

August 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 Activity Day 4:45- 7:30 Helmets and Shoulder Pads	28 OFF	29 Activity Day 4:45- 7:30 Helmets and Shoulder Pads	30 Film, Pool, and Conditioning 4:45-7:00	31 OFF	1 OFF
2 Coaches Meeting 7pm Players Off	3 First day of A-Days 4-10	4 2-A-Days 4-10	5 2-A-Days 4-10	6 2-A-Days 4-10 First Day Full Pads	7 2-A-Days 4-10	8 2-A-Days 8am- 2pm
9 Coaches Meeting 7pm Players Off	10 2-A-Days 4-10	11 2-A-Days 4-7:30	12 First day of School Lifting 3:00-4:00 Practice 4:15-6:15	13 Practice 3:35-5:00	14 Scrimmage vs Plymouth and LaPorte Away @7pm	15 Practice.Lifting. Film. Pool 9am- 12pm
16 Coaches Meeting 7pm Players Off	17 Lifting 3:00-4:00 Practice 4:15-6:15	18 Practice 3:15-5:45	19 Practice 3:15-5:45	20 Practice 3:30-5:00	21 Game V/s Northridge Away 700pm	22 Practice.Lifting. Film. Pool 9am- 12pm
23 Coaches Meeting 7pm Players Off	24 Lifting 3:00-4:00 Practice 4:15-6:15	25 Practice 3:15-5:45	26 Practice 3:15-5:45	27 Practice 3:30-5:00	28 Game V/s Woodlan Home 700pm	29 Practice.Lifting. Film. Pool 9am- 12pm
30 Coaches Meeting 7pm Players Off	31 Lifting 3:00-4:00 Practice 4:15-6:15	Notes				