

2008 – 2009 Accomplishments

1st – FHSAA Floyd E. Lay Sunshine Cup All Sports Award for Class 6A

1st – Orlando Sentinel Varsity Cup Award

2nd – Bob Berry – Metro All Sports Award

Summary

9 Metro Championships
11 District Championships
3 Region Championships
1 State Championships
3 State Runner Up
Top 10 Finish in State – 11 teams

Team

Baseball	Record 16–14	4 th in Metro, District Runner Up, 5 th in Region
Basketball – Boys	Record 24–8	4 th in Metro, District, Region Champions, 3rd in State
Basketball – Girls	Record 18–6	Metro Champion, 3rd in District
Bowling – Boys	Record 8–8	7 th in Metro, District Runner Up, 20 th in State
Bowling – Girls	Record 15–0	Metro, District Champion, 9th in State
Cheerleading		State Runner Up
Crew – Boys		State Champion
Crew – Girls		State Champion
Cross Country – Boys		3 rd in Metro, District Runner Up, 6 th in Region, 6th in State
Cross Country – Girls		Metro, District Champions, 2nd in Region, State Runner Up
Flag Football	Record 0–11	15 th in Metro
Football	Record 6–5	6 th in Metro, District Runner Up, 5 th in Region
Golf – Boys	Record 7–4	4 th in Metro, 3 rd in District, 5 th in Region
Golf – Girls	Record 11–4	4 th in Metro, District Runner Up, 5 th in Region
Lacrosse – Boys	Record 11–5	2 nd in Metro, 3 rd in District
Lacrosse – Girls	Record 8–9	8 th Metro, District Runner Up
Soccer – Boys	Record 18–3–4	3 rd in Metro, District Champion, 3rd in Region
Soccer – Girls	Record 18–3–3	Metro, District Champions, 3rd in Region
Fast Pitch Softball	Record 18–5	5 th in Metro, 5 th in District
Swimming – Boys		Metro, District Champion, Region Runner Up, 18th in State
Swimming – Girls		2 nd in Metro, 2 nd in District, 6 th in Region, 15 th in State
Tennis – Boys	Record 17–2	Metro, District, Region Champions, 4th in State
Tennis – Girls	Record 17–2	Metro, District, Region Champions, 5th in State
Track – Boys		8 th in Metro, 4 th in District, 31 st in Region
Track – Girls		2 nd in Metro, 3 rd in District, Region Runner Up, 5th in State
Volleyball – Boys	Record 11–11	5 th in Metro, 3 rd in District
Volleyball – Girls	Record 22–7	2 nd in Metro, District Champion, 5th in Region
Water Polo – Boys	Record 27–3	Metro, District Champion, State Runner Up
Water Polo – Girls	Record 22–7	Metro, District Champion, 3rd in State
Weightlifting – Boys		14 th in Metro
Weightlifting – Girls		16 th in Metro
Wrestling	Record 6–17	10 th in Metro, 8 th in District, 27 st in Region

Finish in the Orlando Sentinel “Super Six”

Girls’ Cross Country – 1 st	Boys’ Swimming – 5 th
Boys’ Tennis – 1 st	Boys’ Soccer – 6 th
Boys’ Water Polo – 1 st	Girls’ Volleyball – 6 th
Girls’ Water Polo – 1 st	Girls’ Golf – 7 th
Girls’ Tennis – 2 nd	Boys’ Lacrosse – 7 th
Girls’ Soccer – 2 nd	Girls’ Basketball – 9 th
Boys’ Cross Country – 3 rd	Girls’ Lacrosse – 12 th
Girls’ Track – 3 rd	Boys’ Volleyball – 12 th
Boys’ Basketball – 4 th	Football – 16 th
Girls’ Bowling – 5 th	

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FHSAA Academic Team Champions

The FHSAA just released this past week the Academic Team Champions for the Fall sports. To qualify, the average cumulative GPA for the team must be a 3.0 or above. Here are the teams for Winter Park that qualified and where they placed in their classification.

Wrestling - 3.020 – 1st
Boys' Soccer - 3.278 – 2nd
Boys' Tennis - 3.582 – 2nd
Girls' Water Polo - 3.531 – 2nd
Baseball - 3.151 – 4th
Girls' Cross Country - 3.486 – 5th
Girls' Track - 3.199 – 5th
Girls' Weightlifting - 3.270 – 5th
Boys' Cross Country - 3.256 – 6th
Girls' Soccer - 3.195 – 6th
Girl's Swimming - 3.410 – 6th
Flag Football - 3.206 – 7th
Girl's Volleyball - 3.361 – 7th
Cheerleading - 3.162 – 8th
Softball - 3.035 – 8th
Girls' Tennis - 3.368 – 9th
Boys' Swimming - 3.151 – 9th
Boys' Volleyball - 3.106 – 9th
Boys' Lacrosse - 3.013 – 11th
Girls' Lacrosse - 3.224 – 12th
Girl's Golf - 3.325 – 13th
Girls' Bowling - 3.082 – 14th