

Hood River County School District

Extracurricular Participation Contract

This contract is a part of the online registration, please sign as you register.

As a requirement of participation in athletics and other extracurricular activities at HRCSD, the participant and the parent/guardian must read and sign this contract and return it to the athletic/activities office before participation begins. In addition, he/she must agree to and fulfill the following requirements. This contract extends to extracurricular activities associated under the OSAA, OISRA, and/or affiliate organizations. Student participation activities associated with classroom academic performance are exempt from this contract.

CONTRACT PROVISIONS

As your student becomes involved in extracurricular activities in Hood River County School District, they will be experiencing exposure to lifelong rewarding benefits. We hope that their experiences within the extracurricular programs in HRCSD are a long partnership of positive experiences. Welcome to our community!!

The Hood River County School District Extracurricular Participation Contract will be in effect 24 hours a day beginning from the First Day of the OSAA Fall Calendar Date until the last day of the school year, including Winter and Spring vacations. The Hood River County School District has adopted Standards for Student Conduct with regard to behavioral expectations for all our students. The Extracurricular Participation Contract addresses supplementary expectations and consequences for extracurricular activity participants, with regard to use, distribution, or possession of alcohol, prescribed medications, inhalants, performance enhancing drugs, Marijuana and its derivatives, controlled substances, E-Cigarettes, Vapor Pens or tobacco for extracurricular team and club members (herein referred to as "team"). A team member's conduct both on and off the field/court impacts his/her individual performance, the team's success, and the school's reputation. For these reasons, students involved in school-sanctioned extracurricular activities need to know that if they are found guilty of serious misconduct including but not limited to acts of violence, harassment, intimidation, vandalism, misdemeanor crimes, felony crimes, theft, arson, and other acts that may happen on or off school district property may be suspended from extracurricular participation. This may be in addition to other school imposed consequences. Prior to beginning practice, students and parents must sign this contract to acknowledge their understanding of these behavioral expectations and consequences. Violations will commence at the start of the participants next activity. It is a **PRIVILEGE** to be involved in Extracurricular activities, not a **RIGHT!**

STATE STANDARDS FOR ELIGIBILITY

Satisfactory Progress Toward Graduation: A student must be making satisfactory progress towards the school's graduation requirements by earning a minimum of the quantity of credits indicated on the chart below *prior to the start of the specified year*.

Minimum Satisfactory Progress Requirements	
	Number of Credits
Required Prior to Year 2	4.5
Required Prior to Year 3	11
Required Prior to Year 4	18.5
Credits to Graduate	26.5

HOOD RIVER COUNTY SCHOOL DISTRICT ACADEMIC EXPECTATIONS

All middle and high school-aged participants will be eligible to be on the team and practice based on the above state standards. However, to be eligible to participate in competitions, student-athletes will be required to have 5 classes in which they have a grade point average of 2.0 and no "F's." The athletic director/activities director will monitor grades on a weekly basis. Participants who are not meeting the standards will be ineligible to travel to, or participate in competitions, for the following week and will work on individualized plans for improving their academic performance for the following grade-check. In certain cases, the athletic/activities director may allow students to play who are below the district standard, but are showing satisfactory progress toward meeting these standards.

All Hood River Valley High School students who do not meet the academic standard will be placed on academic probation for the remainder of the quarter. The purpose of this process is to support and encourage students to maintain good academic standing at HRV.

1. Students will be required to complete weekly grade checks for every class.
2. Grade checks will be turned in to the Athletics/Activities Department on the last school day of the week.
 1. If the student is failing a class, the student will be suspended from participation the following Monday through Sunday.

1. Students may not travel or compete with the team during suspension.
 2. Students must attend practice sessions during the period of suspension.
- If the student is passing all classes, the student will regain eligibility for travel and competition the following Monday.
3. Students on academic probation will continue to complete weekly grade checks for the remainder of the quarter.

HRV PARTICIPATION REQUIREMENTS

OSAA and HRVHS Basic Eligibility Rules

1. Must not be older than 19 on August 15.
2. Must reside in the Hood River County School District or be on an inter-district transfer. All transfer students must check to see if they meet OSAA requirements for athletics.
3. Must have passed five HRVHS credit classes the previous semester. This does not apply to incoming Freshman for fall and winter sports.
4. Must be enrolled in, and currently passing, five HRVHS credit courses.
5. Participants may participate in only one HRVHS sport per season. A student who wishes to participate in multiple activities may appeal to the Athletic Director.

