

Athletic Director	Lisa Treen	lisa.treen@sausd.us	714-433-6721	
Athletic Secretary	Shelley Hernandez	shelley.hernandez@sausd.us	714-433-6745	
Athletic Trainer	Jason Polhamus	jason.polhamus@sausd.us	714-433-6745	
Equipment Manager	Alma Moraga	alma.moraga@sausd.us	714-433-6745	
<b>SPORT</b>	<b>COACH</b>	<b>EMAIL</b>	<b>PHONE</b>	<b>SOCIAL MEDIA ACCOUNT</b>
Baseball	Luke MacLennan	luke.maclennan@sausd.us	714-931-3713	
Basketball, Boys	Rob Morgan	robert.morgan@sausdlearns.net	714-433-6745	
Basketball, Girls	AJ Alaman, Jr.	alvin.alamanjr@sausd.us	714-469-9300	Instagram - @gfhs_ladyballers Twitter - @GfhsLadyBallers
Competitive Sport Cheer	Selina Prawl	selina.prawl@sausdlearns.net	714-980-0382	Instagram- @Grizzly.cheer
Cross Country, Co-Ed	Diego Rocha-Rodriguez	diego.rocharodriguez@sausd.us	714-433-6745	Instagram: GodinezCrossCountry Google Classroom: hl5bypg (Class code)
Football	Matthew Watts	matthew.watts@sausd.us		
Soccer, Boys	Ruben Fernandez	ruben.fernandez@sausd.us	714-433-6745	
Soccer, Girls	Sara MacLennan	sara.henderson@sausd.us	949-394-3326	Instagram - GFHS_PE
Softball	Ed Medina	edmedina55@yahoo.com	714-552-0059	
Swimming, Co-Ed	TBD			
Tennis, Boys & Girls	Heriberto Cortez	heriberto.cortez@sausd.us		
Track & Field, Co-Ed	Diego Rocha-Rodriguez	diego.rocharodriguez@sausd.us	714-433-6745	Instagram: GodinezCrossCountry Google Classroom: hl5bypg (Class code)
Traditional Competitive Cheer, Co-Ed	Selina Prawl	selina.prawl@sausdlearns.net	714-980-0382	Instagram - @grizzly.cheer
Volleyball, Boys & Girls	Jenevieve Nixon	jenevievenixon@gmail.com	562-506-6999	Instagram - @gfhsvolleyball
Water Polo, Boys & Girls	TBD			
Wrestling, Boys & Girls	Alberto Corona	acoro125@yahoo.com	714-697-4286	