

# COUGAR FOOTBALL 2019



## IMPORTANT DATES

**June 3<sup>rd</sup> - Parent Information Meeting – 6:30pm**

**June 5<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> – 7 on 7 league play**

**June 10<sup>th</sup> – Strength and Agility Camp Starts – 8am-10am (M – Th)**

**July 1<sup>st</sup> - July 4<sup>th</sup> – Break \*No Strength Camp**

**July 8<sup>th</sup> - Strength and Agility Camp Continues – 8am-10am (M, Th, F)**

**July 22<sup>nd</sup> - July 25<sup>th</sup> – Break \*No Strength Camp**

**Aug 1<sup>st</sup> – Strength and Agility Camp Ends**

**July 29<sup>th</sup> – Aug 1<sup>st</sup> – Cougar Football Camp – 6pm to 8pm (M-Th) \*7<sup>th</sup> -9<sup>th</sup> Grade**

**Aug 5<sup>th</sup> – REPORT FOR FOOTBALL WORKOUTS**

**Aug 6<sup>th</sup> – Parent Information Night**

**Aug 8<sup>th</sup> - Moms Clinic**

**Aug 16<sup>th</sup> – Scrimmage vs Akins @ Farris Stadium - TBA**

**Aug 17<sup>th</sup> – Football Picture Day – 11am**

**Aug 22<sup>nd</sup> – Scrimmage vs Reagan @ Comalander Stadium - TBA**

**Aug 26<sup>th</sup> – First Day of School**

**Aug 29<sup>th</sup> – Clark vs Churchill @ Farris Stadium, 7:00pm**

### Contact Information

**General Football:** Coach Geist – john.geist@nisd.net

**Physicals/Medical:** Coach Stone – tara.stone@nisd.net

**Seven on Seven:** Coach Hill – larry.hill@nisd.net

**Strength & Agility Camp:** Coach Hill – larry.hill@nisd.net

**Football Camp:** Coach Hill – larry.hill@nisd.net