

Instructions for Taking the ImPACT Test

(Use a computer with a hand held mouse/Track Pad and Google Chrome, Firefox, or Internet Explorer)

ImPACT cannot be administrated using an iPad/Phone of any kind!!

1. Open one of the above listed internet browsers
 - Make sure you turn off pop-up blocker under Tools
2. Go to www.impacttestonline.com/testing
3. Enter Code: (**UDN2B172ZZ**)
 - **Your Specific High School Should Appear after clicking Validate**
 - **Click “Launch Baseline Test”**
 - Click “English” then follow prompts and answer questions.
 - Follow the rest of the prompts, answering all questions HONESTLY and trying your best at the test.
 - When the test is complete and you get to the page that says “Print Confirmation,” click the X in the upper right corner to close the test. You do not need to print confirmation.

Test Tips

- If you are connecting to the internet via Wi-Fi it must be a consistent connection. Any interruption in connection will cause a fail.
- Work quickly, but accurately. Do your best. Do not take breaks or step away from the test.
The test is not able to be paused or saved at any point.
- Turn OFF all Cell phones prior to test. No phones in sight or on vibrate!
- Make sure no other applications are open on the computer other than ImPACT.
- When it asks for number of years of education completed, freshmen will answer 8, sophomores 9, juniors 10, and seniors 11.
- Current level of participation will be “high school”
- Years of experience at this level will be 0 for freshmen, 1 for sophomore if they played as a freshman, 2 for a junior who played their freshman and sophomore years, etc.
- When it asks for current symptoms, 1 will be least severe and 6 is greatest. If you feel normal you should put “not experiencing.”

About ImPACT

ImPACT is a 20-30 minute computer test developed to help sports-medicine clinicians evaluate multiple aspects of neurocognitive functioning following concussion. You are taking a baseline test. In the event you suffer a head injury, we may use this as a tool in deciding when it is safe for you to return to your sport.