

STUDENT/PARENT ATHLETIC HANDBOOK

ATHLETIC DEPARTMENT

Tigard High School
9000 SW Durham Rd.
Tigard, OR 97224

Athletic Director	Alan Boschma	503-431-5462	aboschma@ttsd.k12.or.us
Athletic Secretary	Sheryl Reedal	503-431-5460	sreedal@ttsd.k12.or.us
Fax		503-431-5506	
Athletic Registration and Updates			tigardtigers.com
Schedules	School website – Athletics – Tigard		tigardtigers.com

TABLE OF CONTENTS

	PAGE
Section 1: Athletic and Activities Code	1
Section 2: Citizenship Expectations	2
Section 3: Attendance Policy	2
Section 4: Athletic Clearance	2
Section 5: TTSD Academic Requirements	2
Section 6: Athletic Standards	3
Section 7: Substance Abuse	5
Section 8: Sportsmanship	5
Section 9: Optional Lay-Off	5
Section 10: Attendance at Practice	6
Section 11: Complaints against Coaches	6
Section 12: Parent and Student Appeals	6
Section 13: Transportation	6
Section 14: Practice and Contest Starting Dates	7
Section 15: Administration/Coaches Directory	7
Section 16: Teams Offered at Tigard High School	7
Section 17: Participation Limitation, Closed and Open Periods	8
Section 18: Checklist for Athletic Participation	8

SECTION 1: ATHLETIC AND ACTIVITIES CODE

This code establishes minimum expectations for athletics/activities. The code will be administered by coaches/advisors in conjunction with the building administration. It is understood that participation in extra-curricular activities and athletics is a privilege for students. Subsequently, the students representing TTSD are held to a higher standard than other students, and therefore, some policies may be more stringent than the Student Rights and Responsibilities Handbook issued to all students.

SECTION 2: CITIZENSHIP EXPECTATIONS

Membership in an athletic/activities program is an honor that should be carefully guarded. The privilege of competing in athletics/activities also carries added responsibility for each participant. This privilege may be forfeited for conduct that is detrimental to the team, school, or program in general. As a member of a school program, behavior on campus, in the community, and at other schools, reflects not only on the student but on the program and school as well. Criminal acts, violence, intimidation or discrimination, **whether at school or in the community**, will not be tolerated and may be cause for immediate suspension from the program.

Behavior, dress, and grooming standards are at the discretion of each head coach. It is expected that coaches recognize athletes as representatives of the TTSD. Any violations of rules or regulations that result in suspension or dismissal of individuals from teams or from participating in games must be cleared with the school's [Athletic Director](#).

SECTION 3: ATTENDANCE POLICY

Attendance at school for the entire day is a prerequisite for participation in contests or practices. School related activities or appointments with prior approval by the administration do not fall under this regulation. Emergency situations may be reviewed and determined by the [Athletic Director](#).

SECTION 4: ATHLETIC CLEARANCE

A student must register online to be cleared by the athletic office. The athlete must be placed on the attendance roster prior to being issued any equipment and before beginning to practice. In order for an athlete to receive clearance from the athletic office, the athlete must have the following:

- 1) A physical on file in the athletic office every two years.
- 2) Physical must be on the required OSAA form.
- 3) Documented medical insurance coverage.
- 4) Parent/Guardian release signatures on all required forms.
- 5) Student and Parent signature regarding the athletic/activities policy student handbook. Policy handbooks are available in the athletic office.
- 6) Pay to participate receipt, or waiver information if applicable.

SECTION 5: TTSD ACADEMIC REQUIREMENTS

Student-athletes must meet the requirements of the OSAA to become eligible and to remain so. The OSAA requires that TTSD students must be enrolled in and passing 5 classes at all times. With block scheduling, the equivalent of 5 out of 8 semester classes is required.

