

COVID GUIDELINES WINTER 2020-2021:

Athletes Responsibilities:

- Wear a mask at all times. No mask is required while participating in physical activity (practice or game).
- Bring your own water bottle. Water bottle refill stations are located in the Athletics hallway.
- Complete COVID screen and temperature check before participation
- Practice social distancing when not participating.
- Maintain proper hand hygiene; wash hands or use hand sanitizer before and after participation.
- No loitering before or after practices/games.

Coaches Responsibilities:

- Perform and document daily COVID screen and temperature check before all participation.
- Wear masks at all times.
- Ensure appropriate cleaning takes place before, during and after practice/games.

Sport Specific Guidelines:

- **Wrestling:** <http://bit.ly/WRRecs>
- **General Guidelines:**
<https://coronavirus.ohio.gov/static/responsible/Youth-Collegiate-Amateur-Club-Pro-Sports.pdf>

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Spectator Responsibilities:

- Wear a mask at all times. Leave building to take mask breaks.
- Sit in designated areas.
- Practice social distancing at all times.
- Eat and drink in concession stand area.
- <https://coronavirus.ohio.gov/static/responsible/Sports-Venues.pdf>.