



**ADDISON PANTHERS
FOOTBALL WEIGHTLIFTING**



ADDISON AVENGERS FRATERNITY

"And there came a day, a day unlike any other, when Addison's mightiest heroes and heroines found themselves united against a common threat. On that day, the Avengers were born—to fight the foes no single athlete could withstand! Through the years, their roster has prospered, changing many times, their glory has never been denied! Heed the call, then—for now, the Avengers Assemble!"



1,300 – HULK



Jacob Mercurio		
1,330	Senior	August 2018



1,200 – IRON MAN

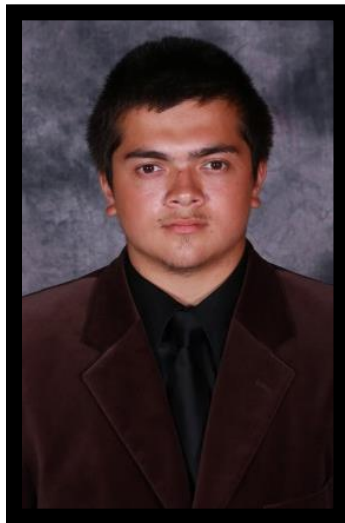


Luke Yackee

1,260

Senior

August 2017

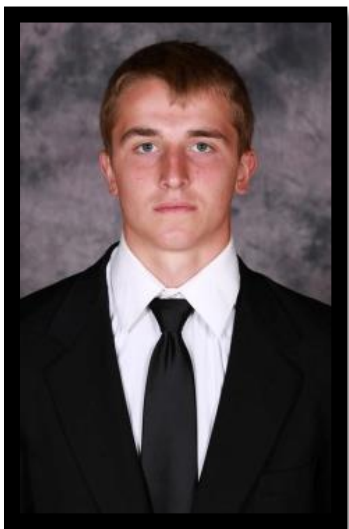


Devin Freymuth

1,255

Senior

August 2015



Donovan Underwood

1,220

Senior

August 2017



Garrett Bernath

1,200

Senior

August 2017



1,100 – CAPTAIN AMERICA



Terry Young		
1,180	Senior	August 2014



Wyatt Williams		
1,100	Senior	August 2015



1,000 – BLACK PANTHER



Aaron Horton

1,095	Senior	August 2014
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Hunter Dart

1,075	Senior	August 2017
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Kobe Farrow		
1,075	Freshman	August 2018



Nick Burt		
1,070	Senior	August 2014



Zach Davis		
1,070	Senior	August 2014



Matt Sylvester		
1,065	Senior	August 2018



Quincy SeGraves		
1,050	Senior	August 2015



Nathan McLouth		
1,050	Senior	August 2016



Noah Christensen

Noah Christensen		
1,045	Senior	August 2018



Isaac Skinner

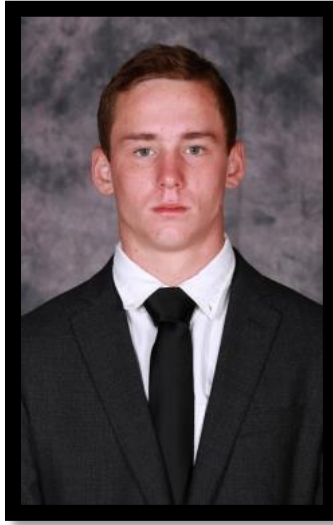
Isaac Skinner		
1,020	Senior	August 2015



Brendan Nicholl		
1,000	Senior	August 2016



Kayden Heckaman		
1,000	Senior	August 2017



Dakota Knieper

1,000	Senior	August 2017
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Rex Harner

1,000	Junior	August 2018
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RECORD BOOK

Four Core Combined

Freshman	Kobe Farrow	1,075	August 2018
Sophomore	Garrett Bernath	1,035	August 2015
Junior	Jacob Mercurio	1,185	August 2017
Senior	Jacob Mercurio	1,330	August 2018
Program	Jacob Mercurio	1,330	August 2018

Bench Press

Freshman	Kobe Farrow	195	August 2018
Sophomore	Garrett Bernath	190	August 2015
Junior	Devin Freymuth	240	August 2015
Senior	Luke Yackee	275	August 2017
Program	Luke Yackee	275	August 2017

