

Athletic Training Program:
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Winter Park High School

Instructions for Completing Sports Participation Physical

Allow 2 school days for your eligibility to be processed
Same day clearance is not possible

Paperwork will not be accepted if there is any missing information and/or signatures. The 2 school day processing starts after a COMPLETED physical packet is submitted. Coaches will be given EMT cards/clearance from Athletic Trainers.

Physicals are good for one calendar year. If the date of your physical exam expires during your sport's season, you will not be allowed to participate until a new physical is received. A violation of this may cause the team to forfeit contests and/or be fined by the FHSAA.

We *STRONGLY* recommend attending school physicals at the end of May.
This allows you to have the most up to date forms and be cleared for summer conditioning plus the entire next school year.

OCPS Annual Sports Activity Participation

Complete top of page 1 and bottom of page 2 – Parent Signature

OCPS Off-Season Sports Activities

Select your insurance coverage and complete the bottom – Parent Signature

FHSAA Consent and Release from Liability Certification (Form EL3 – Revised 3/19)

Fill in School and District on top of all forms: Winter Park High School / Orange

Page 1, Part 2: Only list sports you **DO NOT ALLOW** athlete participation

Complete bottom of all forms with Student and Parent signatures

FHSAA Preparticipation Physical Evaluation (Form EL2 – Revised 3/16)

Page 1: Complete Part 1 & 2. Parent and Student signature at bottom.

Page 2: Completed by a Physician

PHYSICAL MUST BE ON THIS FHSAA FORM ONLY – Other forms will not be accepted

If the Physician does not stamp the physical in the box, print the Physician's name and phone number at the bottom. Make sure the physical date is listed.

Emergency Medical Treatment Cards (One EMT card per sport)

Parents complete & sign all information on one side of the card (English or Spanish). If you play 3 sports, you need 3 EMT cards. WRITE SPORT ON TOP RIGHT CORNER OF EMT CARD. If a sport is not listed we will not know which Coach to notify of athlete clearance.