

# Simley High School



## Player/Parent Handbook 2018-19

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# **Welcome to the Simley High School Extracurricular Activities Program!**

Simley High School administers a comprehensive student activities program. Student participation in a variety of activities is strongly encouraged.

The purpose of this booklet is to provide information about the activities policies and procedures followed in our programs.

Each participant in an extracurricular activity must accept the responsibility of representing Simley High School in the best possible way personally, academically, and with good sportsmanship. Each student is given an opportunity, if eligible, to try out for any group, team, or squad. Continued participation depends upon the coach's or advisor's perception of the individual's attitude toward the rules and regulations governing participation. Frequent displays of an uncooperative attitude, including unexcused absences from classes, practices, meets and contests, or displays of unsportsmanlike conduct may result in removal from the group, team, or squad. All rules and regulations of the Minnesota State High School League (MSHSL) concerning academic eligibility, code of conduct, and prohibitive use of drugs, alcohol, or tobacco are followed and enforced.

## **Inver Grove Heights Community Schools Mission Statement**

The mission of the Inver Grove Heights Community Schools is to provide a challenging education through which all learners achieve success in a diverse society. This will be accomplished through:

- safe and caring environments; a strong and stimulating curriculum; high academic standards; respect, honesty and accountability in all relationships; effective and innovative teaching; open communication and partnerships with families and community; and facilities that support and enhance learning.

### **Education Based Athletics**

Education based athletics are often the fabric that endears a student, a family and a community to the school. As an essential arm of education, athletic programs have not served to divert attention from student learning, but serve as an extension of the classroom. To elevate the academic curriculum and classroom schedule is a primary support of interscholastic programs. High school programs must focus on development of the total student from a base of student centeredness, and consistently be compatible with the academic mission of the school. Education based athletic programs must have student learning, personal growth and total welfare at its core. This philosophy drives the program in all offerings, safety mechanisms, and decisions. An outstanding teaching laboratory exists in sport and education based athletics provide the proper atmosphere for the student-athlete to become immersed and flourish, committed to cooperative goals larger than them as individuals.

School sports are inherently educational (Pedersen, Parks, Quarterman & Thibault, 2011) and promote through participation, qualities that cannot be taught via the formal curriculum. Life responses are taught through education based athletics that cannot be quantified on a written test. A floor burn earned diving for the ball, or a blister acquired from an uneven bar routine can be as indicative of success in adulthood as standardized test scores. Sport resembles life in a microcosm and the athletic fields, pools, tracks, courses and courts of our nation schools are inspirational classrooms. Sports involve working together to overcome difficult individual or group challenges, and perseverance, accepting defeat graciously, learning to sacrifice for others and to cooperatively pursue victory; these are life lesson benefits of education based athletics.

## **Inver Grove Heights Community Schools Activities Mission Statement**

The Mission of Inver Grove Heights Community Schools Extracurricular Program is to strive for continuous improvement in the areas of citizenship, sportsmanship, academics, fine arts and athletic skills. We will encourage working partnerships among students, staff, and communities, to develop a student's self-esteem, life-long learning skills, ethical conduct, and respect for diversity. We will provide a variety of quality activities which enhance a student's ability to compete, perform, cooperate, and enjoy a more fulfilling life.

### **Belief Statements**

**We believe:**

- Participation in school activities is a privilege and not a right.
- All students will have an equal opportunity to participate in all activities offered by our schools.
- All participants in activities will be treated with dignity, respect, and fairness in a safe, encouraging and supportive environment.
- Student activities will provide diverse and continuous learning opportunities which challenge students to reach their full potential.
- Student activities are most beneficial as partnerships among students, families, staff, and communities.
- Standards of excellence and compliance with rules apply to all participants, coaches, advisors, parents/guardians, and spectators.
- All competitive teams will strive for excellence that produces competition within the bounds of good sportsmanship and academic scholarship.
- The success of a team is more important than individual honors.
- Student activities will be provided with staffing, equipment, facilities, and resources that will allow for safe participation.
- Student activities will be continuously evaluated and improved through feedback from participants, parents/guardians, coaches, advisors, and the community.

## "CREATING A HEALTHY SPORT ENVIRONMENT"

Good sportsmanship is the attitude and behavior that exemplifies positive support for the interscholastic athletic and activity programs of the Minnesota State High School League's member schools, as well as for the individuals who participate. People involved in all facets of interscholastic athletic and activity programs are expected to demonstrate respect for others, elevate the standards of sportsmanship and encourage the growth of responsible citizenship among students, spectators, member schools and their personnel.

