



WEEK
ONE
MAY 2021

SMALL GROUP
PRETEEN

Monthly Application: **Commitment — Making a plan and putting it into practice.**

Key Question: **How does practice help you?**

Bible Story: Read 1 Corinthians 9:24-25 (supporting: Matthew 22:36-40)

- Review today's scripture by reading 1 Corinthians 9:24- 27 together, asking kids to listen for (and remember) one or two key words that stand out to them.
- Why did that one word stand out to you?

Remind them that Paul (the Jesus-follower who wrote 1 Corinthians – a letter to the people living in Corinth) is not simply giving athletic advice; he's talking about a way of life.

- What are some commitments you have in your life?
- One definition of commitment is making a plan and putting it into practice. What is your plan when it comes to putting into practice the things that matter most?
- If we feel lazy about our commitment to following Jesus, what should we do?
- What makes us feel like quitting something even though we know it's important to keep practicing and get better at it?
- What can you do or remember when you want to quit practicing something important?
- How does practice help you?
- What are the benefits of staying committed to the things that are important and matter most? What are some consequences of not sticking with something important?

Digging Deeper: Read 1 Timothy 4:8.

- How would you describe to someone what it means to "be godly"?
- Why is godliness important or of great value?
- What does commitment have to do with godliness? How could showing commitment help others see Jesus in you?

Monthly Memory Verse:

Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come.

1 Timothy 4:8, NIRV



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Spend Time in Prayer: asking God to help you choose to be committed, ask Him to help you strengthen your endurance to be able to run the race of life for Him.

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