

# Registration

**Last Name**

**First Name**

**Street Address, City, & Zip**

**Email Address**

**Home/Cell Phone**

**Emergency  
Phone #**

**Grade ('18/'19)**

**School**

**Amount Enclosed**

**T-Shirt Size  
(Adult)**

**Session 1 and 2**

**Session 1**

**Session 2**

**Twality    Fowler**

**(Circle Location)**

## CAMP DIRECTOR

Tigard High School head coach Shawn Alderman has been directing camps for 27 years. This is his 19th camp here in Tigard. Coach Alderman has mentored 11 All State, 22 1st Team All League, and 17 2nd Team All League players in his 20 years as head coach. He led the 2002 Tigers to a State Championship and was named the State Coach of the Year. He has also been the League Coach of the Year 8 times.

## A DAY IN CAMP

9:00 Warm ups / Stretching  
9:15 Ball Handling Progression  
9:30 Shooting Warm Up  
9:45 Shooting Games  
10:00 Station Work  
- Ball Handling  
- Shooting  
- Rebounding  
- Defense  
- Team Offense  
- Passing  
10:30 1/2 Camp - Break  
1/2 Camp - Fast Break Drills  
10:45 1/2 Camp - Break  
1/2 Camp - Fast Break Drills  
11:00 Daily Emphasis Talk  
11:20 League Game #1  
12:00 Lunch  
12:30 Team Shooting Work  
12:45 Daily Individual Competition  
1:00 Team Practice - Team O & D  
1:20 Position Work  
1:35 League Game #2  
2:00 League Game #3  
2:25 Wrap up / Final Thought  
2:30 End of Day



# TIGARD BASKETBALL



# 2018 TIGARD HOOP CAMP

**SESSION 1**

**JUNE 18-21**

**SESSION 2**

**JUNE 25-28**

# INSTRUCTION

- \* Individual offensive skills including ball handling, passing, shooting, rebounding, and one on one moves.
- \* Individual defensive skills including stance, slides, rebounding, and closing out on shooters. **The Tigers are known for their defense and are consistently one of the best defenses in the State!**
- \* Team offense including Passing Game, Flex, Triangle, and special plays used by the Tigard Tigers.
- \* Specific position work based on the position you play or would like to work on.

# STAFF

- \* Shawn Alderman, Varsity Coach
- \* High School Assistant Coaches
- \* High School & College Athletes
- \* Guest Speakers

# WHAT TO BRING

- \* A Desire to Improve
- \* Playing Clothes
- \* Brown Bag Lunch

# CAMP INFORMATION

## WHERE...

- \* Fowler Middle School  
(Grades 6-8)
- \* Twality Middle School  
(Grades 3-5)

## TIME...

- \* 9:00 a.m. - 2:30 p.m.

## COST...

- \* \$125 - 1 Week
- \* \$220 - Both Weeks

## REGISTRATION...

- \* \$25 Non-refundable deposit
- \* Balance due first day of camp
- \* Or pay in full

## CHECKS PAYABLE TO...

- \* Tigard Basketball

## CHECKS & REGISTRATION TO...

- \* Shawn Alderman  
Tigard Hoop Camp  
9000 SW Durham Rd.  
Tigard, OR 97224

## FOR INFORMATION CALL...

- \* Shawn Alderman, Director  
(W) 431-5477  
salderman@ttsd.k12.or.us

# LIMITS

**The camp is limited in the number of participants. Pre-registration is generally necessary. However, registration may be available at the door.**

## Medical Care & Coverage

I approve my son's attendance at the Tigard Hoop Camp and certify that he is in good health and able to participate in all activities. I understand the camp staff will attend to any health problem or injury my son may incur at camp. I understand that my son must have current and active medical insurance to attend the camp. I further release the camp director, the camp staff, or Tigard High School from liability to any claims arising from injuries while attending camp.

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**Signature (Parent/Guardian)**

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**Medical Insurance Company**

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**Policy Number**