Additional Participation Requirements for All Secondary School Students

1. Participants must be registered at HRVHS, Wy'east Middle School or Hood River Middle School and be enrolled in 5 credit-bearing classes. Fees must be paid before participation in practice or games.
2. Unless PRE-EXCUSED for a valid reason, a participant must be in attendance for all of his or her scheduled classes in order to participate in athletic practices and games on that same day. If an absence from school is due to illness, the participant may not participate on the same day.

3. All participants must have a physical examination form on file in the Athletic Office. For middle school, physicals are required in the first year of participation and every two years afterward. In high school, physicals are required in the 9th and 11th grades. In the 10th and 12th grades, an annual history form must be completed and filed in the Athletic Office.
4. No participant may partake in the athletic program without insurance coverage. Participants who do not have a family medical insurance policy, must purchase a school insurance plan at the high school's main office.
5. The Extracurricular Participation Contract outlines behavioral expectations for all HRCSD participants. Both the participant and his/her parent are required to **READ AND SIGN** the

The necessary forms for Sports Sign-up are available for all middle and high school sports participation are on the athletic sign-up and info webpage and at both the HRV Athletic Office and Main Office. Please call the HRV Athletic Office at 541-386-2318 or email at michelle.jacobs@hoodriver.k12.or.us if you have questions.

INSURANCE: My signature on this document acknowledges responsibility for maintaining appropriate insurance and providing your school with current, accurate information in regard to personal insurance coverage. I understand that Hood River County School District will not pay any insurance claims for my child connected with his or her participation. You must be able to provide proof of insurance upon request.

FEES:

Middle School Participants must pay a fee of \$140/\$40 (free and reduced lunch) per sport, with \$300 annual maximum per child.

Middle School Fees are:

- 7th and 8th grade Football: \$140
- 6th, 7th and 8th Cross Country: \$100
- 7th and 8th Volleyball: \$140
- 7th and 8th Boys and Girls Basketball: \$140
- 6th, 7th and 8th Wrestling: \$140
- 6th, 7th and 8th Track and Field: \$100

RISK OF INJURY

I hereby give my consent for my student to participate in all Hood River Valley Athletic activities, including but not limited to: the school year and summer. I agree to assume all risks incidental to such participation (which risks may include, among other things, muscle injuries and broken bones). I further hereby release, covenant not to sue, and forever discharge Hood River County School District of and from all liabilities, claims, actions damages, costs or expenses of any nature arising out of or in any way connected with my student's participation in these programs, and further agree to indemnify and hold the Hood River County School District harmless from and against any and all such liabilities, claims, actions damages, costs or expenses. I understand that this release and indemnity includes any claims based on the negligence, action or inaction of any of Hood River County School District and covers bodily injury (including death), property damages, and loss by theft or otherwise, whether suffered by me or my student either before, during or after such participation.

MEDICAL TREATMENT: I recognize, understand, and accept that participation, in and of itself, carries an inherent risk of injury. Medical treatment may be necessary on an emergency basis and school personnel may be unable to contact me for my consent for emergency medical care. I do hereby consent in advance to such emergency care, including hospital care, for my child as may be deemed necessary under the circumstances existing at the time of the emergency.

TRANSPORTATION: My son/daughter has my permission to participate in activities approved by the Hood River County School District and may travel with the team/club using school district transportation to scheduled trips. Additionally, participants must return by using district transportation unless their parents assume responsibility for them, either by being present or through a note designating another adult to transport. Participants may not drive themselves to or from away competitions. Hood River County School District provides buses to and from off-site practice areas including Westside fields, Hood River Aquatic Center/Tennis Courts, Indian Creek Golf Course, and Hood River Country Club. If students do not choose to use the buses, parents are responsible for transporting or arranging transportation for their athlete.

EQUIPMENT: Participants are responsible for all school owned equipment issued to them. They will be held monetarily accountable for school equipment that is lost or damaged outside of the scope of participation. Future participation may be withheld if restitution is not made.

HAZING/BULLYING: Behavior of this type will NOT be tolerated by members of our activities programs and may result in suspension or dismissal from the team/club as well as additional consequences pursuant to HRCSD's *Standards of Student Conduct*. An individual or group who engage in humiliation, intimidation, pressure to perform

dangerous/harmful activities as a prerequisite to inclusion, excluding or singling out individuals in a negative manner, and/or engage in cyberbullying will be in violation.

