

NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION
Fall Sports 3-Year Quick Chart

2019	First Practice	First Scrimmage	Competition Start	Tournament Start	Transfer Date	Max Contests	Contests Per week	3 In a Row	Competition End
Football (Week 0/Week 1)	Aug 7 / 14	Aug 14 / 21	Aug 30 / Sept 5	Nov 8	Oct 4 / 12	10	N/A	N/A	Dec 8
Cross Country	Aug 12	Aug 19	Sept 3	Nov 9	Oct 7	No Max	3	NO	Nov 24
Field Hockey	Aug 12	Aug 19	Sept 3	Oct 21	Sept. 24	16/18/20	3	NO	Nov 24
Gymnastics	Aug 12	Aug 19	Sept 3	Nov 2	Oct. 3	15	3	NO	Nov 24
Soccer	Aug 12	Aug 19	Sept 3	Oct 26	Oct. 1	16/18/20	3	NO	Nov 24
Tennis (Girls) Team/Ind	Aug 12	Aug 19	Sept 3	Oct 2 / Oct 5	Sept. 18	No Max	No Max	YES	Nov 24
Volleyball (Girls)	Aug 12	Aug 19	Sept 3	Nov 4	Sept. 30	No Max	No Max	YES	Nov 24
2020	First Practice	First Scrimmage	Competition Start	Tournament Start	Transfer Date	Max Contests	Contests Per week	3 In a Row	Competition End
Football (Week 0/Week 1)	Sept 14	Sept 24	Oct 2	Nov 13	Oct. 15	6	N/A	N/A	Nov 7
Cross Country	Sept 14	Sept 24	Oct 1	Nov 14	Oct. 7	No Max	2	NO	Nov 12
Field Hockey	Sept 14	Sept 24	Oct 1	Nov 13	Sept 1	14	2	NO	Nov 12
Gymnastics	Mar 1	Mar 8	Mar 16	TBD	Jan 19	15	3	NO	Apr 24
Soccer	Sept 14	Sept 24	Oct 1	Nov 14	Oct 22	14	2	NO	Nov 12
Tennis (Girls) Team/Ind	Sept 14	Sept 21	Sept 28	Oct 26 (Team)	Sept 16	14	3	YES	Oct 23
Volleyball (Girls)	Mar 1	Mar 8	Mar 16	TBD	Jan 19	15	4	YES	Apr 24
2021	First Practice	First Scrimmage	Competition Start	Tournament Start	Transfer Date	Max Contests	Contests Per week	3 In a Row	Competition End
Football	Aug 9	Aug 16	Aug 27 or Sept 2	Nov 5	TBD	10	N/A	N/A	Dec. 6
Cross Country	Aug 16	Aug 23	Sept 7	Nov 6	TBD	No Max	3	NO	Nov 21
Field Hockey	Aug 16	Aug 23	Sept 7	Oct 25	TBD	16/18/20	3	NO	Nov 21
Gymnastics	Aug 16	Aug 23	Sept 7	Nov 6	TBD	15	3	NO	Nov 21
Soccer	Aug 16	Aug 23	Sept 7	Nov 1	TBD	16/18/20	3	NO	Nov 21
Tennis (Girls) Team/Ind	Aug 9	Aug 16	Sept 1	Sept 29 / Oct 2	TBD	No Max	No Max	YES	Nov 21
Volleyball (Girls)	Aug 16	Aug 23	Sept 7	Oct 28	TBD	No Max	No Max	YES	Nov 21