The OSAA and TTSD also require that a student-athlete must be making satisfactory progress toward the District's graduation requirements. Any exceptions to individual eligibility are defined in the OSAA handbook, under rule 8.1, 8.1.1, 8.1.2, 8.1.3, 8.1.4 and 8.2. The OSAA handbook is on file in each high school athletic office and can be reviewed on the internet at www.osaa.org

- A. **Minimum Enrollment Requirement:** In accordance with OSAA rule 8.1.1 a student athlete in the Tigard-Tualatin School District must be enrolled in a minimum five (5) classes and must be passing five (5) classes in order to be eligible for competition.
- B. **Satisfactory Progress Toward Graduation in TTSD:** OSAA rule 8.1.2 states that to be scholastically eligible, a student must be making satisfactory progress towards the school's graduation requirements by earning a MINIMUM of the quantity of credits indicated on the chart below for the specified year

TTSD Credits to Graduate	26.0
Credits Per Year	6.5

In order to remain eligible, the student athlete must earn AT LEAST the number of credits listed below by beginning of the academic year specified:

By the beginning of 10 th grade	4.5
By the beginning of 11 th grade	11.0
By the beginning of 12 th grade	18.5

Refer to OSAA handbook (rule 8.1.2) referenced above for more detailed information regarding the number of credits earned per year.

SECTION 6: ATHLETIC/ACTIVITY PROGRAM STANDARDS

Students must refrain from using alcohol, tobacco, and drugs.

A dangerous drug is defined as any drug obtained with or without a prescription that has been used in a potentially harmful manner. This includes, but is not limited to marijuana, cocaine, heroin, stimulants, depressants, hallucinogenic, and illegal performance-enhancing drugs.

The following guidelines have been established for students participating in high school athletic/activity programs in the TTSD.

The use, possession and or distribution of tobacco, alcohol, non-prescription drugs, or distribution of prescription drugs by any participant **will not be tolerated** in the interscholastic athletic program. This includes both regular school hours as well as non-school time. Violation of this rule will result in the following consequences:

A. First Violation: Alcohol/Drugs/Tobacco

Any participant incurring any infraction on school premises during school hours, away from school, on school or non-school days or at any school-sponsored activity will be subject to the same sanctions as any other student.

In Season

The student will be suspended from any interscholastic athletic/activity practice or competition for the duration of any out-of-school suspension/expulsion. **A first violation will result in an athletic suspension from competitions for 10 school days following the first contest the student athlete is eligible to participate in.**

Chemical Abuse Assessment

The student will be required to complete a chemical abuse assessment from an approved outside assessor. The outside assessor will develop an individualized program to assist the student to become and remain drug/alcohol free. The student and parent(s) and or guardian(s) agree to follow the program developed by the outside assessor. Failure to follow the program will result in expulsion from the athletic/activity program. If the assessment is not completed within the suspension period, expulsion from the athletic/activity program will occur. The student **will be required** to attend any practice sessions, team meetings, or competitions following the arrangement of his/her chemical assessment appointment **and** fulfill their suspension requirements. However, the student-athlete will not be able to be an active participant in competitions until the completion of the athletic/activity suspension period (10 days).

B. Second Violation: Alcohol/Drugs/Tobacco --

The District will follow the same procedure as set forth for a first violation, except that for a second violation (not in the same season/performance period); the suspension from interscholastic competition/performance will be for **20 days from the first competition contest.**

If it is the 2nd violation, the Administration office consequences will hold precedence over those stated here. If a student has committed an offense whereby they may be considered eligible for expulsion then the school administration's consequences will take precedence over those stated here.

C. Third violation: Alcohol/Drugs/Tobacco

The student-athlete will be removed from their current team and not be allowed to participate in any other athletic or activity teams/groups for the remainder of their HS career.

D. Association Violation

Any student participating in athletics/activities who finds himself/herself in the company of others, who illegally possess, use, transmit, or are under the influence of alcohol, any form of dangerous drugs, or a controlled substance is expected to leave immediately (within a reasonable time frame – 20 minutes – time to secure a ride, safe transportation). Failure to do so will result in notification to parent/guardian and the possibility of the same consequences listed above in section A above as determined by the Athletic Director. A second offense will result in discipline as if in violation of this policy. The only exception to this section of this policy would be when a parent/guardian accompanies a student to a family, social or cultural function where alcohol is served. However, students must refrain from personal use. Students who receive wine as part of a religious ceremony such as Holy Communion or Jewish Seder will not be penalized.

