

50+ Things to Throw Away

BEDROOM

- ❑ stained clothing
- ❑ wrong size clothing
- ❑ broken jewelry
- ❑ unused accessories-purses, scarves, hats
- ❑ unmatched socks or socks with holes
- ❑ store plastic hangers
- ❑ worn or unused linens

BATHROOM

- ❑ expired medicines
- ❑ old nail polish
- ❑ old makeup
- ❑ worn towels and washcloths
- ❑ expired sunscreen
- ❑ unused hair styling appliances
- ❑ broken/unneeded bobby pins or hair elastics
- ❑ samples or unneeded travel sized toiletries

HOME OFFICE

- ❑ magazines you've already read
- ❑ unneeded receipts
- ❑ pens that have run out of ink
- ❑ old users manuals
- ❑ outdated electronics
- ❑ old craft supplies
- ❑ old calendars
- ❑ expired coupons
- ❑ old newspapers

KID'S ROOMS

- ❑ unused toys
- ❑ broken toys
- ❑ puzzles missing pieces
- ❑ games missing pieces
- ❑ old craft supplies
- ❑ broken crayons
- ❑ used coloring books
- ❑ outgrown clothes
- ❑ outgrown DVDs
- ❑ outdated electronics/game systems

KITCHEN

- ❑ plastic storage containers without lids
- ❑ broken appliances
- ❑ expired food
- ❑ unused cookbooks
- ❑ duplicate utensils
- ❑ unused vases
- ❑ unused appliances
- ❑ extra dishware and cutlery
- ❑ Extra jars
- ❑ expired coupons
- ❑ unneeded cleaning supplies

HOME OFFICE

- ❑ broken holiday decor
- ❑ duplicate holiday decor
- ❑ dried up paint
- ❑ outgrown bikes/scooters/riding toys
- ❑ unused sports equipment
- ❑ broken tools
- ❑ unused gardening equipment
- ❑ old cleaning rags
- ❑ empty spray paint cans
- ❑ old party supplies