

Atlanta Public Schools Athletics Spring Sport Conditioning and Play Recommendations

Guidance for Practice/Play with Recommendations and/or Restrictions

The following guidance should be applied to all sports in order to continue the success of Athletics from the Fall to the Winter.

General Information/Guidance

- Schools/ School Systems may be more restrictive than the GHSA but not less.
- **Practice** workouts are allowed as outlined on the GHSA Beginning and Ending Dates as published on the GHSA website: **sports specific equipment may be used and should be sanitized between sessions.**
- Member schools are strongly encouraged to review and modify if necessary, their Infectious Disease Prevention Plan. The GA DOE has guidance available with recommendations created in conjunction with the Governor's Task Force.
- Staff and athletes should be screened prior to each workout as outlined in their Infectious Disease Plan. Please continue to follow the APS guidelines for daily screenings.
- Groups are not limited in numbers, but schools should consider limiting groups as much as feasibly possible during practices and games.
- Benches should be clear and cleaned between the boys and girls games. Please do not leave towels, water bottles, etc. on the bench area.
- Teams should arrive at each visiting site dressed and ready to play.
- Use of locker rooms are acceptable with the following guidance.
 - Facilities and all equipment should be sanitized after each practice.
 - Social Distancing should be practiced when possible (bench, sidelines, warmups, etc.)
 - Mask/Face coverings are required for locker room, weight room and indoor athletic facilities.

- Students shall not congregate in locker room and indoor facilities.
- Weight equipment should be cleaned prior to each workout and sanitized between uses by each student.
- Hand sanitizer should be plentiful and readily available.
- Each school should develop a hydration plan for all teams for safety reasons.
- Coaches need to develop a system of knowing how many enter and exit the locker room and ensure numbers allowed at any given time are in keeping with social distancing guidelines.
 - Masks to be worn by all while in the locker room area
 - All soft goods should be taken home by each student-athlete daily and washed, or team managers should wash soft goods. Please make sure student-athletes do **NOT** leave any clothes in their lockers daily.
- Team managers must be masked and have disposable gloves at all times (Only managers are to fill the water coolers and bottles)
- All equipment must be cleaned daily.
- **Mask/Face coverings are required for Coaches/Staff at all times.**
- **Social distancing should be adhered to as much as possible.**
- We are currently still without fans until proper notification has been made from Senior Administration regarding spring sport attendance. Without going into detail, these decisions will be made with an expectation of including Department of Health, local health professionals, and school district policies. Most likely we will be at 20% capacity.
- Please note there will not be any invitationals or tournaments that will be hosted in or by any APS school this spring. If teams want to travel to those that is permissible, however please make sure you follow the district protocols in terms of prescreening your athletes and using masks when deemed necessary.
- Off Season conditioning is allowed for teams out of season. There must be set times that each sport is to enter the weight room, while still adhering to all COVID-19 protocols, in terms of number of athletes in the facility at one time.