Good sportsmanship is not merely a campaign - it is the essence of what educational athletics and activities are about. Let all of us who have the opportunity promote the ideals of sportsmanship, so that today's students and tomorrow's citizens may build a better society. **SPORTSMANSHIP IS EVERYONE'S RESPONSIBILITY!**

### **NOTE TO PARENTS/GUARDIANS**

Welcome to Simley High School activities. Your student has indicated a desire to participate in extracurricular activities, and you have expressed your willingness to permit him/her to compete. We believe that participation in extra-curricular activities provides a wealth of opportunities and experiences that promote personal growth. We are concerned with the educational development of our male and female participants and believe that a well-organized and properly administered activities program can meet student needs for self-expression, social, emotional, and physical growth. It is our aim to administer a program that is sound in purpose.

Participation in high school activities requires students to discipline their minds and bodies for rigorous competition. We want our participants to make a commitment to excellence. High school activities come and go quickly, but the impact they have are everlasting. We hope we can form a partnership that will help our participants achieve both individual and team goals.

### **NOTE TO PARTICIPANTS**

Good luck and best wishes for a successful career at SHS. When representing Simley High School as an individual or a member of a team or group, you are responsible for your actions. We challenge you to continue to work hard and improve on the traditions of SHS.

1. Work/Play Hard – You owe it to yourself to get the most from your high school experiences. The most important is to broaden and develop strength of character. Your academic studies and your participation in extracurricular activities will prepare you well for life as an adult.
2. Represent your school and family well –You assume a leadership role when you are part of a team or group. The student body, the community and other communities judge our school by our conduct and attitudes. Because of this leadership role, you can contribute greatly to school spirit and community pride.
3. Be a positive team member – You can impact the attitudes on your team. Be a positive leader whether in the contest or on the bench. Learning positive ways to deal with adversity will help you in your future.

*“Consider for a moment what we achieve from activities ...the sheer fun of playing, the building of a healthy and alert mind, stamina, courage, unselfishness and most importantly, perhaps, the will to win.” Robert Kennedy*

## **METRO EAST CONFERENCE**

It is the function and purpose of the Metro East Conference to provide member schools with educational opportunities for students through interscholastic athletic, academic and fine arts programs, and to establish uniform and equitable rules and policies that allow for equity, fair play and honorable competition. The member schools recognize the benefits that can accrue from healthy competition, but seek to prevent harm that can result when competition is overemphasized. They afford all students abundant opportunities to engage in interscholastic activities of the broadest possible kind without discrimination. They make competitive activities safe by insuring that high standards of competence, coaching and fairness are maintained. The Conference will promote activities that enhance these goals and increase respect, trust, and understanding of all members for each other.

Member schools are: Hastings (200), Henry Sibley (197), Hill-Murray (Pvt.), Mahtomedi (832), North St. Paul (622), Simley (199), South St. Paul (6), St. Thomas (Pvt.), Tartan (622).

## **MINNESOTA STATE HIGH SCHOOL LEAGUE STUDENT CODE OF RESPONSIBILITIES**

As a student participating in my school's interscholastic activities, I understand and accept the following responsibilities:

- I will respect the rights of others and will treat others with courtesy and consideration.
- I will be fully responsible for my own actions and the consequences of my own actions.
- I will respect the property of others.
- I will respect and obey the rules of my school and the laws of my community, state and country.
- I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state and country.

## **GOVERNING VALUES OF THE MINNESOTA STATE HIGH SCHOOL LEAGUE**

- Equity, fairness, and justice
- Activities which support the academic mission of schools
- Fair play and honorable competition
- Activities which support healthy lifestyles
- Treating people with dignity and respect

## **ELIGIBILITY INFORMATION**

**To participate in the high school athletic/activities program, a student must pay the appropriate fee and have on file in the high school activities office the following:**

- Minnesota State High School League Eligibility forms
- ISD 199 Activities form
- Physical on file within the last three years

**The above forms are to be turned in once each year. However, students need to register with the activities secretary every sport/activity season.**

The MSHSL and ISD 199 forms are promises to yourself, your teammates, your coaches/advisors, your school and your parents/guardians that you will abide by the rules. **Your signature tells us that you agree.** Please read the form carefully with your parents. Use of alcohol, tobacco, and mood altering chemicals are covered by the MSHSL eligibility form as well as rules about conduct, harassment, and participation. **All MSHSL rules are enforced year-round.**

## **ACTIVITY FEES**

Activity fees will be charged for students participating in activity programs sponsored by School District 199. It is the intent of this school district to offer all students an opportunity to participate in activities regardless of their ability to pay. Requests for reduced or waived fees should be made to Will Short, Activities Director.