E. Out-of-Season

If the student-athlete is not currently in a season, a **first violation will result in an athletic suspension that follows the penalties for in-season violations except that the suspension will commence from the first contest date from the students next season of participation.** Any student athlete serving an athletic suspension will be required to attend and participate in all practices, team meetings and competition although they will not be permitted to actively participate in competitions.

F. Self-Reporting

Prior to being investigated or apprehended for a violation involving the use of alcohol, dangerous drugs or a controlled substance, the student may voluntarily request assistance from school officials. In the event of this self-reporting, there may be no disciplinary consequence imposed upon the student provided that:

F. 1 The report is independent and in advance of the investigation.

F.2 The student meets with the Student Assistance Facilitator and complies with their recommendations.

F. 3 There are no subsequent incidents of alcohol, dangerous drugs, or controlled substance use.

G. Transfer of Violations

A student who transfers from one Tigard-Tualatin high school to another will maintain accumulative offense status under this policy.

H. Law Enforcement

The TTSD will seek the assistance of the Tigard and Tualatin police departments to work together to provide a safe and drug/alcohol free environment to live in. The police agencies, in accordance with the state and federal laws, will work with our high school administrators to assist in the enforcement of this policy.

I. Ejections and Fines

If a student athlete is ejected from a contest and there are OSAA fines that go with that ejection those fees are the responsibility of the student athlete. Any such fines will be added to the students account. If a student has current fines on their account they will not be allowed to participate in athletics.

SECTION 7: SUBSTANCE ABUSE

When a coach or advisor becomes aware of a violation of the Athletic/Activity Policy Statement by a student, he/she must notify the [Athletic Director](#) immediately.

SECTION 8: SPORTSMANSHIP

Athletic contests should be conducted in an atmosphere that places maximum emphasis on good sportsmanship, positive relationships between schools, and the educational benefits of competition. Student athletes should compete under conditions which:

- 1) Provide a fair and equal opportunity for success.
- 2) Make maximum provisions for the safety of participants.
- 3) Provide for a broad sense of activities and a balance in competitive levels.
- 4) Preclude the embarrassment, humiliation, or demeaning of any team or individual.
- 5) Emphasize the highest possible level of professionalism and personal integrity on the part of all teachers, coaches and administrators involved.

SECTION 9: OPTIONAL LAY-OFF

Athletes may have the option of up to one week (calendar week) interval layoff between the end of a sport season and the beginning of a new sport season.

SECTION 10: ATTENDANCE AT CALLED PRACTICES

Athletes will attend all practices to be eligible for contests. If an absence is unavoidable, it is the responsibility of the athlete to notify his/her coach prior to the practice. Any athlete *suspended from school* will not be eligible for athletic practice or competition for the length of the suspension. **Athletes must be in attendance at school for the full school day to participate unless they have a prearranged absence (doctor, etc.) or clearance from the athletic office.**

SECTION 11: COMPLAINTS AGAINST COACHES

Complaints against coaches who are members of the TTEA bargaining unit will be handled in accordance with Article 4 (Appendix C) of the collective bargaining agreement.

Non-bargaining unit members will be provided basic due process in the handling of complaints.

SECTION 12: PARENT AND STUDENT APPEALS

The district encourages parents and students to appeal a rule or a procedure if they feel it has been unfairly enforced or if there are extenuating circumstances.

Coaches are expected to listen to such appeals with an open mind and with an understanding of and support for the value of such dialogue.

If an appeal is requested, the appeal procedure is as follows:

- 1) The appeal shall be in writing.
- 2) The initial meeting will be with the coach(es) of that particular sport.
- 3) If necessary, the next meeting will involve the student, parents, coaches, and the Athletic Coordinator.
- 4) If a further review is desired, the principal will meet with the above parties to determine an outcome.
- 5) If not resolved, the final appeal will be to a district administrator assigned by the superintendent.

The district level decision is final and not subject to further appeal.

SECTION 13: TRANSPORTATION

Student athletic participants must be transported to and from another school in compliance with the transportation policy only.

