

**Athletic Pre-Participation Physical Exams:**

**2018-2019 School Year**

It is an IHSAA requirement that student athletes receive a physical exam prior to the beginning of their freshman and junior years. In order to keep this cost effective for parents and convenient for students, your school’s athletic training department has developed a relationship with the Ada County Medical Society. For more than twenty years, we’ve come together on one day to deliver a comprehensive sports exam to our athletes.

**The BIG BONUS!**

Student athletes pay only $20 for this service. The amount charged is donated to Mountain View High School’s athletic training department, and is used to purchase educational and rehabilitation equipment. Should this amount present a hardship for your family, please ask your Athletic Trainer for help.

We invite you to take advantage of this great opportunity!

**DATE:** **Saturday May 19, 2018**

**PRICE: $20.00**

**LOCATION:** **Mountain View High School Gym**

**2000 S Millennium Way, Meridian, ID 83646**

**TIME:** **GIRLS: 8:00 – 10:15 AM.**

 **BOYS: 10:00 – 12:00 PM.**

**\*\*We encourage you to come at your scheduled time, but will allow all student athletes to participate as long as it is between 8:00am and 12:00pm. No Athletes will be admitted after 12:00 PM. \*\***



**Medical History**

The history portion of the physical form must be completed and **signed** by the parent or guardian **prior** to admission to the examination session.

**We Are Green!!**

Please note: Additional forms such as scout or church camp forms will not be completed at this time.

The athletic Insurance Questionnaire and Concussion Form are both ONLINE at [www.swol123.net](http://www.swol123.net) through your child’s profile. Please follow the SWOL instructions to create or annually renew the forms.

**What to wear**

Student athletes must wear shorts and t-shirts.

**Parents**

To help minimize congestion, parents are asked to wait for their student athletes in the cafeteria or gym**. If you are not accompanying your child to this event, please be sure that they arrive with signed consent forms.**

**Parking**

Mountain View High School parking lot. North side of the gym.