1. Any middle school student participating in a high school activity will pay the high school fee.
2. Fees may be waived in cases of undue hardship. The district activities director will determine hardship in each case and process all waiver requests.
3. Weight room fee of \$100.00 for summer weight training.
4. Maximum Fees: \$290.00 per individual student per school year; two family members grades 7-12 maximum of \$400.00; three or more family members grades 7-12 maximum \$500.00.
5. The fee must be paid prior to participation in a practice or a contest.
6. Fees are paid through Feepay or in the Activities office.
7. Refunds will be made prior to the time of the first contest or public appearance under the following conditions: when injury or illness prevents continuation; when a student transfers out of the school district; when a student is cut from the squad by the coach; when a student, with parent/guardian approval, withdraws from the activity.
8. Refunds will not be made to students becoming ineligible or who quit the activity.
9. Students who are members of high school athletic teams and pay the high school fees will be given a student pass for all home athletic events, with the exception of hockey, for the season in which they have paid a user fee. (Section, Region and State Tournaments are not included.)

## **PERMISSION TO PARTICIPATE**

After all forms, physical information, and fees are turned into the activities office, the athlete will be placed on the master eligibility list which will be given to the coach. Athletes are not allowed to begin a season until they have been placed on the master eligibility list.

## 2018-2019 Activity Fees

<b>Simley High School</b>	<b>Inver Grove Heights Middle School</b>
Fall	Fall
<ul style="list-style-type: none"> <li>• Cross Country - Coed (Gr. 7-12) - \$130</li> </ul>	<ul style="list-style-type: none"> <li>• Football (Gr. 7–8) - \$80</li> </ul>
<ul style="list-style-type: none"> <li>• Football (Gr. 9–12) - \$160</li> </ul>	<ul style="list-style-type: none"> <li>• Soccer - Boys/Girls (Gr. 7–8) - \$80</li> </ul>
<ul style="list-style-type: none"> <li>• Soccer (Gr.9–12) - \$130</li> </ul>	<ul style="list-style-type: none"> <li>• Swimming - Girls (Gr. 6–8) - \$80</li> </ul>
<ul style="list-style-type: none"> <li>• Swimming - Girls (Gr. 7–12) - \$130</li> </ul>	<ul style="list-style-type: none"> <li>• Tennis - Girls (Gr. 6–8) - \$80</li> </ul>
<ul style="list-style-type: none"> <li>• Tennis - Girls (Gr. 9–12) - \$130</li> </ul>	<ul style="list-style-type: none"> <li>• Volleyball (Gr. 7–8) - \$80</li> </ul>
<ul style="list-style-type: none"> <li>• Volleyball (Gr. 9–12) - \$130</li> </ul>	<ul style="list-style-type: none"> <li>• Performance Dance Club - Fall (Gr. 7-12) - \$70</li> </ul>
<ul style="list-style-type: none"> <li>• Performance Dance Club (Gr. 7-12) - \$70</li> </ul>	
Winter	Winter
<ul style="list-style-type: none"> <li>• Basketball - Boys/Girls (Gr. 9–12) - \$130</li> </ul>	<ul style="list-style-type: none"> <li>• Basketball (Gr. 7–8) - \$80</li> </ul>
<ul style="list-style-type: none"> <li>• Nordic Skiing - Boys/Girls (7–12) - \$130</li> </ul>	<ul style="list-style-type: none"> <li>• Wrestling (Gr. 6–8) - \$80</li> </ul>
<ul style="list-style-type: none"> <li>• Gymnastics (Gr. 7–12) - \$130</li> </ul>	<ul style="list-style-type: none"> <li>• Dance Team (Gr. 9 and under) - \$80</li> </ul>
<ul style="list-style-type: none"> <li>• Hockey (Gr. 9–12) - \$160</li> </ul>	Spring
<ul style="list-style-type: none"> <li>• Swimming - Boys (Gr. 7–12) - \$130</li> </ul>	<ul style="list-style-type: none"> <li>• Track &amp; Field (Gr. 6–8) - \$80</li> </ul>
<ul style="list-style-type: none"> <li>• Wrestling (Gr. 9–12) - \$130</li> </ul>	<ul style="list-style-type: none"> <li>• Baseball (Gr. 7–8) - \$80</li> </ul>
<ul style="list-style-type: none"> <li>• Dance Team (Gr. 9-12) - \$130</li> </ul>	<ul style="list-style-type: none"> <li>• Softball (Gr. 7–8) - \$80</li> </ul>
Spring	
<ul style="list-style-type: none"> <li>• Baseball (Gr. 9–12) - \$130</li> </ul>	
<ul style="list-style-type: none"> <li>• Golf - Boys/Girls (Gr. 7–12) - \$130</li> </ul>	<b>Maximum Fees per Family (per school year)</b>
<ul style="list-style-type: none"> <li>• Softball (Gr. 9–12) - \$130</li> </ul>	<ul style="list-style-type: none"> <li>• One student - \$290</li> </ul>
<ul style="list-style-type: none"> <li>• Tennis - Boys (Gr. 7–12) - \$130</li> </ul>	<ul style="list-style-type: none"> <li>• Two students - \$400</li> </ul>
<ul style="list-style-type: none"> <li>• Track &amp; Field - Boys/Girls (Gr. 9–12) - \$130</li> </ul>	<ul style="list-style-type: none"> <li>• Three or more students - \$500</li> </ul>
<ul style="list-style-type: none"> <li>• Boys Lacrosse (9-12) - \$160</li> </ul>	
Activities	
<ul style="list-style-type: none"> <li>• Speech - \$70</li> </ul>	<ul style="list-style-type: none"> <li>• Adapted Soccer, Floor Hockey, Softball, Bowling-\$70</li> </ul>
<ul style="list-style-type: none"> <li>• Jazz Ensemble - \$85</li> </ul>	<ul style="list-style-type: none"> <li>• Weight Training- \$100</li> </ul>
<ul style="list-style-type: none"> <li>• Marching Band &amp; Colorguard- \$130</li> </ul>	