GOOD CITIZEN OBLIGATION: Participants shall conduct themselves in a manner that reflects the high standards and ideals of their team or club, school, and community. Violations of conduct that are unbecoming of a team/club member will lead to disciplinary action up to and including suspension or removal from participation, as well as additional consequences pursuant to HRCSD's *Standards of Student Conduct*.

DRUGS, ALCOHOL, & TOBACCO: From the beginning of the first official practice through the completion of the season, participants in HRCSD /HRVHS athletics and activities programs commit to not use, possess, transmit, distribute, or be under the influence of controlled substances, Marijuana and its derivatives, performance enhancing drugs, drug paraphernalia, inhalants, alcohol, electronic smoking devices, or tobacco of any kind. Participants found in violation of this agreement, will be subject to the following:

- **FIRST OFFENSE:** Every reasonable effort will be made by the district athletic director/activities director to notify parent(s)/guardian(s) of the violation(s) and consequence(s). Extracurricular participant is suspended from participation for **25%** of the scheduled season contests. If less than 25% of the season remains at the time of the infraction, the participant will be removed from competition for the remainder of the season. The individual will need to complete a drug and alcohol assessment at the family's expense and follow its recommendations before returning to competition. The participant must continue practicing, will not be allowed to travel with the team to out of town contests, and will not be permitted to dress down for competitions. They may remain on the sideline/bench/audience. If the participant quits during this time period, the conditions will still apply to the next activity.
- **SECOND OFFENSE:** Every reasonable effort will be made by the district athletic director/activities director to notify parent(s)/guardian(s) of the violation(s) and consequence(s). Extracurricular participant is suspended from participation for the remainder of the season. If less than 25% of the season remains, the participant will be suspended for the remainder of the season AND will be suspended for 25% of the next participating activity. The participant must complete a drug and alcohol assessment at the family's expense, follow its recommendations, and enroll in a substance abuse program at the expense of the participant. The participant must continue practicing, will not be allowed to travel with the team to out of town contests, and will not be permitted to dress down for competitions. They may remain on the sideline/bench/audience. If the participant quits during ~~the~~ this time period, the conditions will still apply to the next activity.

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- **THIRD OFFENSE:** Every reasonable effort will be made by the district athletic director/activities director to notify parent(s)/guardian(s) of the violation(s) and consequence(s). The extracurricular participant will be suspended from extracurricular activities for **365 days from the date of the 3rd incident.**

SELF IDENTIFICATION: If an Extracurricular participant notifies the athletic director/activities director of an addiction/problem, that participant may not be found in violation of this policy. The reporting must be independent and in advance of an investigation. The athletic director/activities director will follow the SELF IDENTIFICATION PROCESS to help the participant with an addiction/problem. At that point, the participant is still governed by the Extracurricular Participation Contract as well as the Hood River County School District “Standards of Student Conduct.”

Self Identification Process: The participant will participate in a substance abuse assessment at the family’s expense and follow its recommendations. The participant will enroll in counseling and/or mental health treatment. The assessment and program must be approved by the athletic director/activities director. To continue eligibility, the participant must agree to participate in a zero tolerance drug testing program at the athletic director’s/activities director’s discretion. The required costs are the responsibility of the participant and parent/guardian.

APPEAL PROCESS: The participant shall have the right to an appeal with the appeal committee to review the sanction imposed and to hear the charge(s) leading to disciplinary action. The district athletic director/activities director shall notify the participants parents(s) or guardian(s) of the findings of the review.

The participant may appeal a decision under the following conditions:

- An appeal must be submitted in writing and signed by both the participant and the parent(s)/guardian(s).
- The request must contain specific reasons for the appeal.
- The written appeal must be submitted no later than 3 business days after the violation.
- The committee will consist of a building administrator, district athletic director/activities director, and an adult of the participant's choosing.
- The committee shall give the participant and parent(s)/guardian(s) opportunity to present the appeal.

- The appeal meeting shall take place as soon as possible after the written appeal has been submitted.
- The district athletic director/activities director shall inform the parent(s) or guardian(s) the decisions concerning the violation of the Extracurricular Participation Contract within 3 business days of the appeal hearing.
- Please refer to the Hood River County School District “Standards of Student Conduct” for the appeal process to the Superintendent of Schools.
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My signature below acknowledges:

- I have read and agree to the terms of this contract.
- The information provided by the family in this document is true.

*All conditions of the Extracurricular Participation Contract apply to the participant, even if he/she is 18 years old

*Coaches/advisors may supplement code of conduct with additional Participation/training obligations specific to their program