

2004 – 2005 Accomplishments

4th – FHSAA Floyd E. Lay Sunshine Cup All Sports Award for Class 6A

2nd – Orlando Sentinel Varsity Cup Award

1st – Bob Berry – Metro All Sports Award

Summary

10 Metro Championships
6 District Championships
3 Region Championships
4 State Championships
2 State Runner Up
Top 10 Finish in State – 11 teams
Cheerleading – 5th in the Nation
Boys Crew – National Champion

Team

Baseball	Record 16 – 10	2 nd in Metro, 3 rd in District.
Basketball – Boys	Record 17 – 11	6 th in Metro, District Runner-Up, 5 th in Region.
Basketball – Girls	Record 22 – 9	3 rd in Metro, District Runner-Up, Region Runner-Up, 5 th in State
Bowling – Boys	Record 6 – 8	10 th in Metro, 10 th in District.
Bowling – Girls	Record 12 – 2	2 nd in Metro, District Runner-Up, 5 th in State.
Cheerleading		State Champion
Crew – Boys		State Champion, Varsity 8 – National Champions
Crew – Girls		State Champion
Cross Country – Boys		Metro Champion , District and Region Runner-Up, State Champion
Cross Country – Girls		Metro Champion , 3 rd in District, 6 th in Region, 11 th in State.
Flag Football	Record 5 – 7	5 th in Metro
Football	Record 4 – 5	10 th in Metro
Golf – Boys	Record 10 – 2	2 nd in Metro, District Champion , 4 th in Region.
Golf – Girls	Record 14 – 1	Metro, District Champion , 4 th in Region.
Lacrosse – Boys	Record 18 – 4	Metro, District, Region Champion , State Runner-Up.
Lacrosse – Girls	Record ? – ?	Metro Champion (tie) , 2 nd in District.
Soccer – Boys	Record 12 – 2 – 4	2 nd in Metro, 3 rd in District.
Soccer – Girls	Record 15 – 4 – 3	Metro Champion (tie) , 3rd in District.
Slow Pitch Softball	Record 6 – 9	12 th in Metro.
Fast Pitch Softball	Record 17 – 9	5 th in Metro, 3 rd in District.
Swimming – Boys		Metro Champion , District-Up, Region Champion , State Runner-Up.
Swimming – Girls		2 nd in Metro, 4 th in District, ?th in Region, 27 th in State.
Tennis – Boys	Record 14 – 4	4 th in Metro, District Runner-Up.
Tennis – Girls	Record 14 – 4	3 rd in Metro, 3 rd in District
Track – Boys		4th in Metro, 2 nd in District, 4 th in Region, 3 rd in State.
Track – Girls		5 th in Metro, 3 rd in District, 6 th in Region, 29 th in State.
Volleyball – Boys	Record 8 – 12	8 th in Metro, 5 th in District
Volleyball – Girls	Record 33 – 0	Metro, District, Region, State Champion.
Water Polo – Boys	Record 23 – 4	Metro, District Champion , 5 th in State.
Water Polo – Girls	Record 23 – 4	Metro, District Champion , 5 th in State.
Weightlifting – Boys	Record 3 – 5	
Weightlifting – Girls	Record 4 – 5	6 th in Metro
Wrestling	Record 1 – 11	13 th in Metro, 8 th in District, 29 th in Region.