Transportation Waiver:

The school board approved on November 2, 1993, a transportation waiver for parents to grant the students permission to transport him or herself to athletic events/activities or to be transported by another student's parents. This waiver must be completed at least 24 hours in advance of the event. The High School Principal, or the High School Principal's authorized representative, shall accompany all school teams or school groups that participate in an activity. That school shall be responsible for acts of its school team, school groups or individuals while on trips, or while participating in any such activity. Parents may transport their own children home from competitions after visual contact is made with the school representative at the event.

SECTION 14: PRACTICE AND CONTESTS STARTING DATES

During the *Association* year, practice in a sport shall not be held after the conclusion of a school's sport season in that sport as defined in OSAA Rule 6.1.6

2021-2022

	First Practice	First Contest
Fall Sports	August 16	September 2
Winter Sports	November 15	December 1
Spring Sports	February 28	March 14

SECTION 15 ADMINISTRATION/COACHES DIRECTORY

Principal	Brian Bailey
Associate Principal	Tyler Davila
Associate Principal	Scott Hadden
Associate Principal	Lisa Dailey
Activities Director	Jesse Abell
Athletic Trainer	Megan Sarles
Baseball	James Leach
Basketball – Boys	Shawn Alderman
Basketball – Girls	Heidi DeHaan
Cheer	Jordan Daniels
Cross Country	Chris McIsaac & Chris Westover
Dance (Tigerettes)	Linda Sheron
Football	John Kemper
Golf – Boys	Rob Coelho
Golf – Girls	Mindy Yarnell
Soccer – Boys	Angelo Simonetti
Soccer – Girls	Scott Eggleston
Softball	Pete Kostel
Swimming	John Ruzicka
Tennis – Boys	Kevin Reeves
Tennis – Girls	Kelsey Wahl
Track	Doug Kuffel
Volleyball	Megan Norris
Water Polo	Tristan Larsen
Wrestling	Geoff Jarman

SECTION 16: ATHLETIC TEAMS OFFERED AT TIGARD HIGH SCHOOL

FALL	WINTER	SPRING
Cross Country	Basketball	Baseball*
Football	Swimming	Golf
Soccer	Wrestling	Softball*
Volleyball*		Tennis
Water Polo		Track & Field

*Sports requiring tryouts

SECTION 17: PRACTICE LIMITATION, CLOSED AND OPEN PERIODS

OSAA Fall Season

Closed Period for all Winter and Spring Team Sport Coaches – August 16 – September 26

Open Period for all Winter and Spring Team Sport Coaches – September 27 – November 14

OSAA Winter Season

Closed Period for all Fall and Spring Team Sport Coaches – November 15 – December 26

Open Period for all Fall and Spring Team Sport Coaches – December 27 – February 27

OSAA Spring Season

Closed Period for all Fall and Winter Team Sport Coaches – February 28 – April 10

Open Period for all Fall and Winter Team Sport Coaches – April 11 – May 30

OSAA Summer Season

Summer Season for Fall, Winter and Spring Team Sport Coaches – May 31 – August 14

Moratorium Week – July 24 – July 30

SECTION 18: CHECKLIST FOR ATHLETIC PARTICIPATION AT TIGARD HIGH SCHOOL

- Must have passed 5 classes from previous semester
- Must be enrolled in a minimum of 5 classes during the term of participation
- Must have a physical on file in the athletic office by a licensed physician every two years and on the OSAA form
- Turn in completed TTSD participation form through online process
- Have documented medical insurance coverage

<p>ALL STUDENT ATHLETES MUST BE CLEARED PRIOR TO ANY PARTICIPATION THROUGH THE ATHLETIC DEPARTMENT</p>

SCHOOL MASCOT:

Tigers

SCHOOL COLORS:

Dark Green, Black, and White

THREE RIVER LEAGUE:

Canby Cougars

Lake Oswego Lakers

Lakeridge Pacers

Oregon City Pioneers

St. Mary's Blues

Tigard Tigers

Tualatin Timberwolves

West Linn Lion

Tigard High School is a member of the Oregon School Activities Association (OSAA).

