



Lady Monarch Basketball

Cabrini Skills Clinic 2017

Grades 5,6, 7, and 8
December 30th , 2017

CLINIC FEATURES

The emphasis of this clinic will be instruction on the fundamentals of footwork, dribbling, shooting and defensive concepts. We emphasize drills that players can utilize for individual development in the off season. Each player will receive a clinic T-shirt.

CLINIC INSTRUCTION

Players will be instructed by the Cabrini High School Girls Basketball Program coaches and players.

The clinic director is Jackie Dishop, Assistant Varsity girl's basketball coach at Cabrini. Coach Dishop has coached both in Ohio and Michigan for several years, and played her college ball at Ohio Northern University.

LOCATION/DATES

The Cabrini skills clinic is for girls who are currently in 5th, 6th, 7th or 8th grades. Clinic is held at Cabrini High School, 15305 Wick Rd., Allen Park.

The clinic will be held on Saturday December 30th from 12:00 PM to 4:00 PM. Check in will begin promptly at 12:00 pm.

Deadline for registration: December 26th, 2017

Please detach form below and return to:
Cabrini Athletic Department
15305 Wick Rd.
Allen Park, MI 48101

For more information please contact Coach Dishop at 313-400-7712

Registration Cost: \$15

Name: _____ T-Shirt Size (Adult): _____

Age: _____ Current Grade: _____ School: _____

Home Address: _____

City: _____ ZIP: _____ Phone: _____

Please make checks payable to Cabrini Athletic Department