## **ACADEMIC ELIGIBILITY**

Extra-curricular activities are an important part of the school experience for many students. ECA's provide students with opportunities to display their physical skills, musical skills, and knowledge at contests and performances conducted in public while representing themselves, their school, and their community. Research indicates that participation in activities teaches leadership, self-discipline, decision-making, responsibility, and enhanced academic performance.

Although activities are a positive part of the total school program, the basic core and purpose of the school is the academic curriculum. The minimum requirements of the high school's academic curriculum are expressed through the graduation requirements. The purpose of this policy is to ensure that all participants in activities are successfully progressing toward graduation. Consequently, any time an activities participant is not progressing toward graduation, as defined by the provisions below, he/she shall be placed on academic probation. For the purposes of this policy, an activity shall be defined as any voluntary and non-graded school-sponsored activity.

As freshman, all ECA participants must earn a minimum of 5 or six credits (note schedule below) in any trimester and 18 credits during the year. In grades 10-12 all ECA participants must earn a minimum of 4 or 5 credits (note schedule below) in any given trimester and 16 credits in each academic year (defined as September - August). No more than 2 of these credits may be earned during the summer of each academic year. Any participant who does not meet these requirements shall be placed on academic probation until he/she is back on track toward meeting minimum graduation requirements. The conditions of each trimester of probation shall include earning a minimum of 5 credits, maintaining a "D" average of 3.0 GPA on a 12 point scale, and meeting the conditions of their prescriptive learning program. Failure to meet any of the requirements of probation will result in the student being declared ineligible to participate in ECAs. The student will remain ineligible until he/she meets the requirements of probation for one trimester.

Students who are placed on probation must follow a prescriptive learning program. The program will be developed by the appropriate counselor, coach or advisor, parent(s), and student. The plan may include, but is not limited to, all or part of the following resources:

1. NHS Tutors
2. Teacher Contact
3. Home Study Time
4. Scheduled Study Time
5. Progress Reports
6. Chemical or psychological counseling
7. Other Monitoring

A student who does not follow his/her plan will be declared ineligible at mid-trimester.

The eligibility of special education students will be determined through the development of student IEP's.

Transfer students are academically eligible if they were eligible at their previous school and meet the minimum requirements of MSHSL. All transfer students must meet with the activities director prior to participating in any MSHSL activity.

In the event of extenuating or unusual circumstances, a student or parent/legal guardian may request a review of the situation. All such appeals shall be heard by the high school counselor, activities director, and high school principal.



