

# HOW TO REGISTER FOR SPORTS

We are starting this new school year by moving to on-line registration for Sports. We are using Register My Athlete (RMA). You will be able to create your Register My Athlete [RMA] profile, upload your current physical (must be dated 6/1/19 or later for the 2020-21 school year), enter insurance information and pay the \$50 registration fee (through your portal).

We are very excited about this new method of storing and accessing important information in case of emergencies and following MSHSAA guidelines in terms of physicals, concussion information, insurance, etc. It will also allow, most importantly, our coaches and trainer quick access in case of emergency at games and events. If you have questions, please don't hesitate to call the Athletic Office at 314-467-6202.

Please click on the following link we have set up with RegisterMyAthlete to allow you to set up and access your student's account:

<https://registermyathlete.com/login/>

Also attached are step-by-step instructions on how to enter your data and upload a copy of your physical.

The process should take you about 15-30 minutes to complete. Once your information is in and you have chosen the sport(s) and/or activities your son or daughter wants to try to participate in, the information stays in the system throughout their Mehlville High School career. You will only have to upload a new, valid physical every year, pay the yearly \$50 fee and update contact info or insurance information as they might change.

**IMPORTANT NOTE:** All students (whether in sports/activities or not) must continue to turn in physicals/immunization forms to their school nurse and alert the nurse to any health changes as they occur.

## THE FIRST DAY OF PRACTICE FOR EACH SEASON IN 2020-2021

FALL: Monday, August 10, 2020

WINTER: Monday, November 2, 2020 (Basketball & Wrestling)

Monday, November 9, 2020 (Swimming)

SPRING: Monday, March 1, 2021

Monday, February 22, 2021 (Water Polo)