



HRV FOOTBALL



Helmet Night 2018

Communication:

- a. hrvathletics.com
 - i. "Sign up to receive team alerts..."
 - ii. Choose the teams that you want alerts from.
- b. Calendar is located on football page. (hrvathletics.com-football-more-football calendar).
- c. Recreating an email group. **Please leave (send) your contact info, or email me your contact.**

Football Events Approaching:

1. "Spring Football" (sign-ups through community ED \$30).

- a. Our chance to get a few team pre-season practices in.
- b. Get prepared for a full contact team camp.
- c. Dates on calendar (cost is for all summer events June/July/BlueGold Camp).

2. Linfield Team Camp.

- A. June 17-20 (frosh-Seniors).
- B. Registration/Deposit **due May 16** (on Linfield's website).

<https://linfieldsummercamps.weebly.com/player-registration-form-hood-river-valley.html>

C. Extremely important to our team building, fundamental/skill improvement, scheme implementation, and to get game experience.

- D. Football's chance to get "games" in outside of our season.
- E. Please don't let cost be an obstacle (See fundraising for football).

3. Fundraising for football related expenses.

- A. Sell hole sponsorship for our Hall of Fame Golf Tournament in September.
- B. If going to camp, a sponsorship will be \$200 towards camp cost.
- C. For all other expenses, and any other sponsorship sales, an athlete can sell sponsorships that will earn \$100 towards the athlete's "account" (football related costs).

** Would you like to sponsor/hire an athlete to attend camp?

4. Buying apparel: We wear black shoes (with minor gray/white accents), solid navy/black sleeves/leggings, and Navy, black, or gray gloves. Solid white may be worn for road games. Game

socks will be part of “spirit pack” when athletes are registered for summer activities through Community Ed.

5. Helmet/Shoulder pad purchase/lease.

A. Inventory, quality?

B. Lease program has been huge for our program, as we have to fundraise for everything we need, by allowing Football to spend money in other areas.

C. This is a contract between Armorzone and the Athlete’s parent (purchaser).

B. If going to camp, need order by next Wednesday, April 25.

C. Can use football fundraiser for lease of a helmet.

Order at: Armorzone.com

6. Continue to communicate the **importance of academics and citizenship** with your athletes.

2018 Summary of Dates.

June 9 or 10: – Senior Breakaway. Place/Time TBA.

May 30, June 4, 6, 11, 12, 13, 14 – Spring Football (Linfield Prep).

June 17-20 – Linfield Team Camp.

June 21 -July 1 – NO FOOTBALL PLANNED.

July 2, 5, 9, 11, 12, 16, 18, 19 (M/W/TH) – ***Strength, Speed, Conditioning, Skills.***

Times posted on football calendar.

HRVHS Gym/Practice Field. Every Thursday is 7 on 7 nights vs. other Gorge teams.

July 22 – July 28 – NO FOOTBALL or CONTACT per OSAA rules.

July 30-August 2 – Strength, Speed, Conditioning, Skills.

August 6-10 – Blue/Gold Camp (***first week of practice for grades 9-12***).

August 13-17 – ***“Daily Doubles”*** grades 9-12. Times posted on hrvathletics.com.

** All games will be posted on hrvathletics.com once they are set.

** To participate in “spring football”, Summer Conditioning, 7 on 7, and “blue/gold camp” athletes must register through Community Education. The cost is \$30 that goes towards the purchase of team issued shorts, shirt, and game socks. We have changed this sign-up so that it covers ALL summer football activities.

T.A.P.E

Team * Attitude * Perseverance * Effort