

FALCON ATHLETICS

Sport	Name	Email
Athletic Director	Tim Lugo	tlugo@lgsuhd.org
Athletic Trainer	Liz Alves	lalves@lgsuhd.org
Strength and Conditioning	Kris Orre	korre@lgsuhd.org
PE Department Chair	Rick Ellis	rellis@lgsuhd.org
FALL SPORTS		
Cross Country Boys	Ian Tippets	ian@xtimail.com
Cross Country Girls	Danny Moon	rocketman.runner@sbcglobal.net
Varsity Field Hockey	Lifon Huynh	heyleafy@gmail.com
JV Field Hockey	Nanu Sidhu	nanusidhu94@gmail.com
Varsity Football	Tim Lugo	tlugo@lgsuhd.org
F/S Football	Steve Matos	stephenmatos@yahoo.com
Golf Girls	Dave Gragnola	davidgragnola@allstate.com
Varsity Tennis Girls	Florin Marica	fmarica@gmail.com
JV Girls Tennis	Jon Chui	mrjonchui@gmail.com
Varsity Girls Volleyball	Steve Chiou	shsvbvarsity@gmail.com
JV Girls Volleyball	Chad Kingi	chadkingi10@gmail.com
Varsity Boys Water Polo	Jacob Young	campyoungj@gmail.com
F/S Boys Water Polo	Jem Taysi	jtaysi@yahoo.com
Varsity Girls Water Polo	Jerome Chung	jchung483@gmail.com
JV Girls Water Polo	Jerome Chung	Jchung483@gmail.com
WINTER SPORTS		
Varsity Boys Basketball	Patrick Judge	patrickj@passportunlimited.com
F/S Boys Basketball	Stephen Giles	stephengls@yahoo.com
Freshman Boys Basketball	Cory Southerland	cmsplumbing@comcast.net
Varsity Girls Basketball	Danny Wallace	dwallace@lgsuhd.org
JV Girls Basketball	Mike Davey	imperialpref@gmail.com
Varsity Boys Soccer	Chris Stott	chrisstottis@me.com
JV Boys Soccer	Chris Salcido	chrissalcido7@hotmail.com
Varsity Girls Soccer	Ben Maxwell	coachbenmaxwell@gmail.com
JV Girls Soccer	Joe O'Hehir	coachjoeohehir@gmail.com
Varsity/JV Wrestling	Daniel Gamez	jdgamez88@gmail.com
SPRING SPORTS		
Badminton	Charley Situ	charleyst@gmail.com
Varsity Baseball	Sean Hodson	sean.l.hodson@gmail.com
F/S Baseball	Craig Walsh	Cris_walsh@comcast.net
Golf Boys	Dave Gragnola	crunchgrag@yahoo.com
Varsity Boys Lacrosse	Trey Freeman	trey.freeman38@yahoo.com
C0-Varsity Girls Lacrosse	Emilie Noyola	emilie.noyola@sjsu.edu
Co-Varsity Girls Lacrosse	Megan Abcede	meggabc@yahoo.com
JV Girls Lacrosse	Morgan Smith	morgansmith2016@gmail.com
Varsity Softball	Mike Davey	imperialpref@gmail.com
JV Softball	Barry Mills	millsb@att.net

Swimming	Kristen Thomson	kthomson@lgsuhd.org
Swimming	Christian Bonner	christiankbonner@gmail.com
Varsity Boys Tennis	Florin Marica	fmarica@gmail.com
F/S Boys Tennis	Yuko Aoki	yaoki@lgsuhd.org
Track and Field	Archie Ljepava	Archie295124@yahoo.com
Varsity Boys Volleyball	Chad Kingi	chadkingi10@gmail.com
F/S Boys Volleyball	TBD	