

# Strongsville Sports Medicine

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## SPORTS MEDICINE

Strongsville student-athletes are very fortunate to have access to excellent sports medicine care due to our partnership with Southwest General. Our athletic training staff is experienced, knowledgeable and caring.

- ATs are part of a team of health care professionals - we practice under the direction and in collaboration with physicians.
- ATs are specialists; they work with physically active people to prevent and treat injuries and conditions.
- ATs aren't personal trainers, who focus solely on fitness, conditioning and performance enhancement. AT's are licensed health care professionals.
- Athletic trainers are on-site, working with student athletes to avoid injuries; they're there when injuries happen, providing immediate care; and they provide rehabilitation afterward.
- Handling injuries at school in the athletic training room, rather than sending the patient to emergency department (if the injury is minor), saves money and time loss - and gets them back on their feet faster.

### Sport Medicine Staff

**Steve Pritchard MS, AT**

Head Athletic Trainer

**Joe Kopacz AT, CSCS**

Asst. Athletic Trainer &  
Strength/Conditioning Coordinator

**Katie Vasich AT**

Assistant Athletic Trainer

### Contact Info:

Strongsville High School

(440) 572-7106

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