

JAGUAR WRESTLING CAMP

Any 3rd - 8th graders interested
in wrestling are invited to come!

**WHEN:**

June 4, 2018 - June 14, 2018
Monday - Thursday
12:00pm - 2:00pm

WHERE:

Desert Ridge High School
Wrestling Room
10045 E. Madero
Mesa, AZ 85209

*This will be a basic fundamental
wrestling camp in which wrestlers will be
taught fundamentals of takedowns,
referees position, and pinning
combinations and tilts.*

CAMP DIRECTOR:

Travis Jackson
Cell: 970-946-5294
Email: travis.jackson@gilbertschools.net

COST:

\$100 per wrestler
**Please make checks payable to: Desert Ridge
Strength & Speed*

Send checks to:
Desert Ridge High School
ATTN: Travis Jackson
10045 E. Madero
Mesa, AZ 85209

SCHEDULE:

Week 1

- Monday: Takedowns & Live Wrestling
- Tuesday: Review, Referees Position & Live Wrestling
- Wednesday: Review, Pinning Combinations & Live Wrestling
- Thursday: Review, Pinning Combinations & Live Wrestling

Week 2

- Monday: Takedowns & Tilts, Live Wrestling
- Tuesday: Review, Referees Position & Live Wrestling
- Wednesday: Review, Pinning Combinations & Live Wrestling
- Thursday: Mini Tournaments



Student Name: _____

Grade: _____ School: _____

Phone: _____

Email: _____

Parent/Guardian Name: _____

"As a condition precedent to participating in the Jaguar Wrestling Camp, I, as the parent and/or legal guardian of _____ agree to maintain health insurance for my son/daughter while he/she participates in this club. If I do not maintain health insurance for my son/daughter, I agree to purchase the student accident insurance policy offered by the camp through the school district."

Parent/Guardian Signature

Date