

# **John Adams Wrestling Program History**

## **IHSAA Sectional Champions**

**1965**      **1966**      **1974**      **1975**

## **IHSAA Regional Champions**

**1967**

## **IHSAA State Champions**

**1966**

## **IHSAA State Champion Coach**

**1966**      Morris Aronson

## **Northern Indiana Conference Champions**

**1964**      **1965**      **1966**      **1974**      **1975**

## **Northern Indiana Conference Coach of the Year**

**2002**      Corey Sinkovics

**2004**      Corey Sinkovics

**2013**      Craig Redman

## **Northern Indiana Conference Championship Coach**

**1964**      Morris Aronson

**1965**      Morris Aronson

**1966**      Morris Aronson

**1974**      Morris Aronson

**1975**      Morris Aronson

## **Northern Indiana Conference MVP**

**2013**      Sam Ferdig

### **IHSAA Individual State Champions**

1965	Gary Zalas	103
1966	John Mosby	127
1967	Horris Russell	120
1973	Ric Mitchem	185
1978	Ronald Mitchem	Heavyweight

### **IHSAA Individual State Runner Up**

1964	Gary Zalas	103
1966	Horris Russel	112
1966	William Hill	133
1967	Tommie Walls	165
1972	Donald Price	119

### **IHSAA Individual Semi State Champions**

1977	Hiawatha Jenkins	177
1978	Ronald Mitchem	Heavyweight
2004	Roshonn Hill	152

### **IHSAA Individual Regional Champions**

1963	Norval Williams	180	1976	Eric Mann	177
1964	Gary Zalas	103	1977	Eric Mann	185
1965	Gary Zalas	103	1977	Ronald Mitchem	Heavyweight
1966	Horris Russell	112	1978	Ronald Mitchem	Heavyweight
1966	John Mosby	127	1979	Robert Bergen	185
1966	William Hill	133	1981	Michael McNarney	119
1967	Horis Russell	120	1982	Dave McNarney	126
1967	Tommie Walls	165	1991	Kirk Golden	140
1968	Tom Kruyer	Heavyweight	1996	Erik Istre	140
1971	Donald Price	119	2002	Roshawn Hill	135
1972	Donald Price	119	2003	Roshawn Hill	140
1973	Ric Mitchem	185	2004	Roshawn Hill	152
1974	Clark Price	132	2004	Patrick Harmon	189
1974	Rick Mitchem	185	2006	Ian Mersich	160
1974	Leo Couch	Heavyweight	2015	Tavonte Malone	145

## IHSAA Sectional Individual Champions

1955	Don Quimby	165	1974	Ric Mitchem	185
1958	Phil Barton	145	1975	Dennis Reid	105
1959	Marvin Cogdell	112	1975	Thomas Pauszek	119
1959	Jerry Minkow	120	1975	Leo Couch	Heavyweight
1959	Phillip Barton	145	1976	Joe Taylor	132
1960	Marvin Cogdell	120	1976	Eric Mann	177
1961	Eric Nelson	138	1977	Larry Hood	167
1962	Don Smothers	112	1977	Eric Manns	185
1962	Norval Williams	175	1977	Ron Mitchem	Heavyweight
1963	Michael Slabaugh	112	1978	Larry Hood	167
1963	Norval Williams	180	1978	Ronald Mitchem	Heavyweight
1963	John Hostrawser	Heavyweight	1979	Robert Bergan	185
1964	Gary Zalas	103	1980	Michael McNarney	112
1965	Gary Zalas	103	1981	Ryan Lane	138
1965	Eugene Turner	133	1981	David McNarney	126
1966	Horis Russell	112	1981	Michael McNarney	119
1966	John Mosby	127	1982	Dave McNarney	126
1966	William Hill	133	1982	Todd Letz	132
1967	Phillip Reed	95	1992	Matt Buczkowski	171
1967	Jerry Little	112	1994	Robert Sheppard	140
1967	Horis Russell	120	1994	Richard Hayes	171
1967	Herman Humes	154	1995	Erik Istre	142
1967	Tommie Walls	165	1996	Terry McIntire	119
1968	Mike Quimby	145	1996	Erik Istre	140
1968	Tom Kruyer	Heavyweight	1997	Ben Birch	140
1969	Eugene Russell	103	2001	William Wilson	189
1970	Tim Madison	175	2003	Roshown Hill	140
1971	Donald Price	119	2004	Ian Mersich	130
1971	Eugene Russell	126	2004	Roshown Hill	152
1972	Mike Sutherland	98	2004	Patrick Harman	189
1972	Donald Price	119	2005	Ian Mersich	145
1972	Jim Phillips	155	2006	Ian Mersich	160
1972	Rick Mitchem	185	2007	Matthew Worsham	171
1973	Aaron Watson	145	2010	Sam Ferdig	112
1973	Ric Mitchem	185	2012	Alex Skipper	195
1974	Dennis Reid	98	2013	Sam Ferdig	152
1974	Thomas Pauszek	112	2015	Tavonte Malone	145
1974	Eric Wade	138			