

Notes:

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Select Verses on Beauty

But the LORD said to Samuel, "Do not consider his appearance or his height, for I have rejected him. The LORD does not look at the things man looks at. Man looks at the outward appearance, but the LORD looks at the heart."

--1 Samuel 16:7

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. --Psalm 139:14

Charm is deceptive, and beauty is fleeting; but a woman who fears the LORD is to be praised. --Proverbs 31:30

Physical exercise has some value, but spiritual exercise is much more important, for it promises a reward in both this life and the next.

--1 Timothy 4:8

Your beauty should not come from outward adornment, such as braided hair and the wearing of gold jewelry and fine clothes. Instead, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God's sight. --1 Peter 3:3-4

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