

Registration

Last Name

First Name

Street Address, City, & Zip

Email Address

Home/Cell Phone

**Emergency
Phone #**

Grade ('19/'20)

School

Amount Enclosed

**T-Shirt Size
(Adult)**

Session 1

Hazelbrook

Fowler

(Circle Location)

CAMP DIRECTOR

Tigard High School head coach Shawn Alderman has been directing camps for 28 years. This is his 20th camp here in Tigard. Coach Alderman has mentored 13 All State, 24 1st Team All League, and 18 2nd Team All League players in his 20 years as head coach. He led the 2002 Tigers to a State Championship and was named the State Coach of the Year. He has also been the League Coach of the Year 8 times.

A DAY IN CAMP

9:00 Warm ups / Stretching
9:15 Ball Handling Progression
9:30 Shooting Warm Up
9:45 Shooting Games
10:00 Station Work
- Ball Handling
- Shooting
- Rebounding
- Defense
- Team Offense
- Passing
10:30 1/2 Camp - Break
1/2 Camp - Fast Break Drills
10:45 1/2 Camp - Break
1/2 Camp - Fast Break Drills
11:00 Daily Emphasis Talk
11:20 League Game #1
12:00 Lunch
12:30 Team Shooting Work
12:45 Daily Individual Competition
1:00 Team Practice - Team O & D
1:20 Position Work
1:35 League Game #2
2:00 League Game #3
2:25 Wrap up / Final Thought
2:30 End of Day

TIGARD BASKETBALL



2019 TIGARD HOOP CAMP



**SESSION 1
JUNE 17-20**

INSTRUCTION

- * Individual offensive skills including ball handling, passing, shooting, rebounding, and one on one moves.
- * Individual defensive skills including stance, slides, rebounding, and closing out on shooters. **The Tigers are known for their defense and are consistently one of the best defenses in the State!**
- * Team offense including Passing Game, Flex, Triangle, and special plays used by the Tigard Tigers.
- * Specific position work based on the position you play or would like to work on.

STAFF

- * Shawn Alderman, Varsity Coach
- * High School Assistant Coaches
- * High School & College Athletes
- * Guest Speakers

WHAT TO BRING

- * A Desire to Improve
- * Playing Clothes
- * Brown Bag Lunch

CAMP INFORMATION

WHERE...

- * Fowler Middle School
(Grades 6-8)
- * Hazelbrook Middle School
(Grades 3-5)

TIME...

- * 9:00 a.m. - 2:30 p.m.

COST...

- * \$125 - 1 Week

REGISTRATION...

- * \$25 Non-refundable deposit
- * Balance due first day of camp
- * Or pay in full

CHECKS PAYABLE TO...

- * Tigard Basketball

CHECKS & REGISTRATION TO...

- * Shawn Alderman
Tigard Hoop Camp
9000 SW Durham Rd.
Tigard, OR 97224

FOR INFORMATION CALL...

- * Shawn Alderman, Director
(W) 431-5477
salderman@ttsd.k12.or.us

LIMITS

The camp is limited in the number of participants. Pre-registration is generally necessary. However, registration may be available at the door.

Medical Care & Coverage

I approve my son's attendance at the Tigard Hoop Camp and certify that he is in good health and able to participate in all activities. I understand the camp staff will attend to any health problem or injury my son may incur at camp. I understand that my son must have current and active medical insurance to attend the camp. I further release the camp director, the camp staff, or Tigard High School from liability to any claims arising from injuries while attending camp.

Signature (Parent/Guardian)

Medical Insurance Company

Policy Number