	Submission deadline 06/15		

Takeaways

- Important dates
- Adjusted Schedules
- Adjusting expectations
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 - Check in procedure
 - Communications
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