

Checklist for Athletic Participation at Tigard High School

- ❑ Must have passed 5 classes from the previous semester and on track to graduate as per OSAA guidelines.
- ❑ Must be enrolled in a minimum of 5 classes during the academic term of participation.
- ❑ Must have a physical by a licensed physician reported on the OSAA physical form.
- ❑ Turn in the Tigard Tualatin School District participation form, completed by parent/legal guardian.
- ❑ Pay the TTSD \$225.00 participation fee and ASB fee.

All forms must be turned in prior to the specific sport's start date. Participation fees must be paid before first contest date.

Expectations and Requirements of Student-Athletes at Tigard High School

All student-athletes are expected to follow the rules/guidelines established by the Oregon School Activities Association (OSAA), the Pacific Conference and the Tigard-Tualatin School District and their sports coaches.

Attendance in classes is required during the entire day for an athlete to take part in a contest or practice. The only exceptions to this are prearranged appointments or school field trips.

All student-athletes must follow the regulations outlined in the Tigard-Tualatin School District Discipline Handbook. In addition, student-athletes must comply with training rules established by the Tigard-Tualatin School District.

The use, possession or distribution of tobacco, alcohol, nonprescription drugs, or distribution of prescription drugs will not be tolerated by any participant in the interscholastic athletic program. This restriction includes regular school hours, as well as nonschool time.

Violation of this policy will result in suspension from participation.

Tigard High School Tigers



Athletic Information Guide

2018-2019

Tigard High School
Head Coaches/Administration
Fall

Cheerleading

Cassie Bell 970-631-3580

Cross Country

Holly Paris 503-936-1247

Chris Westover 503-705-9007

Football

Craig Ruecker 503-431-5466

Soccer (Boys)

Angelo Simonetti 503-312-8142

Soccer (Girls)

Duccio Tagliaferri 503-781-9388

Tigerettes (Dance Team)

Linda Sheron 503-620-5412

Volleyball

Megan Norris 503-431-5503

Water Polo (Boys/Girls)

Tristan Larson 503-866-3950

Winter

Basketball (Boys)

Shawn Alderman 503-431-5477

Basketball (Girls)

Steve Naylor 503-330-5366

Ski Team (Boys/Girls)

Rick Wargo 503-709-2926

Snowboard (Boys/Girls)

Tammie Olson 605-379-4079

Swimming (Boys/Girls)

John Ruzicka 503-431-5455

Wrestling

Geoffrey Jarman 503-431-5431

Spring

Baseball

Tom Campbell 503-784-4574

Golf (Boys)

Rob Coelho 503-431-5259

Golf (Girls)

Mindy Yarnell 503-431-5578

Lacrosse (Boys)

Neal Bateman 206-310-5908

Lacrosse (Girls)

Miranda Kealberer 503-

Softball

Pete Kostel 503-810-3548

Tennis (Boys)

Jack Cullen 503-867-1764

Tennis (Girls)

Kelsey Wahl 503-431-5384

Track/Field (Boys/Girls)

Shane Kessler 503-888-9113

Tigard HS Administration

Principal---Andy Van Fleet

Associate Principal---Andrew Kearl

Associate Principal---Angelita Miller

Associate Principal---Tyler Davila

Athletic Director---Alan Boschma

Athletic Trainer---Sarah McSweeney 431-5467

Athletic Secretary--- Sheryl Reedal 431-5460

sreedal@tsd.k12.or.us

tigardtigers.com

Tigard High School is a member of the Oregon School Activities Association (OSAA) and the

Three Rivers

Canby Cougars

Lake Oswego Lakers

Lakeridge Pacers

Oregon City Pioneers

St. Mary's Academy Blues

Tigard Tigers

Tualatin Timberwolves

West Linn Lions

Tigard High School
Athletic Teams Offered

Fall

Cross Country (Boys/Girls) Varsity, JV

Football** Varsity, JV, FR.

Soccer** (Boys/Girls) Varsity, JV, JV2

Volleyball** Varsity, JV, FR

Water Polo (Boys/Girls) Varsity, JV

Winter

Basketball** (Boys/Girls) Varsity, JV, JV2, FR.

Snowboard* (Boys/Girls) Varsity

Skiing* (Boys/Girls) Varsity

Swimming (Boys/Girls) Varsity, JV

Wrestling Varsity, JV, Novice

Spring

Baseball** Varsity, JV, FR.

Golf** (Boys/Girls) Varsity, JV

Softball** Varsity, JV, JV2

Tennis** (Boys/Girls) Varsity, JV

Track/Field (Boys/Girls) Varsity, JV

Lacrosse* (Boys/Girls) Varsity, JV

** Sports requiring tryouts

* Club Sports

2018-19 Sports Practice/Tryout Start Dates

All Season Registration June 1

Fall Practice/Tryout August 13

Winter Practice/Tryout November 12

Spring Practice/Tryout February 25

Many sports schedule preseason conditioning, camps and or open facilities. Coaches should be contacted directly well in advance of the above dates for sports specific information.