

Notes:

RESOURCES:

THERAPY

Dr. Brooks Thome, Psy.D., LMFT
4944 Windplay Drive Ste. 320
El Dorado Hills, CA 95762
Dr.brooksthome@gmail.com | (916) 933-4195 x4

BOOKS

Out of the Shadows by Patrick Carnes
Healing the Wounds of Sex Addiction by Mark Laaser
Mending a Shattered Heart by Stefanie Carnes

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