The following table of accumulated credits will be used to determine if a student is progressing toward graduation:

### ACADEMIC PROGRESS CHART

Year	Fall	Winter	Spring	Summer
Grade 9	5	10	16	18
Grade 10	22	27	32	34
Grade 11	38	43	48	50
Grade 12	54	59	64	66

### SIMLEY HIGH SCHOOL SOCIAL MEDIA POLICY & GUIDELINES FOR STUDENT-ATHLETES

Playing and competing for the Spartans is a privilege. Student-athletes at Simley are held in the highest regard and are seen as role models in the community. As leaders you have the responsibility to portray your team, your school and yourselves in a positive manner at all times. Sometimes this means doing things that are an inconvenience to you, but benefit the whole team. Facebook, Twitter and other social media sites have increased in popularity globally. Student-athletes should be aware that third parties including the media, faculty, future employers and school officials could easily access your profiles and view all personal information. This includes all pictures, videos, comments and posters. Inappropriate material found by third parties affects the perception of the student-athlete, the athletic department and the school. This can also be detrimental to a student-athlete's future employment options, whether in academics, athletics or in other industries.

### MSHSL Chemical Violation

A. Rule A – Use of alcohol beverages and/or tobacco, or use or possession of drugs, narcotics or hallucinating agents by athletic program participants is prohibited.

#### B. Penalties

1. First Offense – Penalty same as MSHSL, with the addition that the student athlete will be referred to the school pre-assessment team.
2. Second Offense - Penalty same as the MSHSL, with the addition that the student athlete will be referred to the school pre-assessment team.
3. Third and Subsequent Offenses - Penalty same as the MSHSL, with the addition that the student athlete will be referred to the school pre-assessment team.

\*C. Rule B – Remaining at the scene after discovering illegal mood altering chemicals are being used will result in counseling and immediate suspension by the **athletic director**. 1 interscholastic contest for the first violation, 2 interscholastic contests for the second and subsequent violations: (Note: Not considered a MSHSL violation of Rule A above). **If a student wants to appeal the determination of the athletic director they should immediately appeal to the principal.**

### Additional District 199 Policy for Chemical Violations

After confirmation of a Chemical violation during a season in which the student is a participant, the student will not be eligible for awards voted on by the team or selected by the coaching staff. School sponsored awards include but are not limited to: Athena Award, Apollo Award, Excel Award, Athlete of the Year and Scholar Athlete. Students may be considered for non-school sponsored awards which are beyond the control of the school. Examples include: All-Metro, All-State and All-Star teams. Students who receive a chemical violation will not be allowed to be a captain for one year from the violation date.

## **ACTIVITIES WEBSITE**

Information about upcoming events is available on our ACTIVITIES WEBSITE. This can be accessed from our district home page, [www.simleyathletics.com](http://www.simleyathletics.com) You can also view information about other Metro East Conference schools at [www.metroeastconference.org](http://www.metroeastconference.org) Information about Minnesota State High School League activities is available on the Minnesota State High School League website at [www.mshsl.org](http://www.mshsl.org) .

## **ADMISSION TO EVENTS AND EVENT PASSES**

During the fall and winter sports seasons, admission to Simley High School athletic events is \$6.00 for adults and \$4.00 for students. Prices are set by the Metro East Conference and apply to all of our regular season events. There is no charge for attending spring athletic events, except Lacrosse. Participants in activities will receive an event pass for their season of participation. The passes are good for all Simley home fall and winter events except hockey. Contact Kim Madigan at 651-306-7001 for more information.

*Ticket prices for Section and State events are set by the Minnesota State High School League. Section and State events require paid admission—passes are not accepted.*

## **ATTENDANCE**

A student is not permitted to participate in an interscholastic event if s/he is not in attendance at school throughout the day of the event. This includes practices/rehearsals. Students should be in attendance in all seven periods if they are to participate after school. Pre-arranged appointments and school related activities that occur during the day are exceptions and will not have a negative impact on student participation. When a student is suspended from school, s/he is not allowed in school or at school-sponsored activities.

Because all coaches do not have access to attendance information before each interscholastic event, the responsibility for obeying this regulation at the time of each event rests solely with the student. If a student does participate in an interscholastic event on a day during which that student was absent from school without having received an excused absence, the student shall be suspended from participation in the next interscholastic event in which the student would be a participant.

## **CHAIN OF COMMUNICATION**

Coaches will hold pre-season meetings with players and parents/guardians to discuss team rules and policies. It is recommended that parents and athletes attend the meeting together.

