**** **Sports**

 **Pre-Participation**

 **Physical Exams**

**WHO: All upcoming FRESHMEN and JUNIORS, TRANSFERS/NEW Athletes!**

**DATE:** **Tuesday May 21, 2019**

**COST: $20** (cash, check, and card are all accepted!)

**LOCATION:** Mountain View High School Gym

2000 S Millennium Way, Meridian, ID 83642

**TIME:** **GIRLS: 4:00 – 6:15 PM & BOYS: 6:15 – 8:30 PM**

We encourage you to come at your schools scheduled time. No Athlete will be admitted after 8:30 PM.

**GIRLS**

 **Mountain View:**  4:00 - 4:45 PM

 **Rocky Mountain:** 4:45 - 5:30 PM

 **Eagle:** 5:30 - 6:15 PM

**BOYS**

 **Eagle:** 6:15 - 7:00 PM

**Rocky Mountain:** 7:00 - 7:45 PM

 **Mountain View:** 7:45 - 8:30 PM

**ADDITIONAL INFORMATION**

**Medical History:** The history portion of the physical form must be **completed and signed by the parent or guardian PRIOR** to admission to the examination. This form can be printed from [www.idhsaa.org](http://www.idhsaa.org). Go to “Rules & Forms” 🡪 “Miscellaneous forms” 🡪 “Physical Exam and Consent Form”

**Parents:** To help minimize congestion, parents are asked to wait for their student athletes in the cafeteria, you can fill out the SWOL profile and 2 forms at this time. **If you are NOT accompanying your child to this event, please be sure that they arrive with signed consent physical forms** (read Medical History above for form information).

**What to wear:** Shorts and T-shirts!

**Parking:** Mountain View High School parking lot. North side of the gym.

\*It is an IHSAA requirement that student athletes receive a physical exam prior to the beginning of their freshman and junior years. To keep this cost effective for parents and convenient for students, your school’s athletic training department has developed a relationship with the Ada County Medical Society. For more than twenty years, we’ve come together on one day to deliver a comprehensive sports exam to our athletes! \*