

## **ATHLETE RESPONSIBILITIES:**

Complete Summer Student Athlete Participant Waiver Form prior to any workouts.

Perform self-check including temperature check at home prior to workout. If you don't feel well, do not report and alert your coach.

Masks are recommended and must cover nose and mouth. Coaches will instruct athlete to remove mask when appropriate.

Bring enough water for pre-work, workout and post workout. Do not bring bags.

Clean equipment before and after use

No spectators allowed at this time.