

## **Hello Tigard Soccer family!**

After four long months the time is finally here to get ready for our upcoming season with big goals and new plans that we hope will carry our momentum from last season.

At the end of the year banquet we had mentioned starting sessions early in the 2019 year, unfortunately due to unpredictable weather and lack of field availability we've had to continually postpone our plans and for that we deeply apologize. However, we are now ready to get back into full gear and hope that the boys have been staying active with soccer and focused in the classroom

Now a few housekeeping topics.

### **ELIGIBILITY**

As a reminder to all our boys, your grades now will determine your eligibility for the fall as you are required to be enrolled as a full-time student and passing five (5) classes from the previous semester (spring). This rule is listed under Rule 8, section 1 of the OSAA 2018-2019 handbook. In addition to the specific credit requirement identified in Rule 8.1.1., to be scholastically eligible, a student must be making satisfactory progress towards the school's graduation requirements. If you are unsure of your progress towards graduating, we strongly urge that you meet with your counselor/advisor immediately.

*Link to OSAA Handbook:* [http://www.osaa.org/governance/handbooks/osaa#\\_Toc456100271](http://www.osaa.org/governance/handbooks/osaa#_Toc456100271)

*Link to THS Athletic Handbook:*

<https://s3-us-west-2.amazonaws.com/sportshub2-uploads-prod/files/sites/746/2018/12/14185129/Student-Athlete-Handbook-2018-19.pdf>

### **PHYSICAL EXAMINATION**

If you have not turned in a current physical or done one in the past year, you are required to get one before you are able to tryout. This means that if you show up to tryouts with no complete physical turned in and signed off by the athletic office, regardless if you meet all the registration and eligibility requirements, you won't be able to tryout. The reason we bring this up now is because this is the biggest issue we have come August. We highly recommend getting it done before the summer. Once you complete and turn in the physical it is valid for two years.

*Link to physical form:*

<http://s3.amazonaws.com/vnn-aws-sites/10674/files/2017/05/d9c47e0e9bfef511-PhysicalExamination-2017.pdf>

### **IMPORTANT DATES/EVENTS**

Our preseason Parent Meeting will be May 22<sup>nd</sup> in the Tigard High School Library @ 6pm.

Our first camp begins June 4<sup>th</sup>. More information about the camp will be discussed during the parent meeting.

The last day of school is June 13<sup>th</sup>, the school will be closed from June 14<sup>th</sup> until the second week of August. This means that we won't be able to connect you with help from the athletic office or counselors/advisors to resolve issues or concerns until then. Not to mention that fall is the busiest season for the athletic office, and they will be dealing with a high volume of athletes once they return from summer break. We will be a week away from tryouts and will also be focusing our attention and energy into the start of the season. Make sure that you help yourself, and us, by having everything prepared before school gets out in order to avoid last minute efforts that could fall through.

We will be covering more about all the requirements and any additional information during our parent meeting in May.