

# Join us!



## Volleyball Camp

Beginners and Experienced alike!!

June 18, 19, 20

Registration @ 12:15pm

1pm-4pm

King High Gym

2018-2019  
5th - 8th grades  
and

Incoming High School  
Freshmen



*Coach Sandra Lough will run camp this season. The staff will include varsity athletes. Attendees will receive individualized instruction, team play and coaching. During the camp the environment will be similar to what they will experience during high school tryouts. They will also know what they can do to improve their performance.*

Camp will focus on:

- Fundamental Skills
- Teamwork
- Gameplay



**Cost of Camp \$75.00**

**Camp Fee Includes:**

**Camp T-shirt**

*Please make all checks out to  
"King High School Volleyball"  
Registration @ 12:15pm on June 18th in  
the King High Gym*

### Be Prepared for Camp

- > Bring Water
- > Athletic shoes
- > Socks
- > Snack
- > Comfortable T-shirt
- > Shorts or leggings

### All athletes will need to submit before they participate

- Proof of Current Medical Insurance Coverage
- Completion of a doctor's physical examination

*An athlete must have a physical examination that declares their ability to participate in athletics each year. \*\*A physical is good for one calendar year. All athletes must have a valid physical on file to participate in summer camps, or to try out for a sport at any time of the school year. A copy of the RUSD Athlete packet can be found in the Athletic office.*

[kingwolvesathletics.com](http://kingwolvesathletics.com)

### REGISTRATION FORM

Mail registration form, payment and other necessary documentation to:  
King High School  
Attention:  
Coach Sandra Lough  
9301 Wood Rd.  
Riverside, CA 92508

PLEASE PRINT

Contact Coach Sandra Lough or Coach Kyle Duncan if you have any questions:  
email: [slough@rusd.k12.ca.us.com](mailto:slough@rusd.k12.ca.us.com) or [kduncan@rusd.k12.ca.us.com](mailto:kduncan@rusd.k12.ca.us.com)  
Call: Coach Lough 951-300-6740 or Coach Duncan 909-489-2379

Player Name \_\_\_\_\_ Parent's name: \_\_\_\_\_

Grade & School in August 2018 \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email \_\_\_\_\_ T-SHIRT SIZE \_\_\_\_\_

Make checks payable to:

King High School Volleyball

# KING HIGH SCHOOL VOLLEYBALL

## Incoming Freshmen & Returning Players

### VOLLEYBALL TRYOUT

June 21, 2018  
2:30 pm - 5:00 pm  
King High School Gym  
Mandatory Parent Meeting  
after Tryouts at 5:30pm



Freshmen and  
Junior Varsity  
Teams  
will be selected



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*\*\*A physical is good for one calendar year. All athletes must have a valid physical on file to participate in summer camps, or to try out for a sport at any time of the school year. You can get a copy of the RUSD Athlete packet in the King High School Athletic office.*

*Pick up your RUSD Athlete packet in the King High Athletic Department  
[www.kingwolvesathletics.com](http://www.kingwolvesathletics.com)*

PLAYER NAME \_\_\_\_\_ GRADE IN 2018-2019 \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP CODE: \_\_\_\_\_ PHONE: \_\_\_\_\_

EMAIL \_\_\_\_\_

If you have any questions:  
contact Coach Sandra Lough or Coach Kyle Duncan  
9301 Wood Road, Riverside, CA. 92508

**Email:** [slough@rusd.k12.ca.us](mailto:slough@rusd.k12.ca.us) or [kduncan@rusd.k12.ca.us](mailto:kduncan@rusd.k12.ca.us)

Coach Lough @ 951-789-5690 ext 62038 or

Coach Duncan @ 951-789-5690 ext 62016