In order to allow an expression of the differences that may occur in our activities program, please use this recommended line of communication.

No issue between a parent, student, official, or coach/advisor should be addressed during or immediately following an event. Most issues are better resolved with an appropriate cooling-down period. It is appropriate to contact a coach/advisor the day after an issue arises.

To discuss an issue, please call or e-mail the coach/advisor and arrange a time for this discussion.

The following steps should be taken in order to resolve conflicts:

- First of all, the student and the coach/advisor should meet and strive to resolve the matter. We believe that the people closest to the situation should work directly together for a resolution.
- Secondly, the coach/advisor and parents/guardians should discuss the issue and work together for a resolution. This discussion can be initiated by the student, the parent, or the coach/advisor, but does not have to involve all three parties. The discussion may be initiated via e-mail. However, the discussion itself should take place in person or on the phone.
- If any of the parties (coach, student, or parents) still feel that the issue is not resolved, a meeting between the parents, the coach, and the activities director may be called by any party. The student may or may not be present.
- It is not appropriate to contact the activities director until the student and the parent/guardian(s) have tried to resolve the issue with the coach/advisor. Exception: a complaint involving potential illegal, immoral, or unethical behavior.

### Appropriate Concerns to Discuss With Coaches

- The treatment of your child mentally and physically
- Ways to help your child improve
- Concerns about your child's behavior

As a parent it may be very difficult to accept your child's playing time. Coaches are professionals. They make judgment decisions based upon what they believe to be the best for all the students involved. As you have seen from the list above, certain things can and should be discussed with your child's coach. Other things, such as those listed below, must be left to the discretion of the coach.

### Issues Not Appropriate to Discuss With The Coach

- Playing Time
- Team Strategy
- Play calling
- Other student athletes

## **COLLEGE RECRUITING**

If you are planning to participate in college athletics at a Division I or Division II school, you must be certified by the NCAA Initial Eligibility Clearing House. Eligibility requirements can be found at [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net).

## **EQUIPMENT**

School equipment and uniforms checked out by students are their responsibility. Students are expected to keep equipment and uniforms clean and in good condition. All equipment and uniforms must be turned in at the end of the season. Students will be held financially accountable for lost or damaged equipment and uniforms.

## **INJURIES**

Inform your coach/advisor of any type of injury immediately. There is a trainer on duty after school each day in our training room to help evaluate injuries. *Participants who are held out of competition based on a doctor's recommendation must provide written permission from a doctor to return to active participation.* **NOTE: When a trainer is not available, the training duties are handled by the coaching staff.**

## **LETTERING**

The head coach/advisor of each sport/activity is responsible for determining the lettering criteria. The coach/advisor will provide lettering criteria to each participant.

## **PRACTICES**

Coaches/advisors place a high priority on practices/rehearsals. If a participant needs to miss a practice/rehearsal, s/he should contact the coach/advisor directly and work out details and consequences.

## **SENIOR SPARTAN AWARD**

The Senior Spartan Award will be given only to seniors who have participated in three activities for four years and completed every season in good standing.

*Fall:* Football, Dance, Soccer, Swimming, Tennis, Cross Country, Marching Band & Colorguard, Fall Play, Volleyball, Adapted Soccer

*Winter:* One Acts, Nordic Ski, Basketball, Hockey, Wrestling, Gymnastics, Dance Team, Swimming, Adaptive Floor Hockey

*Spring:* Baseball, Golf, Softball, Tennis, Speech, Track, Spring Musical, Adapted Bowling, Lacrosse

*Activities:* Math Team, Knowledge/Quiz Bowl, Robotics, Destination Imagination

## **TEAM CAPTAIN POLICY**

The role of captain is an important leadership position for all teams. Any student who violates MSHSL rules resulting in a suspension of two or more games/weeks, is not eligible to be captain for one calendar year from the date of the violation. A student must be eligible to be a captain at the beginning of a sports season to be named captain. A student who receives two or more MSHSL violations during his/her high school career is not eligible to be a team captain.

## **TRANSPORTATON**

A student must ride to and from the contest on transportation provided by the school. A parent or guardian wishing to provide transportation must provide a note to the coach or activities office prior to the event. Students are not allowed to drive themselves to contests, or ride with friends or other parents. In the event of unusual or exceptional circumstances, the activities director and/or designee will make the final decision regarding transportation. Bus rules are the same as riding the bus to and from school. All safety and conduct rules apply.

Thank you for your participation in and support of Simley Athletics and Activities!