Power Clean

Freshman	Kobe Farrow	195	August 2018
Sophomore	Brendan Ford	195	August 2018
Junior	Jacob Mercurio	220	August 2017
Senior	Jacob Mercurio	275	June 2018
Program	Jacob Mercurio	275	June 2018

Dead Lift

Freshman	Kobe Farrow	345	August 2018
Sophomore	Donovan Underwood	360	August 2015
Junior	Donovan Underwood	400	August 2016
Senior	Jacob Mercurio	440	June 2018
Program	Jacob Mercurio	440	June 2018

Squat

Freshman	Kobe Farrow	340	August 2018
Sophomore	Brendan Ford	295	August 2018
Junior	Rex Harner	275	August 2018
Senior	Jacob Mercurio	385	August 2018
Program	Jacob Mercurio	385	August 2018

Mile

Freshman	Matthew Boorman	6:01	August 2016
Sophomore	Matthew Boorman	5:18	August 2017
Junior	Matthew Boorman	5:17	August 2018
Senior	Ben Skinner	5:29	August 2018
Program	Jannya Boorman	5:17	August 2018

TOP TEN

Four Core Combined			
1	Jacob Mercurio	1,330	August 2018
2	Luke Yackee	1,260	August 2017
3	Devin Freymuth	1,255	August 2015
4	Donovan Underwood	1,220	August 2017
5	Garret Bernath	1,200	August 2017
6	Terry Young	1,180	August 2014
7	Wyatt Williams	1,100	August 2015
8	Aaron Horton	1,095	August 2014
T-9	Hunter Dart	1,075	August 2017
T-9	Kobe Farrow	1,075	August 2018

Bench Press			
1	Luke Yackee	275	August 2017
2	Jacob Mercurio	270	August 2018
3	Devin Freymuth	260	August 2015
4	Nick Burt	255	August 2014
5	Terry Young	235	August 2014
T-6	Wyatt Williams	225	August 2015
T-6	Garrett Bernath	225	August 2017
T-6	Donovan Underwood	225	August 2017
T-6	Rocky Johnson	225	August 2018
10	Brendan Nicholl	220	August 2016

Squat

1	Jacob Mercurio	400	June 2018
2	Kobe Farrow	340	August 2018
T-3	Noah Christensen	300	August 2018
T-3	Matt Sylvester	300	August 2018
5	Aiden Frost	295	June 2018
6	Brendan Ford	290	August 2018
T-7	Isaiah Beatty	275	August 2018
T-7	Rex Harner	275	August 2018
T-7	Noah Hermansen	275	August 2018
T-7	Nathan Rodlund	275	August 2018
T-7	Ben Skinner	275	August 2018

Power Clean

1	Jacob Mercurio	275	June 2018
2	Garrett Bernath	230	August 2017
3	Devin Freymuth	225	August 2015
4	Donovan Underwood	210	August 2017
T-5	Nick Burt	205	August 2014
T-5	Luke Yackee	205	August 2017
T-5	Matt Sylvester	205	August 2018
T-8	Isaac Skinner	200	August 2015
T-8	Wyatt Williams	200	August 2015
T-10	Kobe Farrow	195	August 2018
T-10	Brendan Ford	195	August 2018

Dead Lift

1	Jacob Mercurio	440	June 2018
2	Donovan Underwood	425	August 2017
T-3	Devin Freymuth	405	August 2015
T-3	Garrett Bernath	405	August 2017
5	Terry Young	400	August 2014
T-6	Nick Burt	385	August 2014
T-6	Nathan McLouth	385	August 2015
T-6	Aiden Frost	385	June 2018
9	Luke Yackee	380	August 2017
10	Aaron Horton	370	August 2014

Mile Run

1	Jannya Boorman	5:17	August 2018
2	Ben Skinner	5:29	August 2018
3	Matt Sylvester	5:34	August 2016
4	Isaac Skinner	5:45	August 2015
5	Travis Whitaker	5:50	August 2018
T-6	Frederick Bills	5:59	August 2018
T-6	Jesse Mullin	5:59	August 2018
8	Bryce Glazier	6:03	August 2014
T-9	Drew Rokita	6:07	August 2015
T-9	Zachh Farrow	6:07	August 2016